


# FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 AM: Independent Reflection Time</p> <p>1:00 Hymn Sing w/Chaplain Craig (GV)</p>	<p>2 9:00 Morning Wake up! (GV/SV)</p> <p>10:00 Morning Movie: <i>My Friend Flicka</i> (T)</p> <p>1:30 Lutheran Worship Service &amp; Fellowship (CR)</p> <p>PM: Bingo (GV)</p>	<p>3 AM: Sing a long (GV/SV)</p> <p>10:30 Community Giveaway: Make cards (CR)</p> <p>2:00 Snack Time: National Carrot Cake Day! (CR)</p> <p>PM: Jigsaw Puzzles (GV/SV)</p> <p>PM: Birds: Food &amp; Water (SV)</p>	<p>4 1:15 Matinee: <i>American Sniper</i> (T)</p>
<p>5</p>	<p>6 AM: Orientation, Coffee, Chat, Trivia, Exercise (GV/SV)</p> <p>11:30 OUTING: Lunch at Liberty's</p> <p>*Must sign up*</p> <p>*Bus loads at 11*</p> <p>3:00 Travel Time: South Africa (CR)</p>	<p>7 AM: Coloring (GV/SV)</p> <p>10:30 Community Giveaway: Assemble the gifts (CR)</p> <p>1:00 Catholic Communion (CR)</p> <p>1:30 Performance: Tom Erickson (FL)</p> <p>PM: Popcorn Cart!</p> <p>PM: Birds: Full Clean (SV)</p>	<p>8 AM: Independent Reflection Time</p> <p>1:00 Hymn Sing w/Chaplain Craig (GV)</p>	<p>9 AM: Exercise (GV)</p> <p>AM: Manicures (SV/GV)</p> <p>1:30 Valentine's Bingo (CR)</p> <p>3:30 Family Council (CR)</p> <p>PM: Country Drive (weather permitting)</p>	<p>10 9:30-11:30 Buy a CandyGram! (L)</p> <p>AM: Valentine Craft (GV/SV)</p> <p>1:00 OUTING: Opera Performance!</p> <p>*Must sign up*</p> <p>*Bus loads at 12:30*</p> <p>PM: Birds: Food &amp; Water (SV)</p>	<p>11 1:15 Matinee: <i>Queen Bees</i> (T)</p>
<p>12</p>	<p>13 9:30 Exercise (CR)</p> <p>AM: Orientation, Coffee, Chat, Trivia (GV/SV)</p> <p>1:30 Learn and Do: Blackout Poetry (CR)</p> <p>3:30 Happy Hour w/snack! (CR)</p>	<p>14 AM: Valentine Trivia (GV/SV)</p> <p>AM: CandyGram Delivery!</p> <p>10:30 Self-care Social (CR)</p> <p>1:30 Performance: Michael Riddle (FL)</p> <p>2:30 Valentine's Day Party (FL/L)</p> <p>PM: Birds: Full Clean (SV)</p>	<p>15 AM: Independent Reflection Time</p> <p>1:00 Hymn Sing w/Chaplain Craig (GV)</p>	<p>16 AM: Exercise (GV)</p> <p>AM: Coffee and Chat, Sing a long (GV/SV)</p> <p>1:30 Candy Bingo (CR)</p> <p>PM: Creative Storytelling (SV)</p>	<p>17 AM: Painting/Coloring (GV)</p> <p>11:30 OUTING: Lunch at Rancho Loco *Must sign up*</p> <p>*Bus loads at 11*</p> <p>3:30 Snack time: Ice Cream! (CR)</p> <p>PM: Birds: Food &amp; Water (SV)</p>	<p>18 1:15 Matinee: <i>The Odd Couple 2</i> (T)</p>
<p>19</p>	<p>20 SPIRIT DAY: COMFY DAY</p> <p>AM: Orientation, Coffee, Chat, Trivia, Exercise (GV/SV)</p> <p>PM: Pokeno (GV)</p> <p>3:30 Men's Club (CR)</p>	<p>21 10:00 Baking w/ Jen: Raspberry Delights (CR)</p> <p>1:00 Catholic Mass w/ Fr. Brandon (CR)</p> <p>PM: Word Puzzles (GV/SV)</p> <p>PM: Uno (GV/SV)</p> <p>PM: Birds: Full Clean (SV)</p>	<p>22 AM: Independent Reflection Time</p> <p>1:00 Hymn Sing w/Chaplain Craig (GV)</p>	<p>23 AM: Exercise (GV)</p> <p>10:30 Craft: Tile Coasters (CR)</p> <p>PM: Newsletter Folding (SV)</p> <p>1:30 Performance: Mark &amp; Lisa Flora (FL)</p> <p>PM: Country Drive</p> <p>3:30 We Know: Dementia Caregiver Support Group (CR)</p>	<p>24 AM: King's Corner (GV)</p> <p>AM: Wheel of Fortune (SV)</p> <p>2:00 OUTING: Pottery Museum Tour *Must sign up*</p> <p>*Bus loads at 1:30*</p> <p>PM: Birds: Food &amp; Water (SV)</p>	<p>25 1:15 Matinee: <i>Mona Lisa Smile</i> (T)</p>
<p>26</p>	<p>27 AM: Orientation, Coffee, Chat, Trivia, Exercise (GV/SV)</p> <p>1:30 Performance: Charley Wyser (FL)</p> <p>3:30 Birthday Bash! (CR)</p> <p>Happy Birthday Don!</p>	<p>28 9:00 SPECIAL MEAL: Pancake Breakfast! (CR)</p> <p>*Must sign up*</p> <p>1:00 Catholic Communion (T)</p> <p>2:00 Art Installation Reveal Party (CR)</p> <p>PM: Birds: Full Clean (SV)</p>	<p style="text-align: center;"><b>Garden View / Sky View</b></p> <p style="text-align: center;">Contact Brenda, Activities Director, with any questions: 651-267-5434</p> <p style="text-align: center;">*Schedule Subject to Change without notice*</p> <p style="text-align: center;">CR: Community Room, FL: Fireside Lounge, L: Library, T: Theater, E: Exercise Room</p>			