Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00pm-Wii Bowling w/Donna-MR	9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER	9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 2:30pm-Combole-ER	Happy Birthday Penny 9:00am-Weights Workout-ER 11:00am-Resident Birthday Brunch Celebration-DR 2:30pm-Happy Hour w/Michelle Devol-DR 7:00pm-Trivia w/Kay-MR	2:30pm-Blackjack w/Cliff-GR	9:00am-Fitness w/Andre-ER 9:00am Donuts w/Christine-MR 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR	1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR 3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)
w/Donna-MR 2:30pm Bingo w/Dani-MR	9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Beanbag Baseball-ER	1:15pm-The Wit & Wisdom of Abe Lincoln Presentation w/Arnold Kunst 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR	0.00am Chair Massaga	9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:30pm-Teaching Kitchen Food Demo w/Chef Jen-DR 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR	1:00pm-Pokeno w/Fred-MR	1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR
3:00pm-Book Chat-LIB (Upstairs 2 <sup>nd</sup> floor)	9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER	9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 1:00pm-Chef's Chat Q&A w/Jen-MR 2:30pm-Cornhole-ER 7:00pm-Bingo w/Fred-MR	2:30pm-Happy Hour w/Antonio (Violinist)-DR 7:00pm-Trivia w/Kay-MR	10:00am-Wii Bowling-MR	9:00am-Fitness w/Andre-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR	Happy Birthday Margaret H21  1:00pm-Sequence w/Willard-MR  2:00pm-Poker w/Cliff-GR  3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)
1:00pm-Wii Bowling w/Donna-MR 2:30 Bingo w/Dani-MR	9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Beanbag Baseball-ER  Activity Professionals Week	9:00am-Full Body Workout-ER  1:00pm-Bookmobile (Side entrance parking lot) 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR	9:00am-Chair Massage	9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:00pm-Bingo w/Zhanna-MR 2:30pm-Blackjack w/Cliff-GR	1:00pm-Pokeno w/Fred-MR	1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR
	Happy Birthday Darrell R30	31 9:00am-Full Body Workout-ER	_			
w/Donna-MR 2:30pm Bingo w/Dani-MR	9:00am-Tai Chi w/Pati-ER 9:00am-National Croissant Day (Croissants in the lobby)	2:30pm-Cornhole-ER 7:00pm-Bingo w/Fred-MR	January 2023			
	1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER -Media Room, PA-Pond A	a IIR-Library I -Lobby	Winding Commons Senior Living  DR-Dining Room, PR-Puzzle Room, GR-Game Room, S-Salon, *All activities are subject to change*			