



# Happy New Year

## Keepsake Village 2023 January



### Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1  
8:30- Chair Zumba  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Prayers and Devotion  
10:30- TV Sermon  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Things that go together  
2:00- Snack and Chat  
2:30- Fact or Fiction?  
3:00- Bowling  
4:00- Dinner with Friends

2  
8:30- Tai Chi  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Ring Toss  
10:30- Finish the Lines  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Jokes & Riddles  
2:00- Snack and Chat  
2:30- January IQ  
3:00- KSV Creation: Orange Volcano  
4:00- Dinner with Friends

3  
8:30- Chair Yoga  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Balloon Volley  
10:30- Guess the Song  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Ray Newman  
2:00- Snack and Chat  
2:30- Monarch Coloring Page  
3:00- What am I?  
4:00- Dinner with Friends

4  
8:30- Move & Groove  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Music with Travis Wetzel  
11:00- Lunch with Friends  
12:00- Freshen Up/Pretty Nails  
1:00- Sing A Long  
2:00- Snack and Chat  
2:30- Mars Exploration Video  
3:00- Red or Black  
4:00- Dinner with Friends

5  
8:30- Sit & Stretch  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Toss & Catch  
10:30- Finish the Phrase  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Bird Matching  
2:00- Snack and Chat  
2:30- Mindful Meditation  
3:00- Table Games  
4:00- Dinner with Friends

6  
8:30- Balloon Fitness  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Parachute  
10:30- Word Games  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- The Price is Right!  
2:00- Snack and Chat  
2:30- Picture This  
3:00- Arts & Crafts  
4:00- Dinner with Friends

7  
8:30- Ribbon Dancing  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Big Mouth  
10:30- Board Games  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Play Dough Play  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Basketball  
4:00- Dinner with Friends

8  
8:30- Chair Zumba  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Prayers and Devotion  
10:30- TV Sermon  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Chess & Checkers  
2:00- Snack and Chat  
2:30- Mindful Meditation  
3:00- Elvis Movie  
4:00- Dinner with Friends

9  
8:30- Tai Chi  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Ring Toss  
10:30- 60's Trivia  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Word Games  
2:00- Snack and Chat  
2:30- Music & Movement  
3:00- KSV Creation: No Bakes  
4:00- Dinner with Friends

10  
8:30- Chair Yoga  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Balloon Volley  
10:30- Hang Man  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Ray Newman  
2:00- Snack and Chat  
2:30- Sit & Stretch  
3:00- Spice Painting  
4:00- Dinner with Friends

11  
8:30- Move & Groove  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Stretching  
10:30- Trivia  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Cooking with Sheri  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Table Bowling  
4:00- Dinner with Friends

12  
8:30- Sit & Stretch  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Toss & Catch  
10:30- Winter Reminiscing  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Rick Applegate  
2:00- Snack and Chat  
2:30- Music & Maracas  
3:00- Dozen Day  
4:00- Dinner with Friends

13  
8:30- Balloon Fitness  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Parachute  
10:30- Sing A Long  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Duck Race  
2:00- Snack and Chat  
2:30- Frisbee Game  
3:00- Arts & Crafts  
4:00- Dinner with Friends

14  
8:30- Ribbon Dancing  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Big Mouth  
10:30- Sensory Buckets  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Coloring Sorting  
2:00- Snack and Chat  
2:30- Mindful Meditation  
3:00- Golf  
4:00- Dinner with Friends

15  
8:30- Chair Zumba  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Prayers and Devotion  
10:30- TV Sermon  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Card Games  
2:00- Snack and Chat  
2:30- Sit & Stretch  
3:00- Checkers  
4:00- Dinner with Friends

16  
8:30- Tai Chi  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Ring Toss  
10:30- Word Games  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Marshmallow Toss  
2:00- Snack and Chat  
2:30- Martin Luther King Jr. Day  
3:00- Ice Art  
4:00- Dinner with Friends

