

SUN MON TUE WED THUR FRI SAT

LOCATION KEY
T1LR - 1st Floor Terrace Living Room
LIB - 2nd Floor Library
T2LR - 2nd Floor Terrace Living Room
A - Atrium

A123 - Atrium all floors
CR - Community Room
DA - Depart Atrium
LIB - Library
PO - Post Office
Pub - Pub
A2T - Theater 2nd floor

5
Happy Birthday Linda Kauffman!
 10:00 Hymn Sing (T2LR)
 11:30 KVAf Store (PO)
 2:00 Dottie Reed Love Songs on Piano (A123)
 3:00 Sunday Service with Kissinger's Church (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

6
 10:00 Exercise Class with Fox (CR)
 11:00 Short Stories with Dawn (T1LR)
 12:15 Cornhole Practice (CR)
 1:00 Word Games (LIB)
 1:30 Taste with Tosha (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (A2T)
 9:00 Meditation Series on 901 (901)

7
 9:00 Boyer's Grocery Store (DA)
 10:00 Seated Exercise (CR)
 11:00 Farkle Party and Games (T1LR)
 2:00 Activities and Dining Meeting (Pub)
 2:30 Therapy Dog Chester Visit (A)
 3:00 Sing Along with Pam (A)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

8
Happy Birthday Edith Gettis! Happy Birthday Earl Hess!
 10:00 Blood Pressure Checks and Healthy Talks by Accent Care (LIB)
 10:00 Stretch and Aerobics (CR)
 11:00 Lunch Trip to Crab Barn (DA)
 11:00 Sing-Along on PC (T1LR)
 1:15 PC BINGO (Rooster Room)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 2:30 Trivia with Asera Care (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Wednesday Evening Movie (A2T)
 9:00 Meditation Series on 901 (901)

9
Groundhog Day
 10:00 Seated Dancing (CR)
 12:15 Cornhole Practice (CR)
 1:30 Chime Choir Practice (CR)
 3:00 Drink of the Fuzzy Navel's (A123)
 3:00 Happy Hour with Merrill Schaffer on piano (A123)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:15 PC Evening Bingo (Rooster Room)
 9:00 Meditation Series on 901 (901)

10
 10:00 Fun Friday Exercise (CR)
 11:00 Yahtzee (T1LR)
 1:00 Drama Club (3rd Floor Kitchen IL)
 1:30 Dollar Tree Trip (DA)
 2:00 Devotional Group (A2T)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 2:30 UNO with Sylvia (3rd Floor Game Room)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 Brain Teasers with Babs and Joan (Pub)
 9:00 Meditation Series on 901 (901)

11
Happy Birthday Marie Richdale!
 10:00 Coffee Conversation (Pub)
 11:30 KVAf Store (PO)
 1:00 PC BINGO (Rooster Room)
 2:30 Resident Run Card and Board Games (3rd Floor Game Room)
 3:00 Technology Help with Jordan (Pub)
 6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

12
 10:00 Hymn Sing (T2LR)
 11:30 KVAf Store (PO)
 2:00 Toad Creek Tom on Guitar (A)
 3:00 Sunday Church Service with Pastor Schaeffer (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

13
 10:00 Exercise Class with Fox (CR)
 11:00 Short Stories with Dawn (T1LR)
 12:15 Cornhole Practice (CR)
 1:00 Word Games (LIB)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (A2T)
 9:00 Meditation Series on 901 (901)

14
Valentine's Day Happy Birthday Naomi Ring!
 9:00 Boyer's Grocery Store (DA)
 10:00 Seated Exercise (CR)
 11:00 Farkle Party and Games (T1LR)
 2:00 Bocce Ball with Fox Rehabilitation (CR)
 2:00 Jazz Quartet (A123)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

15
Happy Birthday Ruth Kern!
 10:00 Blood Pressure Checks by Accent Care (LIB)
 10:00 Stretch and Aerobics (CR)
 11:00 Sing-Along on PC (T1LR)
 1:15 PC BINGO (Rooster Room)
 2:00 Catholic Mass and Rosary (CR)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 3:00 Men's Group with George (LIB)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Wednesday Evening Movie (A2T)
 9:00 Meditation Series on 901 (901)

16
 10:00 Seated Dancing (CR)
 12:15 Cornhole Practice (CR)
 1:30 Chime Choir Practice (CR)
 3:00 Drink of the Week: ScrewDriver (A123)
 3:00 Happy Hour with Maria Damore (A123)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:15 PC Evening Bingo (Rooster Room)
 9:00 Meditation Series on 901 (901)

