

CARRIAGE PARK CONNECT

JANUARY 2023



The New Year brings all kinds of excitement, some thoughts of self-improvement, and thoughts of gratitude. If there is a dream on your heart, or something you wish to accomplish in this new year of 2023, please let us know! We would be honored to make it happen for you – see Sarah on how to make your Adventure by Waltonwood come true!

Coming up this month: on the 5th we will make handmade birdseed feeders so our feathered friends have enough to eat through the winter. Martin Luther King, Jr. Day is on the 16th and we will have a discussion and reflect on his historical affects. On the 18th we will make handmade air fresheners for you to take to your apartments and start the year off fresh! Join Fran for a Happy Hour of Hot Toddies on the 21st! And on the 31st we will have a Peach Parfait Social care of our wonderful kitchen staff. Look to the Activity calendar for times and details, including movie matinees, weekly outings, and entertainment!

We wish you a blessed and wonderful New Year!

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Terry Lobb
Business Office Manager

Joel Vasallo
Culinary Services Manager

Erin McGraw
Life Enrichment Manager

Sarah Korty
Life Enrichment Manager

Christine Chalmers
Marketing Manager

Ashley Hall
Move In Coordinator

Esperanca DeAbreu
Resident Care Manager

Tristan Albrecht
Wellness Coordinator

Jonathan VanWicklin
Environmental Service
Manager

William Scott
Independent Living Manager

For Your Information

Every Wednesday we will take an outing of some kind on the bus in the afternoon. We often take scenic rides, or stop for a treat, or go out for lunch.

Cash or card is never required for these outings, the company card is used by staff for all costs. If lunch was purchased, then the cost of a resident's lunch will be allocated to their monthly bill.

Please feel free to sign up in the binder by the mailboxes if you'd like to join us!



Coming Soon!

A special Asian themed dinner for the month of January

We'll keep you posted on the date!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



JANUARY BIRTHDAYS

EDA – 1/15

LINDA B. – 1/21

HAPPY
BIRTHDAY!



FRIENDS & FAMILY REFERRAL PROGRAM!

EMPLOYEE SPOTLIGHT

This month we want to highlight the outstanding effort and talent of our pastry chefs! Katherine and Tracie really worked hard this holiday season to ensure our community had all the scrumptious treats the season brings, including 2 giant gingerbread houses! Both houses were on display in the lobbies of Assisted Living and Independent Living. We are so lucky to have you both! You make our lives sweeter!



DECEMBER HIGHLIGHTS

01 Our residents take pride in helping us decorate for the holidays!

17 Our Family Holiday Meal was a great success!



10 Residents made peppermint candy necklaces for the holidays!

23 Our Gather Around the Tree event was certainly a highlight! Every resident received a gift from their Waltonwood family.



Join Us!

As another hectic holiday season slowly fades, we once again find ourselves transitioning back into routines that we're used to. Sometimes that's a much-welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. This January I'd like to extend an open invitation. An opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invite to join our "Forever Fit" exercise program here at Waltonwood. Open to all residents, our exercise classes are aimed at enhancing independence while promoting healthy lifestyles in a safe, enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings are designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in the new year. ~ Chris Grabowski, MS, Senior Forever Fit

02

Waltonwood Tabletop Bowling League

Will Start Jan 12

At it's new time – 10am!

Anyone can play, we love having a cheering squad as well!



JANUARY OUTINGS

04 We'll head to Rose's Restaurant for a delicious lunch

11 We will take the bus for lunch at Applebee's



18 Join us for a cozy Scenic Bus Ride!

25 You never know what delights await us on our Bus Ride for a surprise treat!



EXECUTIVE DIRECTOR CORNER

Here at Waltonwood Carriage Park our leadership team will be setting goals for the 2023 year to make our community the best place to live. We are always open to suggestions from residents, families and friends of things you would like to see happen in our community. We have partnered with a dental service for residents who would be interested in dental house calls and they will be here on January 19th. If you are interested in knowing more you can contact them at (586) 873-5567 or www.portabledentalservices.com Wishing everyone a happy and prosperous New Year!! ~Angie