



REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

## Activity Highlights

- 2/2 Groundhogs Day Early Spring or 6 more weeks of Winter?
- 2/8 Noon Spring Garden Lunch In CH
- 2/14 Happy Valentine's Day
- 2/15 2:00 Birthday Party with Kevin Murphy MD
- 2/17 1:45 Piano Entertainment with Judy R. AR
- 2/21 Mardi Gras, King Cake!
- 2/22 Noon Homemade Lunch In CH
- 2/24 1:45 Glamour Hour AR
- 2/24 1:45 Card Club CH

## Resident of the Month: Phyllis M.

"I have lived an adventurous and eventful life. I raised four kids, had several husbands, and have lived in at least 30 different places in 6 different states!"



My adventure began on December 4, 1936, when I was born to Herbert and Rachel M. near Coin, Iowa, a small town in southwestern Iowa. My dad was a farmer and my mother raised five children. I was the oldest, followed by my sisters Elaine, Donna, Barbara, and baby brother Mervin. My mother was a gifted seamstress and sewed most of the clothes for our family. What she taught me about sewing was invaluable later in my life.

We had a great appreciation for music in our household. All the girls sang and played at least one instrument. My sisters and I formed a trio that sang and played in local competitions. Speaking of

competition – my sister, Donna, and I played on a six-on-six girls' basketball team in high school. This was rare in those days. One year we even went to the state high school basketball tournament, although it still bothers me that we didn't win it!

After high school, I attended Iowa State University in Ames for two years receiving my associate degree. I returned to Coin and married Lyle S. in August 1957, living on a small farm near Coin. There we had four children in quick succession between 1959 and 1964 – Martin, Myra, Kevin, and Paula. In 1969, we moved back to Ames Iowa where Lyle and I both received bachelor's degrees while working and raising our four children. Lyle used his degree to work for Cargill-Nutrena as a farming consultant.

Lyle had a job transfer in 1972 to ...continued on page 2



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Lori Schlais, Administrator  
Kevin Lawrence, Business Office Mgr.

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### TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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**Wisconsin Illinois**  
SENIOR HOUSING INC.

[InglesideCommunities.org](http://InglesideCommunities.org)

## Ingleside Communities

Check out our Facebook and tiktok page to see some of the highlighted events we are doing in activities. [Bit.ly/fb-ing](https://bit.ly/fb-ing)

Please visit [bit.ly/i-wishes](https://bit.ly/i-wishes) to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.



# Resident of the Month...continued

Oskaloosa, Iowa where we lived until 1980. One of our homes had a large back yard with a walk-out basement. It was the perfect setting for a swimming pool. We couldn't afford to have one installed, so we built an in-ground pool ourselves. When we weren't swimming, the six of us would travel in our converted school bus camper that we called the "Blue Goose". During this time, I worked several different jobs, including starting my own advertising agency (Happy Advertiser), In my spare time, I raised our four children, enjoyed canning fruits and vegetables, baked, sang, and of course sewed many outfits for our children.

In 1980, Lyle and I separated, and I went back to school to receive my master's degree in Sociology at Iowa State. Lyle and I were divorced, and I married George C. I used my degree to work as a family counselor for Catholic Charities in Ames, Iowa. George and I moved to Seattle, Washington in the late 1980s, where I worked as a Social Worker with Lutheran Family Services. In 1992, George and I divorced, and I moved to Elgin, Illinois where I worked for a time at a credit card processing business, until I opened my own office as a marriage and family counselor.

I was a very independent soul and I instilled in my children this same sense of independence. They each earned college degrees and worked in professional positions as they raised their own families. I am blessed with four beautiful children and six wonderful grandchildren.

My sisters, Donna and Barbara, and brother Mervin are still alive and are an important part of my life.

George and I divorced and I met and married Richard G. in June of 1995. By 1999 Richard and I were divorced, and I met Herbert B. We were married in November 1999. Herbie and I formed a musical act called "Murph and the Deception". I sang and Herbie played an electronic keyboard. Our "act" ended in 2002 when I went back to Elgin.

By 2003, I met Harry and moved to his home in Des Plains, Illinois. This relationship only lasted three months, but I soon met Robert, who lived in Brandon Wisconsin. We saw each other while I lived in Elgin, Illinois until July 2006 when I moved near my son Marty, in Pittsburgh, Pennsylvania. I was there until February 2008, when I moved to Albia, Iowa. Yes, I had a boyfriend, Ron, while in Albia!

