

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. New Years Day 10:00 Holy Infant Catholic Church Service - MPR 10:30 Strength DVD - FC 11:00 Bible Study & Protestant Service with Pastor Ayers - MPR 2:00 Bridge Class - MPR	2. 10:30 Fitness with Jena - FC 11:30 Aldi* 2:30 Music Lounge 3:00 Knitting & Crocheting Club - AR 3:30 NYT Crossword - MPR 7:00 Movie Night - MPR	3. 10:30 Fitness with Jena - FC 11:30 Food Lion/ABC Store* 2:00 Chronology - MPR 3:00 Coloring for Relaxation - MPR 3:00 Quarter Bingo - AR	4. 9:30 Walgreens/CVS* 10:30 Fitness with Jena - FC 11:15 Roosevelts: An Intimate History Documentary - MPR 2:00 Resident Council - MPR 3:00 NYT Crossword Puzzle & Wordle - MPR 4:00 Spanish Conversations - Bldg 3 library 7:00 Movie Night - MPR	5. 10:30 Fitness with Jena - FC 11:30 Harris Teeter* 1:30 Art Project: Painted Winter Decorative Bottles - AR 3:00 Social: Snow Cream Sundae Social - Bistro 6:00 Chinese Lantern Festival*	6. 10:30 Fitness with Jena - FC 11:30 Lunch Outing: Moe's* 1:00 Beading - AR 2:00 Bank Runs* 2:30 Creative Writers & Storytellers - MPR 7:00 Movie Night - MPR	7. 9:00 Puzzle Packets - Pick up in Lobby 10:30 Strength DVD - FC 11:30 Joyful Thoughts - MPR 2:00 Constellation Players (Hammer Dulcimer & Guitar) - MPR
8. 10:00 Holy Infant Catholic Church Service - MPR 10:30 Strength DVD - FC 11:00 Bible Study & Protestant Service with Pastor Ayers - MPR 2:00 Bridge Class - MPR	9. 10:30 Fitness with Jena - FC 11:30 Trader Joe's* 2:00 Luke Lowe Guitar Performance - MPR 3:00 Knitting & Crocheting Club - AR 3:30 NYT Crossword - MPR 7:00 Movie Night - MPR	10. 10:30 Fitness with Jena - FC 11:30 Food Lion* 2:00 Life Stories Interview by Ann Deupree: Alice Chamis - MPR 3:00 Adult Coloring - MPR 3:00 High Tea - Bistro 5:45 Dinner Outing: Ted's Montana Grill*	11. 9:30 Walgreens/CVS* 10:30 Fitness with Jena - FC 11:15 Roosevelts: An Intimate History Documentary - MPR 2:00 NYT Crossword - MPR 3:00 Bartlett Sing-a-Long: MPR 4:00 Spanish Conversations - Bldg 3 library 7:00 Movie Night - MPR	12. 9:30 Post Office* 10:30 Fitness with Jena - FC 11:30 Hobby Lobby* 1:30 Master Gardener Talk: Houseplants - MPR 3:00 Chinese New Year Social - Bistro	13. 10:30 Fitness with Jena - FC 11:30 Bank Runs* 1:00 Beading - AR 2:30 Creative Writers & Storytellers - MPR 4:30 Shabbat - MPR 7:00 Movie Night - MPR	14. 9:00 Puzzle Packets - Pick up in Lobby 10:30 Fitness with Jena - FC 11:30 Joyful Thoughts - MPR 1:30 Joy of Music Classical Performance - MPR
15. World Religion Day 10:00 Holy Infant Catholic Church Service - MPR 10:30 Strength DVD - FC 11:00 Bible Study & Protestant Service with Pastor Ayers - MPR 2:00 Bridge Class - MPR	16. MLK Day 10:30 Fitness with Jena - FC 11:30 Lunch: Benetis* 1:00 Book Shelving - MPR 2:30 Music Lounge - MPR 3:00 Knitting & Crocheting Club - AR 3:30 NYT Crossword - MPR 7:00 MLK Documentary-MPR	17. 