

# FEBRUARY

ADDINGTON PLACE  
OF SPARTA  
Assisted Living & Memory Care

## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

5

6

7

8  
MARY KAY PAMPERING  
@10A

9

10

11

12

13

14

15

16  
JESSICA LYNN @ 2P

17

18  
JESSICA LYNN @ 2P

19

20

21

22

23

24

25  
PIANO MAN @ 2P

26

27  
CATHOLIC CHURCH  
SERVICE @10

28

29

30

31

32

33

JAYBIRD SENIOR LIVING  
senior living *reimagined*

*A Year of  
Sweet Adventures*



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## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:30 ROOM VISITS  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 CRAFT  
2:30 AFTERNOON TREAT  
3:00 SENSORY ACTIVITY  
6:00 HEARTLAND

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 HOT POTATO  
2:30 HAPPY HOUR  
3:00 FINISH THE PHRASE  
6:00 WORD SEARCH

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 BINGO  
2:30 AFTERNOON SNACK  
3:00 WATER PAINTING  
6:00 MOVIE

9:30 LIFE STATION  
10:00 SWEET TREAT  
1:30 WHEEL OF FORTUNE  
2:30 BUSY BINS

9:30 CHURCH HYMNS  
10:00 ONLINE CHURCH SERVICE  
1:30 CROSSWORD PUZZLES  
2:30 JEOPARDY

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 MANICURES  
2:30 AFTERNOON TREAT  
3:00 MUSIC WITH ALEXA  
6:00 PUZZLES

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 BOWLING  
2:30 AFTERNOON TREAT  
3:00 WOULD YOU RATHER  
6:00 ADULT COLORING

8:30 ROOM VISITS  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 CRAFT  
2:30 AFTERNOON TREAT  
3:00 GAMES  
6:00 HEARTLAND

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 TWISTER WITH A TWIST  
2:30 AFTERNOON SNACK  
3:00 AMY DICKERSON  
6:00 WORD SEARCH

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 BINGO  
2:30 AFTERNOON SNACK  
3:00 FISHING  
6:00 MOVIE

9:30 LIFE STATION  
10:00 SWEET TREAT  
1:30 WHEEL OF FORTUNE  
2:30 BUSY BINS

9:30 CHURCH HYMNS  
10:00 ONLINE CHURCH SERVICE  
1:30 CROSSWORD PUZZLES  
2:30 JEOPARDY

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 MANICURES  
2:30 AFTERNOON TREAT  
3:00 MUSIC WITH ALEXA  
6:00 PUZZLES

Valentine's  
PARTY

8:30 ROOM VISITS  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 CRAFT  
2:30 AFTERNOON TREAT  
3:00 EMMA CARPENTER  
6:00 HEARTLAND

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 ARCHERY  
2:30 HAPPY HOUR  
3:00 SENSORY ACTIVITY  
6:00 WORD SEARCH

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 BINGO  
2:30 AFTERNOON SNACK  
3:00 CARD GAMES  
6:00 MOVIE

9:30 LIFE STATION  
10:00 SWEET TREAT  
1:30 WHEEL OF FORTUNE  
2:30 BUSY BINS

9:30 CHURCH HYMNS  
10:00 ONLINE CHURCH SERVICE  
1:30 CROSSWORD PUZZLES  
2:30 JEOPARDY

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 MANICURES  
2:30 BIRTHDAY PARTY  
3:00 MUSIC WITH ALEXA  
6:00 PUZZLES

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 BALLOON BOP  
2:30 AFTERNOON TREAT  
3:00 PIANO MAN  
6:00 ADULT COLORING

8:30 ROOM VISITS  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 CRAFT  
2:30 AFTERNOON TREAT  
3:00 GAMES  
6:00 HEARTLAND

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 AFTERNOON SNACK  
2:00 JESSICA LYNN  
3:00 I SPY  
6:00 WORD SEARCH

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 BINGO  
2:30 CANDY TASTING  
3:00 WHAT'S THAT SMELL  
6:00 MOVIE

9:30 LIFE STATION  
10:00 SWEET TREAT  
1:30 WHEEL OF FORTUNE  
2:30 BUSY BINS

9:30 CHURCH HYMNS  
10:00 ONLINE CHURCH SERVICE  
1:30 CROSSWORD PUZZLES  
2:30 JEOPARDY

8:30 ONE ON ONE  
9:30 SNACK  
10:00 MORNING EXERCISE  
1:30 MANICURES  
2:30 AFTERNOON TREAT  
3:00 MUSIC WITH ALEXA  
6:00 PUZZLES

8:30 COFFEE CHAT  
9:30 SNACK  
10:00 MORNING YOGA  
1:30 VOLLEY BALL  
2:30 AFTERNOON TREAT  
3:00 FAMILY FEUD  
6:00 ADULT COLORING

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