



the **hearth**
at gardenside

January, 2023 Keepsake Village Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Stars 'n Stripes Fitnessize 1:30 Funny New Year's Resolutions 2:00 Snack and Lucy Episodes 3:00 Arts and Crafts 4:00 Sing Along with Susie Q (YT) 5:30 Categories / 6:00 Beach Ball Toss 6:30 Disney – Glory Road	2 9:30-11:30 Morning Programs 1:00 Flyswatter Exercise 1:30 Holiday Clean Up Detective 2:00 Snack and The 3 Tenors 3:00 Fascinating Facts 3:30 Bingo 5:30 Word Pairs 6:00 Textured Balls 6:30 Musical – Singin' in the Rain	3 9:30-11:30 Morning Programs 1:00 Balloon Volleyball 1:30 Smith Categories 2:00 Snack and Elvis Presley 3:00 Think More Group and Art 4:00 Puzzles Galore 5:30 Fascinating Facts 6:00 Sit and Be Fit 6:30 Movie	4 9:30-11:30 Morning Programs 1:00 Shibashi Seated Exercise (YT) 1:30 1960's Trivia 2:00 Snack and Visions of Greece 3:00 Shake Loose a Memory 3:30 Bingo 5:30 Sing Along with Susie Q (YT) 6:00 Flyswatter Exercise 6:30 Western Movie	5 9:30-11:30 Morning Programs 1:00 Chair Yoga (YT) 1:30 January Movie Stars 2:00 Snack and Andre Bocelli (YT) 3:00 Think More Group and Art 4:00 Two Word Phrases 5:30 Common Bond Clues 6:00 Stars 'n Stripes Fitnessize 6:30 Movie	6 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Music, Memories 'n Motion 1:30 Name That 60's Tune 2:00 Scenic Van Ride: Branford 3:00 Ice Cream Social & Lucy Episodes 4:00 Word Pairs 5:30 Finishing the Lines 6:00 Bounce and Catch / 6:30 Movie	7 9:30-11:30 Morning Programs 1:00 Priority One Exercise (YT) 1:30 Can You Picture This 2:00 Snack and Lawrence Welk 3:00 Person, Place or Thing 3:30 Bingo 5:30 Sing Along with Susie Q (YT) 6:00 Cornhole 6:30 Movie
8 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Bean Bag Toss 1:30 Crisp Categories 2:00 Snack and Riverdance 3:00 Arts and Crafts 4:00 Shake Loose a Memory 5:30 Clue Trivia / 6:00 Puffer Balls 6:30 Disney – Invincible	9 9:30-11:30 Morning Programs 1:00 Chair Yoga with Sherry Zak (YT) 1:30 Can You Picture This? 2:00 Snack and Lawrence Welk 3:00 Bounce and Catch 3:30 Bingo 5:30 Common Bond Clues 6:00 Music 'n Motion 6:30 Musical – Hairspray	10 Live Performance 9:30-11:30 Morning Programs 1:00 Hoops the Hoops 1:30 Mixed-up Banking Word Unscramble 2:00 Bob Giannotti Performs 2:00 Snack and Tony Bennett 3:00 Think More Group and Art 4:00 Think Jenga 5:30 Compound Words 6:00 Beach Ball Toss / 6:30 Movie	11 9:30-11:30 Morning Programs 1:00 Priority One Exercise (YT) 1:30 Sing Along with Susie Q (YT) 2:00 Snack & America's National Parks 3:00 Person, Place or Thing 3:30 Bingo 5:30 A Minty Match 6:00 Bounce and Catch 6:30 Western Movie	12 9:30-11:30 Morning Programs 1:00 Cooking in the Kitchen 1:30 Modern Jeopardy Trivia 2:00 Snack and Michael Bublé (YT) 3:00 Think More Group and Art 4:00 Would You Ever? 5:30 Siblings 6:00 Textured Balls 6:30 Movie	13 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Zumba Gold Fitness (YT) 1:30 Shopping List 2:00 Scenic Van Ride: East Haven 3:00 Ice Cream Social & The 3 Tenors 4:00 Sing Along with Susie Q (YT) 5:30 Missing Letters 6:00 Hoop the Hoops 6:30 Movie	14 9:30-11:30 Morning Programs 1:00 Twister Bean Bag Toss 1:30 Finishing the Lines 2:00 Snack and World of Discovery 3:00 Short Stories 3:30 Bingo 5:30 Fascinating Facts 6:00 Music, Memories 'n Motion 6:30 Movie
