2023 January





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day 9:30 Nail Care 11:00 Church with Father Fritz (Chapel) 2:00 Bingo	2 9:30 Nail Care 11:00 Exercise 2:00 Balloon Bop 3:00 Horse Racing	3 9:30 Coffee and Reminisce 11:00 Exercise 2:00 Music with Greg Greer 3:00 Parachute	4 9:30 Nail Care 11:00 Exercise 1:30 Church Hymns 3:00 Bingo	9:30 Coffee and Reminisce 11:00 Exercise 2:00 Spa Day 3:00 Uno	6 9:30 Nail Care 11:00 Exercise 2:00 Broom Hockey 3:00 Dominos	7 9:30 Nail Care 11:00 Exercise 2:00 Bingo
8 9:30 Nail Care 11:00 Devotional and Hymns 2:00 LRC	9 9:30 Nail Care 11:00 Exercise 2:00 Putting Practice 3:00 Skip Bo	9:30 Coffee and Reminisce 11:00 Exercise 2:00 Baking 3:00 Farkle	11 9:30 Nail Care 11:00 Exercise 1:30 Church Hymns 3:00 Bingo	9:30 Coffee and Reminisce 11:00 Exercise 2:00 Fly Swatter Game 3:00 Sing a Long	9:30 Nail Care 11:00 Exercise 2:00 Table Bowling 3:00 Kings in the Corner	14 9:30 Nail Care 11:00 Blue Water Love on a Leash Therapy Dog Visit 2:00 Bingo
9:30 Nail Care 11:00 Devotional and Hymns 2:00 Dominos	16 MLK Jr Day 9:30 Nail Care 11:00 Exercise 2:00 I Have a Dream Audio 3:00 MLK Trivia	9:30 Coffee and Reminisce 11:00 Exercise 2:00 Parachute 3:00 Uno	18 9:30 Nail Care 11:00 Exercise 1:30 Church Hymns 3:00 Bingo	9:30 Coffee and Reminisce 12:00 Lunch Outing 3:00 Broom Hockey	9:30 Nail Care 11:00 Exercise 2:00 Music with Mindy 3:00 Taste of Jamaica	21 9:30 Nail Care 11:00 Exercise 2:00 Bingo
9:30 Nail Care 11:00 Devotional and Hymns 2:00 Make Fake Snow	9:30 Nail Care 11:00 Exercise 2:00 Table Bowling 3:00 Sounds of Jamaica	24 9:30 Coffee and Reminisce 11:00 Exercise 2:00 Dominos 3:00 Jamaican Craft	25 9:30 Nail Care 11:00 Exercise 1:30 Church Hymns 3:00 Bingo	9:30 Coffee and Reminisce 11:00 Exercise 2:00 Horse Racing 3:00 Sing a Long	27 9:30 Nail Care 11:00 Exercise 2:00 Balloon Bop 3:00 Rummy	28 9:30 Nail Care 11:00 Exercise 2:00 Bingo
9:30 Nail Care 11:00 Devotional and Hymns 2:00 Broom Hockey	9:30 Nail Care 11:00 Exercise 2:00 10,000 Dice Game 3:00 Weird and Strange Laws	31 9:30 Coffee and Reminisce 11:00 Exercise 2:00 Baking 3:00 LRC				