In 2013, I moved into a senior living apartment in Middleton, Wisconsin. I lived in the Madison area until 2016 when I felt I had one more adventure left to live. In that year I met Lee A. online who lived in Palmer Alaska. I moved in with Lee and learned so much about our wildest state. Apparently, I did not learn fast enough, because one day I went outside to take a picture of a moose calf in our backyard. The calf's mother rushed up and kicked me in the head, knocking me to the ground. I had quite a "shiner" from that learning experience.

While travelling with Lee the next

year, he fell ill in Omaha Nebraska. Sadly, he passed away there, and I decided to move back to Madison, Wisconsin in 2017. By this point I was feeling the limitations of my age. I fell and broke my hip. I had rehabilitation at Ingleside Communities in Mount Horeb, Wisconsin, which allowed me to move into an assisted living facility in Fitchburg. There I met my best friend and partner, Newt. In 2019, I moved into a different assisted living center in Sun Prairie, where I fell in love with Wilbur (Bill) W.

By 2022, it became necessary to find a skilled nursing facility to meet my needs. I had a wonderful rehab experience at Ingleside in Mount Horeb so I stayed here. I can't say enough about the care and friendship I have experienced here at Ingleside. They have provided me with the stable healthy environment that I now need. I love that there are so many people from this small community working and volunteering at my new home. It reminds me of the spirit I first felt when growing up in Coin, Iowa.

If I had to sum up my life, I would say that I always wanted to make my own decisions. I love my family dearly. They are all smart, educated, and independent people, as I am. My life has included so many adventures and I feel a sense of accomplishment and peace. I wish the same for anyone reading my story. I invite you to stop by my apartment and see the picture album that will add "some color" to my very colorful life



# Photo Highlights





## Laundry Reminder:

If you purchase clothing for a loved one it is very important that laundry labels the clothing with the resident's name. Please bag the new item up and put a tag on it "to be labeled" with the resident's name. Any questions, please ask a staff member.



## Happy Birthday!

Best wishes to our staff celebrating birthdays this month.

### Staff

Dale W.	Feb 7
Tonya B.	Feb 11
Linda G.	Feb 11
Brenda Q.	Feb 12
Brooke B.	Feb 17
Vicki C.	Feb 19
Elaena M.	Feb 19
Hailey H.	Feb 21
Victoria K.	Feb 22
Paul Y.	Feb 23
Donovan O.	Feb 24
Vincent T.	Feb 25
Lawrence P.	Feb 26
Lauren H.	Feb 27

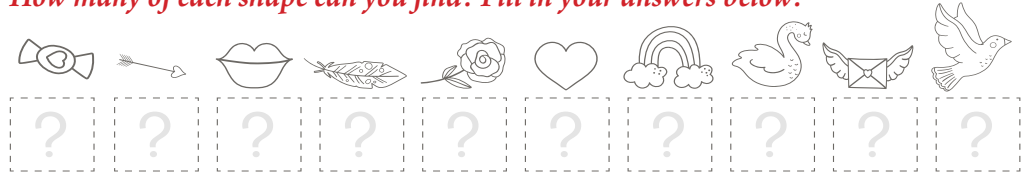
### Happy Anniversary!

Magyk L.	1 year
Jessica O.	1 year
Jeanne H.	2 Years
Edyta K.	2 years
Riley M.	3 years
Karen R.	5 years
Marissa W.	8 years
April F.	15 years
Marilyn K.	30 years

## I SPY: MY VALENTINE



How many of each shape can you find? Fill in your answers below:



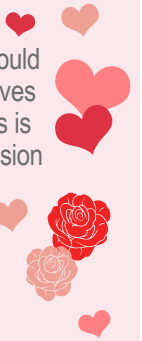
### VALENTINE'S DAY FACTS

The **X** symbol became synonymous with the kiss in medieval times. People who couldn't write their names signed in front of a witness with an X. The X was then kissed to show their sincerity. An **O** became the symbol for a hug as it is said to represent two arms encircling another.

In the Middle Ages, young men and women drew names from a bowl to see

who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This is believed to be the origin of the expression "to wear your heart on your sleeve."

Over 150 million stems of roses are sold in the U.S. on Valentine's Day. 15% of U.S. women send themselves flowers on this day.



## Do you know someone who'd be a good addition to our team?

We're hiring! Visit the Careers page on our website or scan the QR code.

