

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:00 Morning Get Together 9:30 Sunday Hymn Singalong 10:00 Church Service 10:30 Sunday Sip 11:00 New Year's Resolutions 1:30 Sunday Worship Music 2:00 Exercise Class 2:30 Snack 3:00 Creative Coloring 6:00 Sunday Night at the Movies 6:30 Snack <small>New Year's Day</small>	9:00 Morning Get Together 9:30 Monday Morning Motivation 10:00 Friendship Circle 10:30 Baking Club 11:00 Ring Toss 1:30 Name That Tune 2:00 Musical Memories Exercise 2:30 Monday Munchies 3:00 Manicures 6:00 Sports TV Night 6:30 Snack	9:00 Morning Get Together 9:30 Chair Exercise 10:00 Rejuvenation Station 10:30 Balloon Toss 11:00 Bean Bag Toss 1:30 Arm Chair Travel 2:00 Musical Memories Exercise 2:30 Tuesday Tidbits 3:00 Table Pong 6:00 Book Club 6:30 Snack	9:00 Morning Get Together 9:30 Chair Disco 10:00 Coffee Club 10:30 Toss Across 11:00 Coloring Club 1:30 Show Tunes 2:00 Musical Memory Exercise 2:30 Hump Day Social 3:00 Bingo 6:00 Comic Relief 6:30 Snack	9:00 Morning Get Together 9:30 Chair Zumba 10:00 Hydration Station 10:30 Ball Toss 11:00 Horseshoes 1:30 Solid Gold Oldies 2:00 Musical Memories Exercise 2:30 Thirsty Thursday Social 3:00 Craft 6:00 Puzzle Club 6:30 Snack	9:00 Morning Get Together 9:30 Friday Fun Facts 10:00 Snack 10:30 Word Puzzles 11:00 Finish the Phrase 1:30 Susie Q Singalong 2:00 Musical Memory Exercise 2:30 Happy Hour 3:30 Fun Friday Bowling 6:00 Trivial Pursuit 6:30 Snack	9:00 Morning Get Together 9:30 Saturday Stretch 10:00 Saturday Sip 10:30 Skeet Ball 11:00 Putt Golf 1:30 Saturday Polkas 2:00 Musical Memory Exercise 2:30 Refreshment Social 3:00 Craft 6:00 Saturday Night at the Movies 6:30 Snack		
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9:00 Morning Get Together 9:30 Puzzles 10:00 Snack 10:30 Rosary 11:00 Creative Coloring 1:30 Sunday Worship Music 2:00 Church Service 2:30 Snack 3:30 Musical Memories Exercise 6:00 Bean Bag Toss 6:30 Snack	9:00 Morning Get Together 9:30 Monday Morning Motivation 10:00 Friendship Circle 10:30 Baking Club 11:00 Ring Toss 1:30 Remember Martin Luther King 2:00 Musical Memories Exercise 2:30 Monday Munchies 3:00 Manicures 6:00 Sports TV Night 6:30 Snack <small>Martin Luther King Jr. Day</small>	9:00 Morning Get Together 9:30 Chair Exercise 10:00 Rejuvenation Station 10:30 Balloon Toss 11:00 Bean Bag Toss 1:30 Arm Chair Travel 2:00 Musical Memories Exercise 2:30 Tuesday Tidbits 3:00 Table Pong 6:00 Book Club 6:30 Snack	9:00 Morning Get Together 9:30 Chair Disco 10:00 Coffee Club 10:30 Toss Across 11:00 Coloring Club 1:30 Show Tunes 2:00 Musical Memories Exercise 2:30 Hump Day Social 3:00 Bingo 6:00 Comic Relief 6:30 Snack	9:00 Morning Get Together 9:30 Chair Zumba 10:00 Hydration Station 10:30 Ball Toss 11:00 Horseshoes 1:30 Solid Gold Oldies 2:00 Musical Memories Exercise 2:30 Thirsty Thursday Social 3:00 Craft 6:00 Puzzle Club 6:30 Snack	9:00 Morning Get Together 9:30 Friday Fun Facts 10:00 Snack 10:30 Word Puzzles 11:00 Finish the Phrase 1:30 Susie Q Singalong 2:00 Musical Memories Exercise 2:30 Happy Hour 3:30 Fun Friday Bowling 6:00 Trivial Pursuit 6:30 Snack	9:00 Morning Get Together 9:30 Saturday Stretch 10:00 Saturday Sip 10:30 Skeet Ball 11:00 Putt Golf 1:30 Saturday Polkas 2:00 Musical Memories Exercise 2:30 Refreshment Social 3:00 Craft 6:00 Saturday Night at the Movies 6:30 Snack		
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All activities on this calendar are subject to change at any time