

January 2023

# REFLECTIONS ON THE POND

Golden Pond Senior Living \*RCFE 347000985



## Celebrating January

### New Year's Day

*January 1*

### Martin Luther King Day

*January 16*

### Holocaust Memorial Day

*January 27*

## RESIDENT BIRTHDAYS

Joyce Shelby	01/01
Mary Ellen Berryhill	01/05
Elaine Cordier	01/08
Diane Murphy	01/08
Doreen Innerbichler	01/12
Ricky Hayes	01/22
Vergilla Whittington	01/23
Susan Williams	01/24
Hazel Tobin	01/27
Hazel Johnson	01/30
Richard Kennedy	01/30
Jacqueline LaCornu	01/30

## STAFF BIRTHDAYS

Roberto Garcia-Lopez	01/13
Cameron Fainu	01/14
Gary Cassie	01/15
Tianna Hudson	01/16
Danielle McPherson	01/16
Auctavia Bruner	01/27

## 2022 IS GONE AND 2023 IS HERE

What a year we have had in 2022. With a staff that truly loves the residents they serve and to see everyone having fun, growing and laughing out loud together. To see the residents and the staff enjoying music, crafts, games and many other activities that keep everyone's minds stimulated and our bodies healthy with activities that move us. This edition will be filled with pictures throughout the year of many activities that were provided by all the staff in Reflections.



These guys love having a good time with the residents. There is laughter, dancing, singing and engaging activities. Family members are always invited to participate with all activities and join in the fun with the residents. Come and be a part of the growth and love that eludes from the whole entire team of Reflections.

## HAPPY NEW YEAR 2023

## ARTISAN MIND

This wonderful conversation that Risa has with the residents about beautiful art work from around the world and museums. The residents have the opportunity to express what they see and feel and it also brings back wonderful memories that aid in keeping those brains functioning to the best of their abilities. Here is the conversations from December's visit...



As we discussed artworks inspired by the Christmas holiday, residents were encouraged to share their own personal memories of celebrating the season that they connect with the images they saw. This painting by Viggo Johansen, titled *Silent Night*, depicts a family joyfully singing Christmas songs around a candle lit tree. The residents shared some of their favorite Christmas songs and the uplifting feelings that they have when they hear them. Al shared that "Noel" was always a special song to him because his middle name is Noel and remembered his mother playing the piano during the holidays while he would sing. Gerry said, "I like all Christmas songs. It's joy, everyone's happy."

## LIVE MUSIC LINE-UP



January 3<sup>rd</sup> ~ Ciprian ~ 1pm

January 6<sup>th</sup> ~ Elvis ~ 3pm

January 9 ~ Midtown Jazz ~ 1pm

January 16<sup>th</sup> ~ Chas ~ 1pm

January 23<sup>rd</sup> ~ Alvin ~ 1pm

January 24<sup>th</sup> ~ Mark ~ 1pm

January 30<sup>th</sup> ~ Marionettes ~  
1pm

**ALL FAMILY MEMBERS ARE  
WELCOME TO JOIN US**



When I asked how they would describe this painting by Thomas Kinkadee, who is considered the "Master of Light," both Al and Linda agreed that it made them feel "warm." Linda said she could almost feel the "warmth of the fire on your back," and shared memories of Christmas Eve when she was young. She laughed as she said, "We would sneak down to try to see Santa, and my Dad would yell, 'Get back to bed!'"



## CELEBRATING 2022



## TAKING A WALK



## NEVER KNOW WHO YOU'LL SEE



The residents truly enjoy their daily walks through the entire building to get the exercise. Of course, our staff love to say hello and have conversation with all the residents.

## ELSA HAS SOME COOL ACTIVITIES ALWAYS LINED UP





## WE HAVE ENTERTAINERS WHO COME AND SHARE THEIR MUSIC



## WE HAVE FUN MAKING THINGS



## FOLD THINGS



## CREAT ART



## WE STAY VERY ACTIVE

## WE KNOW HOW TO CELEBRATE HOLIDAYS Christmas



## Thanksgiving