17  
8:30- Chair Yoga  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Balloon Volley  
10:30- Words in Words  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Ray Newman  
2:00- Snack and Chat  
2:30- Hymn Sing  
3:00- Snowflake Coffee Filter  
4:00- Dinner with Friends

18  
8:30- Move & Groove  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Stretching  
10:30- Memory Street Trivia  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Roll A Snowman  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Kickball  
4:00- Dinner with Friends

19  
8:30- Sit & Stretch  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Toss & Catch  
10:30- Brain Games  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Noodle Hockey  
2:00- Snack and Chat  
2:30- Sing A Long  
3:00- Table Games  
4:00- Dinner with Friends

20  
8:30- Balloon Fitness  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Parachute  
10:30- Roll A Word  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Penguin Bowling  
2:00- Snack and Chat  
2:30- Word Search  
3:00- Arts & Crafts  
4:00- Dinner with Friends

21  
8:30- Ribbon Dancing  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Kickball  
10:30- Finish the Lyrics  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Scrabble  
2:00- Snack and Chat  
2:30- Music & Movement  
3:00- Darts  
4:00- Dinner with Friends

22  
8:30- Chair Zumba  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Prayers and Devotion  
10:30- TV Sermon  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Yahtzee  
2:00- Snack and Chat  
2:30- Rabbit Coloring Page  
3:00- Are you a Rabbit?  
4:00- Dinner with Friends

23  
8:30- Tai Chi  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Ring Toss  
10:30- Egg-plosion  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Winter I Spy  
2:00- Snack and Chat  
2:30- Music & Meditation  
3:00- KSV Creation: Fudge  
4:00- Dinner with Friends

24  
8:30- Chair Yoga  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Balloon Volley  
10:30- Fact or Fiction  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Ray Newman  
2:00- Snack and Chat  
2:30- Name that Song  
3:00- Scarf Dancing  
4:00- Dinner with Friends

25  
8:30- Move & Groove  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Music with Pam Weston  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Table Games  
2:00- Snack and Chat  
2:30- Music & Maracas  
3:00- Sensory Buckets  
4:00- Dinner with Friends

26  
8:30- Sit & Stretch  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Toss & Catch  
10:30- Words in Words  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Rick Applegate  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Big Mouth  
4:00- Dinner with Friends

27  
8:30- Balloon Fitness  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Parachute  
10:30- Finish the Phrase  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Monthly Birthday Party  
2:00- Snack and Chat  
2:30- Hymn Sing  
3:00- Arts & Crafts  
4:00- Dinner with Friends

28  
8:30- Ribbon Dancing  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Kickball  
10:30- Hang Man  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Word Games  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Move More Games  
4:00- Dinner with Friends

29  
8:30- Chair Zumba  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Prayers and Devotion  
10:30- TV Sermon  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Coloring Page  
2:00- Snack and Chat  
2:30- Music & Movement  
3:00- Puzzles/ Table Games  
4:00- Dinner with Friends

30  
8:30- Tai Chi  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Ring Toss  
10:30- Rainbow Detective  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Trivia and Treats  
2:00- Snack and Chat  
2:30- Music & Meditation  
3:00- KSV Creation:  
4:00- Dinner with Friends

31  
8:30- Chair Yoga  
9:00- Daily Chronicles  
9:15- Coffee and Conversation  
10:00- Balloon Volley  
10:30- Last Word  
11:00- Lunch with Friends  
12:00- Freshen Up  
1:00- Music with Ray Newman  
2:00- Snack and Chat  
2:30- Rest & Relaxation  
3:00- Jenga  
4:00- Dinner with Friends

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Keepsake Village Staff:  
Tiffany Delay  
Live More  
Coordinators:  
Kyshana Partee  
Barb Lewis  
AnnMarie Worthington  
Rhonda McClain

January Birthdays  
01/06-Ella Snoddy  
01/09- Rebecca Myer  
01/09- "JJ" Joyce Black  
01/17- Dixie Waggoner



All activities are subject to change based on the needs of the residents  
\*Scenic bus rides every Tuesday Morning