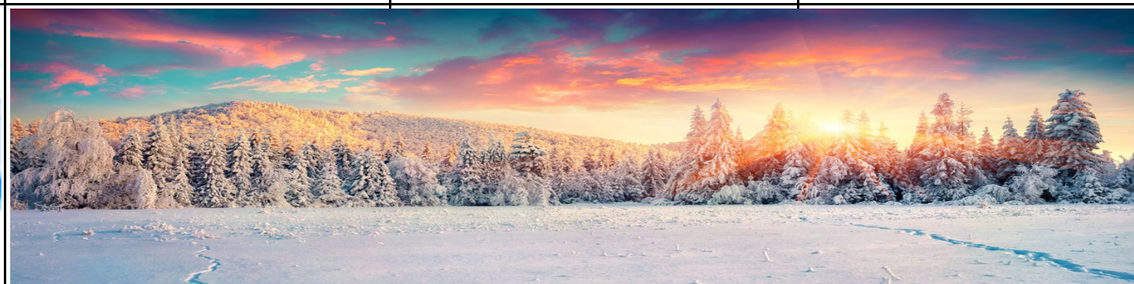
HERITAGE GREEN DAYBREAK
January 2023

Guys & Dolls 9:00 am
Daily Devotions 10:00 am
11:30 & 4:30 Hand Washing
Activities 30-60 Minutes Each
Calendar Subject to Change

Happy Birthday
Heth Thomas 1/4
Sarah Fauber 1/11
Curtis Finch 1/13
Doris Giles 1/26
Janet Hibbs 1/26`
Benjamin Knight 1/28

