

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Worship Service/Sing Along 11:00 Coffee and Chat 2:00 Movie and Popcorn	1 National Cream Puff Day 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Cream Puff Social 2:30 Balloon Volleyball 3:30 Coffee and Chat	2 10:00 Walk and Talk 10:00 Homemade Snack Making 10:45 Brain Teasers 1:30 Creative Storytelling 2:30 Homemade Snack Social 3:30 Hand Massages and Manicures	3 National Trivia Day 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 11:00 Brain Teasers 1:30 Sing Along Series 3:00 Mocktail Social Hour	4 10:00 Walk and Talk 10:45 Brain Teasers 2:00 MacPhail Music for Life 3:00 Cheese & Cracker Social	5 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Hand Massages and Manicures 2:30 Worship Service/Sing Along 3:30 Coffee and Chat	6 10:00 Walk and Talk 10:45 Brain Teasers 2:00 Movie and Popcorn 4:00 Sing Along Series
10:00 Worship Service/Sing Along 11:00 Coffee and Chat 2:00 Movie and Popcorn	8 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Baking 2:30 Bean Bag Toss 3:30 Sing Along Series	9 10:00 Walk and Talk 10:00 Homemade Snack Making 10:45 Brain Teasers 1:30 Creative Storytelling 2:30 Homemade Snack Social 3:30 Hand Massages and Manicures	10 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 11:00 Brain Teasers 1:00 Movie and Popcorn 3:00 Mocktail Social Hour	11 10:00 Walk and Talk 10:45 Brain Teasers 2:00 MacPhail Music for Life 3:00 Ice Cream Social	12 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Hand Massages and Manicures 2:30 Worship Service/Sing Along 3:30 Hot Chocolate Social	13 10:00 Walk and Talk 10:45 Brain Teasers 2:00 Movie and Popcorn 4:00 Sing Along Series
10:00 Worship Service/Sing Along 11:00 Coffee and Chat 2:00 Movie and Popcorn	15 Martin Luther King Jr. Day 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Martin Luther King Jr. Discussion 2:30 Bean Bag Toss 3:30 Homemade Bread Social	16 10:00 Walk and Talk 10:00 Homemade Snack Making 10:45 Brain Teasers 1:30 Creative Storytelling 2:30 Homemade Snack Social 3:30 Hand Massages and Manicures	17 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 11:00 Brain Teasers 1:30 Sing Along Series 3:00 Mocktail Social Hour	18 National Popcorn Day 10:00 Walk and Talk 10:45 Brain Teasers 2:00 MacPhail Music for Life 3:00 Popcorn Social	19 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Hand Massages and Manicures 2:30 Worship Service/Sing Along 3:30 Coffee and Chat	20 10:00 Walk and Talk 10:45 Brain Teasers 2:00 Movie and Popcorn 4:00 Sing Along Series
10:00 Worship Service/Sing Along 11:00 Coffee and Chat 2:00 Movie and Popcorn	22 National Pie Day 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Bean Bag Toss 2:15 Pie Social 3:30 Sing Along Series	23 10:00 Walk and Talk 10:00 Homemade Snack Making 10:45 Brain Teasers 1:30 Creative Storytelling 2:30 Homemade Snack Social 3:30 Hand Massages and Manicures	24 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 11:00 Brain Teasers 1:30 Country Drive 3:00 Mocktail Social Hour	25 10:00 Walk and Talk 10:45 Brain Teasers 2:00 MacPhail Music for Life 3:00 Cheese and Cracker Social	26 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Hand Massages and Manicures 2:30 Worship Service/Sing Along 3:30 Hot Chocolate Social	27 10:00 Walk and Talk 10:45 Brain Teasers 2:00 Movie and Popcorn 4:00 Sing Along Series
10:00 Worship Service/Sing Along 11:00 Coffee and Chat 2:00 Movie and Popcorn	29 10:00 Morning Exercise 10:45 Morning Fruit Smoothies 1:30 Baking 2:30 Balloon Volleyball 3:30 Homemade Bread Social	30 10:00 Walk and Talk 10:00 Homemade Snack Making 10:45 Brain Teasers 1:30 Creative Storytelling 2:30 Homemade Snack Social 3:30 Hand Massages and Manicures	31			