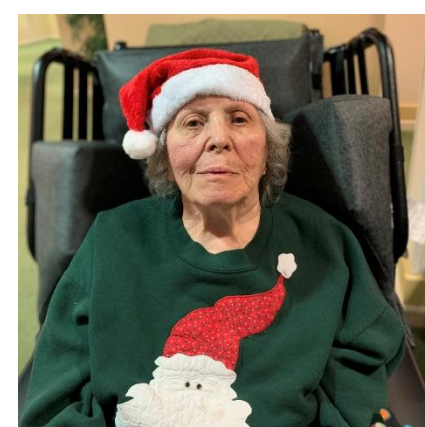


# MAIN CONNECT

JANUARY 2023

## Holiday Fun!



## JANUARY BIRTHDAYS

Shirley H. 1/15

Marjorie K. 1/20

Fran E. 1/21

*Everyone is the age of  
their heart.*

*“Guatemalan proverb”*

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!



## START FRESH

*Happy New Year! I would like to introduce myself; my name is Jennifer Murray I am the new Life Enrichment Manager for our Memory Care community. I am very happy to be here at our Waltonwood Main Community and partnering with Liz, who as you all know is awesome!!! I worked previously at our lakeside community in Sterling Heights, so I am so happy to continue my journey here at Main and I have received a warm welcome from residents, families, and associates alike. I have had a career in Life Enrichment for over twenty years and I absolutely love working with our seniors. I am looking forward to working with our Memory Care residents and all the activities and events coming up this year. Please make sure to look at the activity calendars for upcoming events/dates. I look forward to getting to know everyone! Hope this coming year brings health, happiness, and many blessings.*

## COMMUNITY MANAGEMENT

Haylee Hutchison  
Executive Director

Lora Baltosiewich  
Business Office Manager

Leanne Basel, LMSW  
Marketing Manager

India Gragg  
Associate Marketing  
Manager

Liz McMurtrie, CTRS, CDP  
AL Life Enrichment Manager

Jennifer Murray  
MC Life Enrichment Manager

Chloe Palovich  
Wellness Coordinator

Barbara Thompson  
Wellness Coordinator

Derek Hill  
Environmental Services  
Manager



HAPPY NEW YEAR!



*"Happy New-year! happy New-year!" It is the day of hope and a fresh beginning. Old debts shall be forgiven; old feuds forgotten; old friendships revived. To-day shall be better than yesterday. The good vows shall be kept. A blessing shall be wrung from the fleet angel Opportunity. There shall be more patience, more courage, more faith; the dream shall become life; to-day shall wear the glamour of to-morrow. Ring out the old, ring in the new!*  
~George William Curtis

DECEMBER HIGHLIGHTS

10

We honored our resident veterans with a beautiful ceremony of gratitude and remembrance.

17

Residents and their families enjoyed a delicious early Thanksgiving dinner prepared by our culinary team!



17

Culinary associates serving up our Thanksgiving dinner!



30

New resident, Betty, created a beautiful Christmas wreath for her door!



JOIN US!

As another hectic holidays season slowly fades and we once again find ourselves transitioning back into those same old routines. Sometimes that's a much-welcomed occurrence, while other times, it becomes a dull and uninspiring way to spend the winter months. This January, I'd like to extend an open invitation, an opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invite to join our "Forever Fit" exercise program here at Waltonwood.

Open to all residents, our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe and enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, in this new year I encourage you to give exercise a try, it just might be one of the best things you can do to keep happy and healthy this year!

Chris Grabowski, MS | Senior Forever Fit Manager

ARE YOU LINKed?

Have you registered for the Waltonwood Community Engagement website *The Link*?

- ✓ Resident & Management Directory
- ✓ Real Time Event Listings
- ✓ Community Photos
- ✓ TV Channel
- ✓ Games

Contact Liz in Life Enrichment for more information on how to get linked! This new program will be rolling out over the next couple of months.

