



RESIDENT BIRTHDAYS

Kay's 97th 1/6

Roy 1/30

COOKING DEMONSTRATIONS

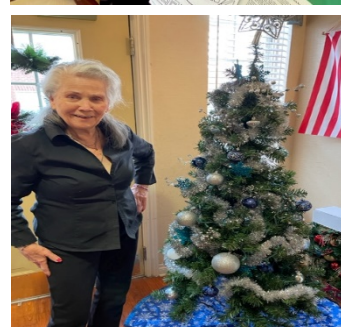
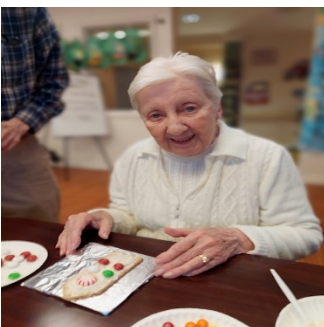
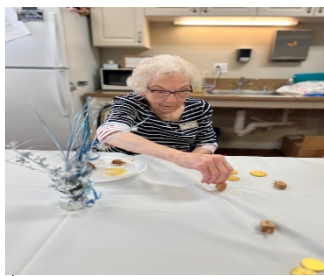
02 Oatmeal Raisin Cookies
2pm

12 Hot Cocoa Bar 2pm

23 Chinese New Year
Celebration 2pm

30 Hot Tea Challenge 2pm

COMMUNITY COMMUNICATION



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

TWELVE OAKS CONNECT

JANUARY 2023



Redefining Retirement Living

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27475 Huron Circle, Novi, MI 48377

www.waltonwood.com | 248-735-1030

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COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Deosikay Ross
Environmental Services
Manager

Alyssa "Lee" Tobias
Independent Living
Manager

Alecia Greenberg
Life Enrichment Manager

Heather Laskos
Marketing Manager

Donna Sharp
Marketing Manager

Resident Services Manager
Latonya Warlix

Wellness Coordinator
Edith Denson

Wellness Coordinator
Priyanka Ghelani

Culinary Manager
Jacob Chamberlain



"January, the first month of the year, a perfect time to start all over again, changing energies and deserting old moods, new beginnings, new attitudes."
Charmaine J Forde

As I embark upon my 4th year here at Waltonwood, I have been reflecting a lot on how far our programming has come throughout the last 4 years and the great promise and ideas that we have for the future. All of this couldn't have been accomplished without the amazing support of you, our wonderful families, and my 2 amazing assistants, Emily and Mallory.

I would love to reboot having families come in and share a hobby that they have, a special vacation, or talking about their jobs, bring a pet into visit, special scrapbooks of special events, anything that you would like to share. Please reach out to Emily, Mallory, or I, and let us know.

In January, we will be doing a lot of winter art projects, keeping active with our resident favorite cardio drumming and we have a new yoga instructor, Katie, who they are really enjoying. We will celebrate the peaceful legacy of Martin Luther King Jr on 1/16, National Popcorn Day on 1/19, with a popcorn taste challenge. Next, we will enjoy National Hug Day on 1/21, because hugs are free and make you feel good. We will go onto the Chinese New Year on 1/23, making lanterns, and eating special food, and we are so lucky to have our wonderful resident Marjorie to help us learn some Chinese words. Our 6-time bowling champions begin the winter bowling league, and look forward to another trophy. Go Marvels!!
I wish you a Happy, Healthy and safe New Year 2023, Alecia.

January 2023

ASSOCIATE SPOTLIGHT-MARIA MCCORD

Maria McCord is the newest member of the Life Enrichment Team. She grew up in Plymouth and then moved to Northville. It just so happens that she moved next door to Stefanie. Stefanie was looking for an assistant and spoke to Maria about the opportunity. Originally, she thought that she might want to volunteer, but after talking to Stefanie, she decided why not come and work at Waltonwood Twelve Oaks. The rest is history.

Maria has 3 older brothers and 2 dogs. She is a Sophomore at Schoolcraft College studying to become a Social Worker. Eventually Maria wants to open a private practice, but until then she plans to work as a school counselor. Besides working with Stefanie, Maria is a dog walker, and a nanny.

Maria wants to brighten and make people's lives better, and loves working at Waltonwood.

When Maria has free-time, she enjoys being crafty, biking, running and is very outdoorsy. She also loves music.

The residents really enjoy Maria's bubbly personality and look forward to more time with Maria.



DECEMBER HIGHLIGHTS

08 Holiday Showcase. This was a wonderful community event with singing, cookies and cocoa and a visit from Santa.

16 Family Christmas Dinner. It was so wonderful having this event again. It was an evening of family, delicious food, and wonderful holiday music sung by Karen and Frank.

14 Holiday Jubilee. It was such a special day event having family and friends here to sing with us as Erin played so many wonderful holiday songs. After we enjoyed delicious cookies that the residents made.

21 Hanukkah Celebration. So much fun was had on this day as we enjoyed latkes (potato pancakes) and played the dreidel game for chocolate coins (gelt). We discussed the meaning behind the holiday of lights.



FOREVER FIT

Join Us!

As another hectic holidays season slowly fades and we once again find ourselves transitioning back into those routine that we're use too. Sometimes that's a much-welcomed occurrence, while other times it becomes a dull and uninspiring way to spend the winter months. This January I'd like to extend an open invitation. An opportunity to kick start your daily routine by improving the way you move, think and feel. Consider this your personal invite to join our "Forever Fit" exercise program here at Waltonwood. Open to all residents our exercise classes and fitness center are aimed at enhancing independence while promoting healthy lifestyles in a safe enjoyable environment. Utilizing an approach that makes exercise accessible to everyone, each of our many offerings is designed for its participants to move at a pace in which they see fit. So, this New Year give exercise a try, it just might be one of the best things you can do to keep happy and healthy in the new year.

TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, January 17: Petland & Pretzels 1pm
- Tuesday, January 24: Rainbow Restaurant to Celebrate Chinese New Year Noon
- Tuesday, January 31: Scenic Drive & Mc Donald's 1pm



JANUARY SPECIAL EVENTS

06 January Birthday Celebration. Today we will celebrate our January Birthdays. Kay will be 97 years young today and Roy will have his birthday on 1/30.

16 Dr. Martin Luther King Jr. Celebration. Today we will discuss and remember the legacy of peace and communication that was an important part of our history and the civil rights movement.

11 Fall Champions Bowling Banquet. Hail to our 6th win as champions of the Waltonwood Bowling League. Our team the Marvels will receive another trophy and enjoy a banquet in their honor.

23 Chinese New Year Celebration. We will be making lanterns and enjoy some of the wonderful food of this holiday and what each symbolize. Our resident Marjorie will share some of her culture and how to say some words in Chinese.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

Happy New Year 2023! I wanted to take this opportunity to wish everyone a Happy New Year. Waltonwood Twelve Oaks has come a long way, but still has a lot which we would like to accomplish in the upcoming year to make this community the best community for our residents. With the start of most new years', people start with their New Year's resolutions and our community will be no different. The staff at Waltonwood Twelve Oaks will be working on improving the dining service and experience for our residents. We will also be focused on hiring and training more resident care staff to build a strong team. Managers will be focused on providing more personalized service for our residents and families. All of this while the community is going through a major renovation which will last most of the year. We are excited for the things to come in 2023 and proud to be here to serve.