



DECEMBER DOOR WINNERS: Thanks Ladies!



- Geraldine Wade 1/1
- Audrey Beningo 1/2
- Regina Dytyniak 1/7
- Betty Buechel 1/19
- Corky Guisgand 1/26
- Ricky Fisher 1/30
- Jean Reott 1/31



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

Carriage Park Connect JANUARY 2023



Redefining Retirement Living

SINGH
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ebook: /WaltonwoodCarriageParkI

COMMUNITY MANAGEMENT

- Angie Hanson
Executive Director
- Terry Lobb
Business Office Manager
- Joel Vassallo
Culinary Services Manager
- Erin McGraw
Life Enrichment Manager
- Sarah Rauen
Life Enrichment Manager
- Chris Chalmers
Marketing Manager
- Esperanca DeAbreu
Resident Care Manager
- Tristan Albrecht
Wellness Coordinator
- Jonathan VanWicklin
Maintenance Manager
- William Scott
Independent Living Manager

Tracie Hysell & Catherine Grima



Thank you both for the many early and late hours you spent baking us some superb seasonal desserts! Your creativity and attention to detail are superb! We are very blessed to have you both!

FOREVER FIT AND WELLNESS :Join Us

As another hectic holidays season slowly fades and we once again find ourselves transitioning back into those routine that we're use too. Sometimes that's a much-welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. This January I'd like to extend an open invitation. An opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invite to join our "Forever Fit" exercise program here at Waltonwood. Open to all residents our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in the new year.

Chris Grabowski, MS | Senior Forever Fit Manager

UPCOMING EVENTS

Welcome to January 2023!! Time to make some resolutions and if one of them is exercise, you're in luck. There are exercise classes to keep you fit and independent every weekday morning at 9:30 and 10:00. Check them out! Your body will thank you for it. For all you bingo lovers, bingo will be continuing on Monday afternoons, instead of in the evening, through the month of January. It's a fun way to spend time earning a little extra cash.

Bowling resumes this month and this year we have six teams competing. Come on down to the library and cheer on your favorite team.

A very important date you don't want to miss is our resident council meeting on January 10th at 1:30pm. Be sure to come down and share your thoughts about the community you live in. Everyone is welcome.

Along with some great crafting projects we will have some surprise movies, as well as some great entertainment on the 15th with Howard Meell and a sing along with Gail on the 24th.

The month ends with a "Welcome to the 60's" social on the 28th at 1:30pm. Dust off your bell bottoms, put on your fringe vest and put some flowers in your hair. There will be Peace, Love, and happiness everywhere.

EXECUTIVE DIRECTOR CORNER

Here at Waltonwood Carriage Park our leadership team will be setting goals for the 2023 year to make our community the best place to live. We are always open to suggestions from our residents, families and friends about what they would like to see happen in our community. We will be partnering with a dental service for residents who are interested in dental house calls. They will be here on January 19th. If you are interested in knowing more you can contact them at 586-873-5567 or www.portabledentalservices.com Wishing everyone a happy and prosperous New Year!! ~ Angie