



February • MENU •

*Menu is Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 Breakfast: Eggs to Order, Bacon, Toast</p> <p>Lunch: Turkey & Gravy, Stuffing, Peas & Pearl Onions</p> <p>Supper: Reuben Sandwich, German Potato Salad, Fruit</p>	<p>2 Breakfast: Continental</p> <p>Lunch: Meatloaf, Mashed Potatoes, Carrots</p> <p>Supper: BLT Sandwich, Potato Chips, Fresh Fruit</p>	<p>3 Breakfast: Egg Bake</p> <p>Cinnamon Roll, Fruit</p> <p>Lunch: Shrimp Scampi Over Linguini, Spinach, Garlic Toast</p> <p>Supper: Chicken Dumpling Stew, Three Bean Salad</p>	<p>4 Breakfast: Continental</p> <p>Lunch: Beef Broccoli Stir Fry, Rice, Egg Roll</p> <p>Supper: BBQ Chicken Sandwich, Curly Fries, Apple Slices</p>
<p>5 Breakfast: Continental</p> <p>Lunch: Honey Glazed Ham, Sweet Potatoes, Cauliflower, Dinner Roll</p> <p>Supper: Blueberry French Toast Casserole, Sausage, Fruit</p>	<p>6 Breakfast: Continental</p> <p>Lunch: Stuffed Pepper Casserole, Baby Carrots, Dinner Roll</p> <p>Supper: Chicken Pot Pie, Shaved Brussel Sprout Salad</p>	<p>7 Breakfast: Continental</p> <p>Lunch: Chicken Parmesan Over Pasta, Sauteed Spinach, Garlic Toast</p> <p>Supper: Million Dollar Chicken, Roasted Potatoes, Green Beans</p>	<p>8 Breakfast: Eggs to Order, Bacon, Toast</p> <p>Lunch: Pork Tenderloin, Roasted Potatoes, Veg Blend</p> <p>Supper: Asian Chicken Salad, Cream Cheese Wontons</p>	<p>9 Breakfast: Continental</p> <p>Lunch: Braised Beef Short Ribs, Scalloped Corn, Beets</p> <p>Supper: Butterfly Shrimp, Macaroni and Cheese, Peas</p>	<p>10 Breakfast: Banana Pancakes</p> <p>Sausage Links</p> <p>Lunch: Potato Crusted Cod, Rice Pilaf, Squash Medley</p> <p>Supper: Turkey Sandwich, Chicken Noodle Soup</p>	<p>11 Breakfast: Continental</p> <p>Lunch: Roast Turkey, Buttermilk Mashed Potatoes & Gravy, Green Beans, Dinner Roll</p> <p>Supper: Ham & Swiss Sliders, Potato Salad, Fruit</p>
<p>12 Breakfast: Continental</p> <p>Lunch: Beef Filet, Mashed Potatoes, Carrots & Turnips, Dinner Roll</p> <p>Supper: Italian Sub, Battered Green Beans</p>	<p>13 Breakfast: Continental</p> <p>Lunch: Spaghetti with Meatballs, Winter Vegetables, Breadstick</p> <p>Supper: Egg Salad Sandwich, Potato Chips, Grapes</p>	<p>14 Breakfast: Continental</p> <p>Lunch:  Valentine's Day</p> <p>Supper: Cuban Sandwich, Fried Plantains, Fresh Fruit</p>	<p>15 Breakfast: Eggs to Order, Bacon, Toast</p> <p>Lunch: BBQ Pork Ribs, Baked Beans, Coleslaw</p> <p>Supper: Cheesy Chicken & Broccoli Casserole, Dinner Roll, Fresh Fruit</p>	<p>16 Breakfast: Continental</p> <p>Lunch:  MEAL of the MONTH by Nancy Dack</p> <p>Supper: Ham & Swiss Croissant, Potato Chips, Fresh Fruit</p>	<p>17 Breakfast: Waffles, Sausage Links, Berries</p> <p>Lunch: Battered Cod, Baked Potato, Mixed Vegetable</p> <p>Supper: California Burger, Potato Salad, Bread & Butter Pickles</p>	<p>18 Breakfast: Continental</p> <p>Lunch: Swedish Meatballs, Egg Noodles, Green Peas, Dinner Roll</p> <p>Supper: Turkey Bacon Club, Olives, Fresh Fruit</p>
<p>19 Breakfast: Continental</p> <p>Lunch: Chicken A La King Over Biscuits, Cinnamon Baked Pears</p> <p>Supper: Fried Chicken Sandwich, Onion Rings, Coleslaw</p>	<p>20 Breakfast: Continental</p> <p>Lunch: Pot Roast, Egg Noodles, Winter Squash</p> <p>Supper: Grilled Cheese, Tomato Soup, Onion Rings</p>	<p>21 Breakfast: Continental</p> <p>Lunch: Tater Tot Hotdish, Steamed Broccoli, Dinner Roll</p> <p>Supper: Tuna Salad Sandwich, Multi Grain Chips, Carrot Rasin Salad</p>	<p>22 Breakfast: Eggs to Order, Bacon, Toast</p> <p>Lunch: Pork Loin, Glazed Yams, Lima Beans</p> <p>Supper: Deli Chicken Sandwich, BBQ Potato Chips, Pineapple</p>	<p>23 Breakfast: Continental</p> <p>Lunch: Salisbury Steak, Garlic Potatoes & Gravy, Green Beans, Dinner Roll</p> <p>Supper: Eggplant Parmesan over Pasta, Garlic Bread</p>	<p>24 Breakfast: Ham & Cheese Omelet, Hashbrown Triangle</p> <p>Lunch: Lemon Butter Cod Baked Potato, Asparagus</p> <p>Supper: BBQ Beef Brisket Sandwich</p>	<p>25 Breakfast: Continental</p> <p>Lunch: Spaghetti with Meat Sauce, Cauliflower, Garlic Toast</p> <p>Supper: Orange Glazed Chicken, White Rice, Vegetable Blend</p>
<p>26 Breakfast: Continental</p> <p>Lunch: Turkey Pot Pie, Baked Fruit Salad</p> <p>Supper: Beef Chili, Cornbread, Mandarin Oranges</p>	<p>27 Breakfast: Continental</p> <p>Lunch: Glazed Ham, Cheesy Potatoes, Corn</p> <p>Supper: Sausage & Pepperoni Pizza, Caesar Side Salad</p>	<p>28 Breakfast: Continental</p> <p>Lunch: Beef Stew, Biscuit, Berries with Crème Friache</p> <p>Supper: Chicken Tenders, French Fries, Cream Cucumber Salad</p>	