January 2023

Hilltop Commons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fun and Games with Renata! 1:00 pm New Year's Day	**2** Exercise 9:30 am Bingo 1:00 pm Chair Tai Chi w/ Homer 2:30 Mexican Train 2:30 Wii Bowling 2:30 	**3** Exercise 9:30 am Bingo 1:00 pm Blackjack 2:30 pm Darn Yarners 2:30 pm Watercolor Group 2:30 pm Movie Night 6:30	**4** Exercise 9:30 am Trivia 1:30 pm Wii Bowling 2:30 pm Spite and Malice 2:30 pm Pinochle 2:30 pm 	**5** Exercise 9:30 am Chair Tai Chi w/ Deborah 10:00 am Bingo 1:00 pm Happy Hour – Live Music Nori Fussell at 2:30 pm 	**6** Dance Off 9:15 am Exercise 9:30 am Scrabble 1:00 pm Bridge 1:00 pm Games, Games, Games Resident Choice Pinochle 6:00 pm	**7** Exercise 9:30 am Sweet Treat Social 2:30
8 Fun and Games with Renata! 1:00 pm 	**9** Exercise 9:30 am Bingo 1:00 pm Mexican Train 2:30 Wii Bowling 2:30 Arts and Crafts 2:30 	**10** Exercise 9:30 am Bingo 1:00 pm Blackjack 2:30 pm Darn Yarners 2:30 pm Watercolor Group 2:30 pm Movie Night 6:30	**11** Exercise 9:30 am Cooking Demo with Bonnie and Josh 2:30 	**12** Exercise 9:30 am Service for the Blind 10:00 Bingo 1:00 pm Happy Hour Hat Party 2:30 Music with Cowboy Curt 	**13** Dance Off 9:15 am Exercise 9:30 am Scrabble 1:00 pm Bridge 1:00 pm Chair Volleyball 2:30 Pinochle 6:00 pm	**14** Exercise 9:30 am Sweet Treat Social 2:30
15 Fun and Games with Renata! 1:00 pm 	**16** Exercise 9:30 am Bingo 1:00 pm Mexican Train 2:30 Wii Bowling 2:30 Chair Tai Chi w/ Homer 2:30 Arts and Crafts 2:30 	**17** Exercise 9:30 am Bingo 1:00 pm Blackjack 2:30 pm Darn Yarners 2:30 pm Watercolor Group 2:30 pm Movie Night 6:30	**18** Exercise 9:30 am Chair Massage 1:00-3:00 Trivia 1:30 pm Wii Bowling 2:30 pm Spite and Malice 2:30 pm Pinochle 2:30 pm 	**19** Exercise 9:30 am Chair Tai Chi w/ Deborah 10:00 am Bingo 1:00 pm Happy Hour – Live Music Sourdough Slim at 2:30 pm 	**20** Dance Off 9:15 am Exercise 9:30 am Scrabble 1:00 pm Bridge 1:00 pm Horse Races 2:30 Pinochle 6:00 pm	**21** Exercise 9:30 am Sweet Treat Social 2:30
22 Fun and Games with Renata! 1:00 pm Chinese New Year (Year of the Rabbit)	**23** Exercise 9:30 am Bingo 1:00 pm Mexican Train 2:30 Wii Bowling 2:30 Arts and Crafts 2:30 	**24** Exercise 9:30 am Bingo 1:00 pm Blackjack 2:30 pm Darn Yarners 2:30 pm Watercolor Group 2:30 pm Movie Night 6:30	**25** Exercise 9:30 am Trivia 1:30 pm Wii Bowling 2:30 pm Spite and Malice 2:30 pm Pinochle 2:30 pm 	**26** Exercise 9:30 am Service for the Blind 10:00 Bingo 1:00 pm Happy Hour – Live Music Just the Two of Us at 2:30 	**27** Dance Off 9:15 am Exercise 9:30 am Scrabble 1:00 pm Bridge 1:00 pm Cornhole 2:30 pm Pinochle 6:00 pm	**28** Exercise 9:30 am Sweet Treat Social 2:30
29 Fun and Games with Renata! 1:00 pm 	**30** Exercise 9:30 am Bingo 1:00 pm Mexican Train 2:30 Wii Bowling 2:30 Chair Tai Chi w/ Homer 2:30 Open Studio 2:30 	**31** Exercise 9:30 am Bingo 1:00 pm Blackjack 2:30 pm Darn Yarners 2:30 pm Watercolor Group 2:30 pm Movie Night 6:30				

Hilltop Commons Senior Living – 131 Eureka Street, Grass Valley, CA 95945