






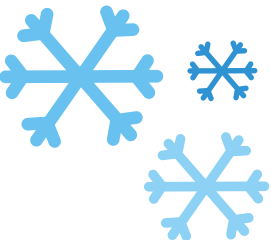




# 2023 January

Find us on 



RANDALL RESIDENCE of Lakeshore Woods  
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>11:00</b> Church with Father Fritz (Chapel) 	<b>2</b> <b>10:30</b> Chair Yoga <b>11:00</b> How its Made Monday <b>1:30</b> Jeopardy <b>3:00</b> Headbands Game	<b>3</b> <b>10:30</b> Exercise <b>11:00</b> Name 10 <b>1:30</b> Bingo <b>3:00</b> Bible Study	<b>4</b> <b>10:30</b> Hula Hoop Exercise <b>11:00</b> Manicures (Salon) <b>1:30</b> 10,000 Dice Game <b>3:00</b> Euchre 	<b>5</b> <b>10:30</b> Exercise <b>11:00</b> Virtual Travel: Spain <b>1:30</b> Wheel of Fortune <b>3:00</b> Cribbage	<b>6</b> <b>10:30</b> Pool Noodle Exercise <b>11:00</b> Chase the Ace <b>1:30</b> Domino Spinners	<b>7</b>
<b>8</b>	<b>9</b> <b>10:30</b> Chair Yoga <b>11:00</b> Weird and Strange Laws <b>1:30</b> Horse Racing <b>3:00</b> Rummy 	<b>10</b> <b>10:30</b> Exercise <b>11:00</b> Tuesday Trivia <b>1:30</b> Cribbage <b>3:00</b> Bible Study	<b>11</b> <b>10:30</b> Pool Noodle Exercise <b>11:00</b> Manicures (Salon) <b>1:30</b> Domino Spinners <b>3:00</b> Cards	<b>12</b> <b>10:30</b> Exercise <b>11:00</b> Name 10 <b>1:30</b> Wheel of Fortune <b>3:00</b> Euchre 	<b>13</b> <b>10:30</b> Flash Card Fitness <b>11:00</b> Words in Words <b>1:30</b> Euchre <b>3:00</b> Movie: <i>Cool Runnings</i>	<b>14</b> <b>11:00</b> Blue Water Love on a Leash Therapy Dog Visit (Wds2) 
<b>15</b>	<b>16</b> <b>10:30</b> Chair Yoga <b>11:00</b> I Have a Dream Speech <b>1:30</b> MLK Trivia <b>3:00</b> Euchre	<b>17</b> <b>10:30</b> Exercise <b>11:00</b> Manicures (Salon) <b>1:30</b> Bingo <b>3:00</b> Bible Study 	<b>18</b> <b>10:30</b> Hula Hoop Exercise <b>11:00</b> Resident Meeting <b>1:30</b> Chase the Ace <b>3:00</b> Yahtzee	<b>19</b> <b>10:30</b> Exercise <b>11:00</b> Rummy <b>1:30</b> Wheel of Fortune <b>3:00</b> Kings in the Corner 	<b>20</b> <b>10:30</b> Pool Noodle Exercise <b>11:00</b> 10,000 Dice Game <b>1:30</b> Taste of Jamaica <b>3:00</b> Music with Mindy	<b>21</b>
<b>22</b> 	<b>23</b> <b>10:30</b> Chair Yoga <b>11:00</b> Words in Words <b>1:30</b> Make Fake Snow <b>3:00</b> Rummy	<b>24</b> <b>10:30</b> Exercise <b>11:00</b> Sounds of Jamaica <b>1:30</b> Manicures (Salon) <b>3:00</b> Bible Study	<b>25</b> <b>10:30</b> Pool Noodle Exercise <b>12:00</b> Lunch Outing <b>3:00</b> Domino Spinners 	<b>26</b> <b>10:30</b> Exercise <b>11:00</b> Chase the Ace <b>1:30</b> Wheel of Fortune <b>3:00</b> Euchre	<b>27</b> <b>10:30</b> Flash Card Fitness <b>11:00</b> Headbands Game <b>1:30</b> Snowball Fight <b>3:00</b> Documentary: <i>Somewhere on Earth</i>	<b>28</b> 
<b>29</b>	<b>30</b> <b>10:30</b> Chair Yoga <b>11:00</b> How its Made Monday <b>1:30</b> Music with Joe Dehenau <b>3:00</b> Name 10	<b>31</b> <b>10:30</b> Exercise <b>11:00</b> Rummy <b>1:30</b> Book Club Meeting <b>3:00</b> Bible Study 