17
 10:00 Fun Friday Exercise (CR)
 11:00 Yahtzee (T1LR)
 1:15 Reminisce (LIB)
 2:00 Devotional Group (A2T)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 2:30 UNO with Sylvia (3rd Floor Game Room)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 Brain Teasers with Babs and Joan (Pub)
 9:00 Meditation Series on 901 (901)

18
 10:00 Coffee Conversation (Pub)
 10:30 Tom on Piano (A123)
 11:30 KVAf Store (PO)
 1:00 PC BINGO (Rooster Room)
 2:30 Resident Run Card and Board Games (3rd Floor Game Room)
 2:30 Shelia Mills Variety Show (A123)
 6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

19
 10:00 Hymn Sing (T2LR)
 11:30 KVAf Store (PO)
 3:00 Sunday Church Service with Pastor Bush Trinity Bible Church (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

20
President's Day Happy Birthday Jerry Cunningham!
 10:00 Exercise Class with Fox (CR)
 11:00 Short Stories with Dawn (T1LR)
 12:15 Cornhole Practice (CR)
 1:00 Word Games (LIB)
 2:00 Arts and Crafts with Marta (3rd Floor Kitchen IL)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (A2T)
 9:00 Meditation Series on 901 (901)

21
 9:00 Boyer's Grocery Store (DA)
 10:00 Seated Exercise (CR)
 11:00 Farkle Party and Games (T1LR)
 2:00 Mardi Gras Celebration with New Horizon Jazz Band! (A123)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

22
 10:00 Blood Pressure Checks by Accent Care (LIB)
 10:00 Stretch and Aerobics (CR)
 11:00 Sing-Along on PC (T1LR)
 1:15 PC BINGO (Rooster Room)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 2:30 Veterans Club with Asera Care (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Wednesday Evening Movie (A2T)
 9:00 Meditation Series on 901 (901)

23
 10:00 Seated Exercise (CR)
 11:00 Manicures With Donna (T1LR)
 12:15 Cornhole Practice (CR)
 1:30 Chime Choir Practice (CR)
 2:00 Arts and Crafts with Marta-Completion Class (3rd Floor Kitchen IL)
 3:00 Drink of the Week: Rum and Cokes (A123)
 3:00 Happy Hour with Glenn Miller (A123)
 4:00 Dinner Trip to Schmeck's Villa (DA)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:15 PC Evening Bingo (Rooster Room)
 9:00 Meditation Series on 901 (901)

24
 10:00 Fun Friday Exercise (CR)
 11:00 Yahtzee (T1LR)
 1:00 Drama Club (3rd Floor Kitchen IL)
 2:00 Devotional Group (A2T)
 2:00 Resident Run Pinochle (3rd Floor Game Room)
 2:30 UNO with Sylvia (3rd Floor Game Room)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 Brain Teasers with Babs and Joan (Pub)
 9:00 Meditation Series on 901 (901)

25
 10:00 Coffee Conversation (Pub)
 11:30 KVAf Store (PO)
 1:00 PC BINGO (Rooster Room)
 2:30 Resident Run Card and Board Games (3rd Floor Game Room)
 6:00 Saturday Evening Movie (A2T)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

26
 10:00 Hymn Sing (T2LR)
 11:30 KVAf Store (PO)
 3:00 Sunday Church Service with Becky Wright (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:00 Sunday Movie Night (A2T)
 9:00 Meditation Series on 901 (901)

27
 10:00 Exercise Class with Fox (CR)
 11:00 Short Stories with Dawn (T1LR)
 12:15 Cornhole Practice (CR)
 1:00 Word Games (LIB)
 1:30 Personal Care Scenic Country Drive (DA)
 3:00 Pennsylvania Dutch Club (CR)
 6:00 Seated Exercise Channel 901 (Channel 901)
 6:30 As the Page Turns with Joan Becker (A2T)
 9:00 Meditation Series on 901 (901)

28
Happy Birthday Bernard Dietrich! Happy Birthday Salvatore Pappalardo!
 9:00 Boyer's Grocery Store (DA)
 10:00 Seated Exercise (CR)
 11:00 Farkle Party and Games (T1LR)
 12:00 Birthday's of the Month (PC Dining Room)
 2:00 Musical Entertainment with Massimo! (A123)
 6:00 Chips and Trivia with Jayda (Pub)
 6:00 Seated Exercise Channel 901 (Channel 901)
 9:00 Meditation Series on 901 (901)

Check out our Resident Room TV Channel Tune into channel 901 to see everything happening here at KVAf Both the daily calendar and the days menu are listed along with updates and announcements.

February 2023

Personal Care

Activities Department Director Kristen Kotsch extension: 8357



A DISTINCTIVE RETIREMENT COMMUNITY