

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Devotions Morning Exercise Bingo Hydration Station Music Therapy Ball Toss Easy Trivia Lawrence Welks Show <small>New Year's Day</small>	1 Morning Exercise New Year's Bubble Fortune Group Volley Ball Music Therapy This or That Arts & Crafts – Dining Room Detective Time Remember When Dot Doodles Trivia Tea Toss	2 Morning Exercise Balloon Swat Memory Joggers Discuss & Recall Music Therapy Swing 60's –Dining room Shake Loose A Memory Coloring Creations What Am I? Trivia Fun	3 Morning Exercise Noodle Ball Music Therapy Bingo 2:00 Wine & Cheese-Lobby Name that Tune Finish the Phrase Snow days Reminiscing	4 Morning Exercise Snow Ball Fight Holiday Reminiscing Would You Rather Music Therapy 1960's Price is Right-dining room Coloring Calm Noodle Ball	5 Morning Exercises Volley Ball Manicures & Fancy Nails Finish the lyrics 2:00 Happy Hour – Lobby Music Therapy Bingo – Dining Room Finish the Drawing	6 Morning Exercise Balloon Bop Remember when Music Therapy Group Jigsaw Puzzles Circle Soccer Memory Game Evening Movie Matinee
8 Daily Devotions Morning Exercise Bingo Hydration Station Music Therapy Ball Toss Easy Trivia I love Lucy Show	9 Morning Exercise Volley Ball Bingo Music Therapy Arts & Craft – Dining Room Silly Jokes Detective Time Can You Picture This What am I?	10 Morning Exercise Balloon Swat Memory Joggers Discuss & Recall Music & Memories Group Word Game Family Talk Trivia Short Story Reading	11 Morning Exercise Noodle Ball Name 10 Music Therapy Bingo Sing Along 2:00 Wine & Cheese-Lobby Chair Zumba Finish the Phrase	12 Morning Exercise Snow Ball Fight Holiday Reminiscing Would You Rather Music Therapy Horses Races Guess the Song Coloring Calm Noodle Ball	13 Morning Exercises Snow Ball Toss Manicures & Fancy Nails Sing Along 2:00 Happy Hour – Lobby Music & Memories Bingo – Dining Room Finish the Drawing	14 Morning Exercises Balloon Bop Remember when Music Therapy Group Jigsaw Puzzles Circle Soccer Memory Game Evening Movie Matinee
15 Daily Devotions Morning Exercise Bingo Hydration Station Music Therapy Ball Toss Easy Trivia Bewitched Show	16 Morning Exercise Volley Ball Resident Council Meeting Let's Reminisce This or That Bingo Music Therapy Arts & Crafts – Dining Room Riddles Detective Time <small>Martin Luther King Jr. Day</small>	17 Morning Exercise Balloon Swat Memory Joggers Discuss & Recall Music Therapy Shake Loose a Memory Aromatherapy & Massage Reminiscing w/ senses Short Story Reading	18 Morning Exercise Noodle Ball Name 10 Music Therapy Bingo Sing Along 2:00 Wine & Cheese-Lobby Name that Tune Finish the Phrase	19 Morning Exercise Snow Ball Fight Good old days Reminiscing Would You Rather Music Therapy What Am I? Coloring Calm Noodle Ball	20 Morning Exercises Snow Ball Toss Manicures & Fancy Nails Sing Along 2:00 Happy Hour – Lobby Music Therapy Bingo – Dining Room Finish the Drawing	21 Morning Exercises Balloon Bop Remember when Music Therapy Group Jigsaw Puzzles Circle Soccer Memory Game Evening Movie Matinee
22 Daily Devotions Morning Exercise Christmas Bingo Hydration Station Music Therapy Ball Toss Easy Trivia Green Acres Show <small>Chinese New Year (Year of the Rabbit)</small>	23 Morning Exercise Volley Ball Let's Reminisce This Or That Snowman Bingo Music Therapy Detective Hour Calming Coloring – Dining Room Tongue Twisters <small>Activity Professionals Week</small>	24 Morning Exercise Balloon Swat Memory Joggers Discuss & Recall Music Therapy Shake Loose a Memory Aromatherapy & Massage Reminiscing w/ senses Short Story Reading	25 Morning Exercise Noodle Ball Name 10 Music Therapy Bingo Sing Along 2:00 Wine & Cheese-Lobby Chair Zumba Finish the Phrase	26 Morning Exercise Snow Ball Fight Holiday Reminiscing Would You Rather Who am I? Music Therapy Coloring Calm Noodle Ball <small>Australia Day (observed)</small>	27 Morning Exercises Snow Ball Toss Manicures & Fancy Nails Finish the lyrics Sing 2:00 Happy Hour – Lobby Music Therapy Bingo – Dining Room Finish the Drawing	28 Balloon Bop Remember when Music Therapy Group Jigsaw Puzzles Circle Soccer Memory Game Evening Movie Matinee
29 Daily Devotions Morning Exercise Bingo Hydration Station Music Therapy Ball Toss Easy Trivia Lawrence Welks Show	30 Morning Exercise Volley Ball Let's Reminisce This Or That Snowman Bingo Music Therapy Coloring Creations – Dining Room Tongue Twisters	31 Morning Exercise Balloon Swat Memory Joggers Discuss & Recall Music Therapy Shake Loose a Memory Aromatherapy & Massage Reminiscing w/ senses Short Story Reading	<h1>January 2023</h1> <h2>Memory Care Community</h2>			