

Addington Place of Clinton
1701 13th Ave north
Clinton Iowa 52732

Postage
Information

Friends make the best neighbors.

Refer a friend to Prairie
Hills and receive \$1,000
off your rent. Speak with
Chrissy for details.



Carley-1st
Angel-13th
Marilyn K-16th
Pat W-21st

February 2023

Addington Place News

Addington Place of Clinton
563-243-6870 Jessica Martinez Director, Chrissy Peters Community relations



Celebrating February

Library Lovers' Month

Black History Month

Groundhog Day

February 2

Thank a Mail Carrier Day

February 4

Super Bowl LVII

February 12

Valentine's Day

February 14

Valentine's family dinner

February 15

Presidents' Day (U.S.)

February 20

Mardi Gras

February 21

Beginning February 7th,
Chrissy will be partnered with
the Alzheimer's Association
hosting a care giver support
group. These meetings will be
held at The Warehouse, 110
North 2nd Street in Clinton at
5pm, also available on zoom.
This will happen every first
Tuesday of the month.

At Addington Place we strive to help our residents
live their best lives. One thing we commit to doing is
making a dream come true each month.

This month we chose Marilyn. She was an avid
bowler, an amazing one. She won many trophies and
traveled for her bowling leagues. When we asked
her what she'd like to do for her wish, she chose
bowling with friends.

It has been many years since she last bowled, but
she didn't lose the ability! It was amazing to see her
strategy. She beat us all and had a great time doing
so!



Thank you

In January we welcomed the Regency and Sara Harding into our home to join us for a craft and lunch. I want to thank everyone who came out and joined them and made them feel welcomed. My hope is that you also enjoyed their company.



Flannel Favorites

Is flannel the perfect fabric? On February 10, Flannel Day, you can either praise its softness, warmth, and durability, or don a flannel shirt and enjoy all those qualities. What makes this



fabric so cozy and warm? It has a napped, fuzzy finish, the result of combing the fabric to raise its fine, soft fibers. The first flannels came from Wales, where the word *gwalanen* referred to “woolen cloth.” In the 17th century,

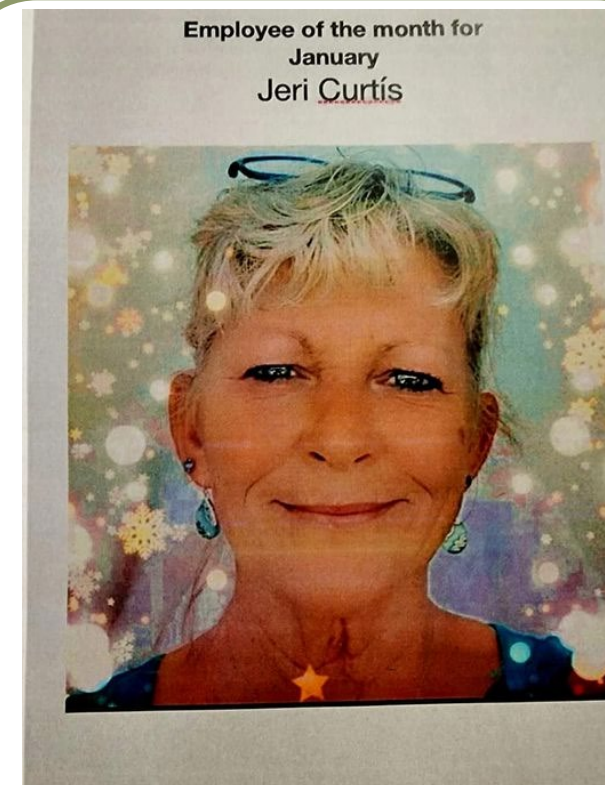
Welsh textile workers began the process of *carding* sheep’s wool, a method of combing that both disentangled and softened the yarns. The new carded fabric proved both strong, warm, and soft, and became a favorite of Welsh farmers. Flannels made from both wool and cotton soon spread around the globe, first as a favorite garment of the working class, and today worn by just about everybody.



Lunch with the director is a fun way to get out and get to know our director.



REMINDER: In the Activity Room, we have a wonderful selection of books from the Camanche Public Library. Remember that you must return them when you are finished reading them. There will be tickets in the book, please sign it and leave it on Becky’s desk. We really appreciate the CPL for their lending library



We want to give a big shout out to Jeri for always going above and beyond. Making a safe and fun atmosphere.

There will be a lost and found set up in the laundry room. If you are missing anything, please ask to have someone check the lost and found. Thank you.

Your Addington Place Staff