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Years Day 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Hallmark Movie 2:00 Hydration Cart 4:00 My Three Son's TV	**2** 9:00 Daily Chronicle/ Devotions 9:30 Bodies In Motion 10:00 VanRide/Making Sandwiches 11:00 Train Your Brain 1:00 Quiet Time 2:00 **Music W/Marc Baskin** 3:00 Under The Sea Soundscapes 6:30 The Walton's	**3** 9:00 Daily Chronicle/ Devotions 9:30 Chair Yoga 10:00 Van Ride / Mind Joggers 11:00 All Sorts Of Sorting 1:30 Quiet Time 2:30 Bingo 3:00 Pampered Hands 6:30 Family Feud	**4** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 VanRide/MakingSandwiches 1100 Royal Treatment Hour 1:30 Quiet Time 2:30 Connect Four 3:00 Trivia 6:30 Little House	**5** 9:00 Daily Chronicle/ Devotions 9:30 Morning Workout 10:30 **Music W/ Cardwell** 11:00 Finish The Phrase 1:30 Quiet Time 2:30 Snow Ball Fight 3:00 Pampered Hands 6:30 Leave It To Beaver	***6 Residents Birthday Party*** 9:30 Daily Chronicle/ Devotions 10:00 Van Ride/Around The House 11:00 Reading Club 1:30 Quiet Time 2:30 **Birthday Party** 3:00 Table Top Puzzles 6:30 Lawrence Welk Show	**7** 10:00 Golden Girls 10: 30 Daily Chronicle 11:00 Puzzles 1:00 Afternoon Musical 6:30 Hallmark Movie
8 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Hallmark Movie 2:00 Hydration Cart 4:00 My Three Son's TV	**9** 9:00 Daily Chronicle/ Devotions 9:30 Bodies In Motion 10:00 VanRide/Making Sandwiches 11:00 Train Your Brain 1:30 Quiet Time 2:30 Ball Toss 3:00 Under The Sea Soundscapes 6:30 The Walton's	**10** 9:00 Daily Chronicle/ Devotions 9:30 Chair Yoga 10:00 Van Ride / Mind Joggers 11:00 All Sorts Of Sorting 1:00 Quiet Time 2:00 **Music W/Keith Campbell** 3:00 Pampered Hands 6:30 Family Feud	**11 Lunch Outing** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 VanRide/MakingSandwiches 11:30 **Charlies** 1:30 Quiet Time 2:30 Tic Tac Toe 3:00 Trivia 6:30 Little House	**12 National Tea Day** 9:00 Daily Chronicle/ Devotions 9:30 Morning Workout 10:00 Van Ride /Noodle Weaving 11:00 Finish The Phrase 1:30 Quiet Time 2:30 Tea & Danishes 3:00 Pampered Hands 6:30 Leave It To Beaver	**13** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 **Yoga Plus W Maureen** 11:00 Reading Club 1:30 Quiet Time 2:30 Bowling 3:00 Table Top Puzzles 6:30 Lawrence Welk Show	**14** 10:00 Golden Girls 10: 30 Daily Chronicle 11:00 Puzzles 1:00 Afternoon Musical 1:30 Afternoon Musical 6:30 Hallmark Movie
15 9:20 ChurchW/Rev. Corey 11:00 Hymns & Scriptures 1:00 Hallmark Movie 2:00 Hydration Cart 4:00 Travelogue	**16** 9:00 Daily Chronicle/ Devotions 9:30 Bodies In Motion 10:00 VanRide/Making Sandwiches 11:00 Train Your Brain 1:30 Quiet Time 2:30 Ball Toss 3:00 Under The Sea Soundscapes 6:30 The Walton's	**17** 9:00 Daily Chronicle/ Devotions 9:30 Chair Yoga 10:00 Van Ride / Mind Joggers 12:00 **Men's Luncheon** 1:30 Quiet Time 2:30 Bingo 3:00 Pampered Hands 6:30 Family Feud	**18** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 VanRide/MakingSandwiches 11:00 Royal Treatment Hour 1:00 Quiet Time 2:00 **Music W/ Lew Taylor** 3:00 Trivia	**19** 9:00 Daily Chronicle/ Devotions 9:30 Morning Workout 10:30 Van Ride /Noodle Weaving 11:00 Finish The Phrase 1:30 Quiet Time 2:30 **Resident Council** 3:00 Pampered Hands 6:30 Leave It To Beaver	**20** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 Van Ride/Around The House 11:00 Reading Club 1:00 Quiet Time 2:00 **Music w/Ronnie & Carol** 3:00 Table Top Puzzles 6:30 Lawrence Welk Show	**21** 10:00 Golden Girls 10: 30 Daily Chronicle 11:00 Puzzles 1:00 Afternoon Musical 6:30 Hallmark Movie
22 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Hallmark Movie 2:00 Hydration Cart 4:00 Travelogue	**23 National Pie Day** 9:00 Daily Chronicle/Devotions 9:30 Bodies In Motion 10:00 VanRide/Making Sandwiches 11:00 Train Your Brain 1:30 Quiet Time 2:30 Hot Drinks & Pie 3:00 Under The Sea Soundscapes 6:30 The Walton's	**24** 9:00 Daily Chronicle/ Devotions 9:30 Chair Yoga 10:00 Van Ride/Mind Joggers 11:00 All Sorts Of Sorting 1:30 Quiet Time 2:30 Bingo 3:00 Pampered Hands 6:30 Family Feud	**25** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 VanRide/MakingSandwiches 11:00 Royal Treatment Hour 1:30 Quiet Time 2:30 Basket Ball 3:00 Trivia 6:30 Little House	**26** 9:00 Daily Chronicle/ Devotions 9:30 Morning Workout 10:30 **TB Ministries** 11:00 Finish The Phrase 1:30 Quiet Time 2:30 Ring Toss 3:00 Pampered Hands 6:30 Leave It To Beaver	**27 Chocolate Cake Day** 9:00 Daily Chronicle/ Devotions 9:30 Sit & Fit 10:00 Van Ride/Around The House 11:00 Reading Club 1:30 Quiet Time 2:30 Milk & Chocolate Cake 3:00 Table Top Puzzles 6:30 Lawrence Welk Show	**28** 10:00 Golden Girls 10: 30 Daily Chronicle 11:00 Puzzles 1:00 Afternoon Musical 6:30 Hallmark Movie
29 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Timeless Trivia 2:00 Hydration Cart 4:00 Travelogue	**30** 9:00 Daily Chronicle/Devotions 9:30 Bodies In Motion 10:00 VanRide/Making Sandwiches 11:00 Train Your Brain 1:30 Quiet Time 2:30 Ball Toss 3:00 Under The Sea Soundscapes 6:30 The Walton's	**31** 9:00 Daily Chronicle/ Devotions 9:30 Chair Yoga 10:00 **Ladies Brunch** 11:00 All Sorts Of Sorting 1:30 Quiet Time 2:30 Bingo 3:00 Pampered Hands 6:30 Family Feud				

Heritage Herald

Heritage Green Leadership Team

Kimberly Logan
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Wellness Nurse
Kamisha Tweedy

Misty Barrett
Coco Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Michael Williams
Environmental Services Director

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Community Outings

DayBreak

January Birthdays

Heth Thomas 1/4
Sarah Fauber 1/11
Curtis Finch 1/13
Doris Giles 1/26
Janet Hibbs 1/26`
Benjamin Knight 1/28

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