15 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Oodles of Noodles 1:30 Fill in the Missing Letter 2:00 Snack and Celtic Women 3:00 Arts and Crafts 4:00 Sing Along with Susie Q (YT) 5:30 Word Pairs / 6:00 Bounce Catch 6:30 Disney – The Game Plan	16 Martin Luther King Day 9:30-11:30 Morning Programs 1:00 Spa Manicure and Hand Massages 2:00 Snack and Neil Diamond (YT) 3:00 Person, Place or Thing 3:30 Bingo 5:30 January IQ 6:00 Zumba Gold Fitness (YT) 6:30 Musical – Annie	17 9:30-11:30 Morning Programs 1:00 Shibashi Seated Exercise (YT) 1:30 1960 Detective 2:00 Snack and Josh Groban (YT) 3:00 Think More Group and Art 4:00 A Game of Checkers Anyone? 5:30 Sing Along with Susie Q (YT) 6:00 Textured Balls 6:30 Movie	18 9:30-11:30 Morning Programs 1:00 Stars 'n Stripes Fitnessize 1:30 Conversation Cards 2:00 Snack and Lawrence Welk 3:00 Would You Ever? 3:30 Bingo 5:30 Two Word Phrases 6:00 Zumba Gold Fitness (YT) 6:30 Western Movie	19 9:30-11:30 Morning Programs 1:00 Balloon Volleyball 1:30 Fascinating Facts 2:00 Snack and Elvis Presley 3:00 Think More Group and Art 4:00 The Jenga Challenge 5:30 Conversation Cards 6:00 Flyswatter Exercises 6:30 Movie	20 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Twister Bean Bag Toss 1:30 Searching for Vegetables 2:00 Scenic Van Ride: Guilford 3:00 Ice Cream Social & History of Pizza 4:00 The Checkers Challenge 5:30 Fascinating Facts 6:00 Bounce and Catch / 6:30 Movie	21 9:30-11:30 Morning Programs 1:00 Oodles of Noodles 1:30 Sing Along with Susie Q (YT) 2:00 Snack and Celtic Women 3:00 Fill in the Missing Letter 3:30 Bingo 5:30 Common Bond Clues 6:00 Chair Yoga with Sherry Zak (YT) 6:30 Movie
22 Chinese New Year Begins 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Stars 'n Stripes Fitnessize 1:30 Fascinating Facts 2:00 Snack and The 3 Tenors 3:00 Arts and Crafts 4:00 Sing Along with Susie Q (YT) 5:30 Categories / 6:00 Cornhole 6:30 Disney – Homeward Bound II	23 9:30-11:30 Morning Programs 1:00 Oodles of Noodles 1:30 Can You Picture This? 2:00 Snack and Michael Bublé (YT) 3:00 The Jenga Challenge 3:30 Bingo 5:30 Finishing the Lines 6:00 Hoop the Hoops 6:30 Musical – Oliver	24 9:30-11:30 Morning Programs 1:00 Twister Bean Bag Toss 1:30 Mixed-Up Desserts Word Unscramble 2:00 Snack and Splendors of France 3:00 Think More Group and Art 4:00 Missing Letters 5:30 Trips Categories 6:00 Sit and Be Fit 6:30 Movie	25 9:30-11:30 Morning Programs 1:00 Balloon Noodle Swat 1:30 Partners 2:00 Snack and Riverdance (YT) 3:00 Categories 3:30 Bingo 5:30 January 30 Questions Trivia 6:00 Bounce and Catch 6:30 Western Movie	26 9:30-11:30 Morning Programs 1:00 Priority One Exercise (YT) 1:30 Sing Along with Susie Q (YT) 2:00 Snack and Josh Groban (YT) 3:00 Think More Group and Art 4:00 Finishing the Lines 5:30 Fill in the Missing Letter 6:00 Music 'n Motion 6:30 Movie	27 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Shibashi Seated Exercise (YT) 1:30 Vegetables Word Search 2:00 Ice Cream Social & Andy Griffith 4:00 Short Stories 5:30 Shopping List 6:00 Balloon Noodle Swat 6:30 Movie	28 9:30-11:30 Morning Programs 1:00 Bounce and Catch 1:30 Random Trivia 2:00 Snack and Neil Diamond (YT) 3:00 Shake Loose a Memory 3:30 Bingo 5:30 Categories 6:00 Flyswatter Exercises 6:30 Movie
29 9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Twister Bean Bag Toss 1:30 Finishing the Lines 2:00 Snack and Michael Bublé (YT) 3:00 Arts and Crafts 4:00 Short Stories 5:30 Clue Trivia / 6:00 Sit and Be Fit 6:30 Disney --The Rookie	30 9:30-11:30 Morning Programs 1:00 Hoop the Hoops 1:30 Trips Categories 2:00 Snack and Lucy Episodes 3:00 Shake Loose a Memory 3:30 Bingo 5:30 This or That 6:00 Music, Memories 'n Motion 6:30 Musical – Hello Dolly	31 Live Performance 9:30-11:30 Morning Programs 1:00 Chair Yoga with Sherry Zak (YT) 1:30 Fill in the Missing Letter 2:00 Paul Shlien Performs 2:00 Snack and Lawrence Welk 3:00 Think More Group and Art 4:00 Sing Along with Susie Q (YT) 5:30 Conversation Cards 6:00 Beach Ball Toss 6:30 Movie	LIVE MORE MANAGER <i>Robin Sellati</i> LIVE MORE COORDINATORS <i>Chante, Gianna, Jackie, Jessica, Mackenzie, Olivia, and Sharon</i>	Yale Alzheimer's Buddies Tuesday 3:30-4:30 PM Friday 2:00-3:00 PM 3:30-4:30 PM Saturday 2:00-3:00 PM Sunday 2:00-3:00 PM 3:30-4:30 PM		