10:30 Fitness with Jena - FC 11:30 Food Lion* 12:00 January Birthday Luncheon - MPR 2:00 French Conversations - Bldg 3 Library 2:00 Townhall - MPR 3:00 Relaxing Coloring - MPR 3:00 Quarter Bingo - AR	18. 9:30 Walgreens/CVS* 10:30 Fitness with Jena - FC 11:15 Roosevelts: An Intimate History Documentary - MPR 2:00 NYT Crossword - MPR 3:00 Bartlett Sing-a-Long - AR 4:00 Spanish Conversations - Bldg 3 library 7:00 Movie Night - MPR	19. 10:30 Fitness with Jena - FC 11:30 NC Museum of Natural Science & Lunch at the Daily Planet* 2:00 Snowman Craft with Legacy - AR 3:00 Reflections of the Life of the Spirit Course* MPR 3:00 Social: Hot Buttered Rum	20. 10:30 Strength DVD - FC 11:30 Bank Runs* 1:00 Beading - AR 2:30 Creative Writers & Storytellers - MPR 7:00 Movie Night - MPR	21. 9:00 Puzzle Packets - Pick up in Lobby 10:30 Strength DVD - FC 11:30 Joyful Thoughts - MPR 2:00 Travelogue with Sol: Baltic Area Pt. 1 - MPR
22. 10:00 Holy Infant Catholic Church Service - MPR 10:30 Strength DVD - FC 11:00 Bible Study & Protestant Service with Pastor Ayers - MPR 2:00 Bridge Class - MPR 3:00 Grandkid Chemistry with Sol: Silly Putty - AR*	23. 10:30 Strength DVD - FC 11:30 Walmart* 2:30 Music Lounge - MPR 3:00 Knitting & Crocheting Club - AR 3:30 NYT Crossword - MPR 5:45 Dinner Outing: Los Tres Magueyes* 7:00 Movie Night - MPR	24. 10:30 Fitness with Jena - FC 11:30 Food Lion* 2:00 French Conversations - Bldg 3 Library 2:00 History Bus Tour with Joel: Bynum* 3:00 Coloring for Relaxation - MPR 3:00 Quarter Bingo - AR	25. 9:30 Walgreens/CVS* 10:30 Fitness with Jena - FC 11:30 Roses* 1:30 Chronology - MPR 2:15 Jamming w/Christian - MPR 3:30pm NYT Crossword - MPR 4:00 Spanish Conversations - Bldg 3 library 7:00 Movie Night - MPR	26. 10:30 Fitness with Jena - FC 11:15 Blood Pressure Checks with Legacy - FC 11:30 Michaels* 2:00 Washer/Dryer Demo with Noah - Building 3 Laundry Rm 3:00 Reflections of the Life of the Spirit Course* MPR 3:00 New Resident Welcome Social (all residents invited!) - Bistro	27. 10:30 Fitness with Jena - FC 11:30 Bank Runs* 1:00 Beading - AR 2:30 Creative Writers & Storytellers - MPR 4:30 Shabbat - MPR 7:00 Movie Night - MPR	28. 9:00 Puzzle Packets - Pick up in Lobby 10:30 Fitness with Jena - FC 11:30-1:30 Paint & Pour - AR* (sign up by 1/25) 3:00 Joyful Thoughts - MPR
29. 10:00 Holy Infant Catholic Church Service - MPR 10:30 Strength DVD - FC 11:00 Bible Study & Protestant Service with Pastor Ayers - MPR 2:00 Bridge Class - MPR	30. 10:30 Fitness with Jena - FC 11:30 Target* 3:00 Knitting & Crocheting Club - AR 3:30 NYT Crossword with Sean - MPR 7:00 Movie Night - MPR	31. 10:30 Fitness with Jena - FC 11:30 Food Lion* 2:00 French Conversations - Bldg 3 Library 3:00 Coloring for Relaxation - MPR 3:00 Flower Arranging - Bis	Resident Birthdays 1/1 Cynthia H. 1/3 John A. 1/7 Lee L. 1/14 Eleanor F. 1/14 Bill H. 1/14 Margaret K. 1/24 Bob W. 1/26 Bettie R. 1/30 Janet B.	Programs or outings with * require sign up in the activity book ahead of time		