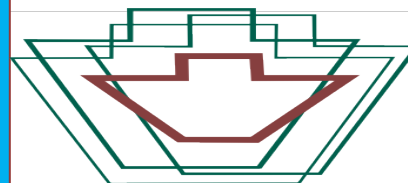




INDEPENDENT LIVING JANUARY 2023



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p>2</p> <p>10:30- Communion w/ Deacon Tom- IL DINING ROOM 1pm- Scrabble- Billiards Room 1:00-Men's Wii Bowling- Theater 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:30- Cycling Class-3A 6:30- Puzzle Parlor -Library</p>	<p>3</p> <p>9:30- Billiards 10:30- Norman Rockwell An American Portrait Documentary-3A 10:30- Knitting Corner- 1st Floor 1pm-Canasta- Billiards Room 2pm- Painting Class-The Connoisseur Norman Rockwell-3A 3:30- Blackjack -(dollar buy-in) Pub 6:45-Popcorn Club- Theater THUNDERBALL LOTTERY STARTS VISIT ACTIVITIES AT 9:30AM</p>	<p>4</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Strength Training-3A 11:00- Cedar Street Grill Sturbridge Outing 12:30- Rosary-3A 1pm- Triominos-Billiards Room 3:45- Pet Visits w/ Keeper Billiards Room 6:45- Rummikub-Billiards</p>	<p>5</p> <p>9:30- Coffee and Undecorating-3A 10:30- Adaptive Boxing via Zoom-3A 1pm- Pitch- Billiards Room 1pm- Newsletter Committee Meets to start up the Newsletter again-3A 2pm-Mike and Dan Performs-3A 3:30- Poker- Billiards Room 6:45- Popcorn Club- Theater</p>	<p>6</p> <p>9:30- Billiards 10:30- Book Talk with Author Elena Palladino-3A 12:30- Rosary-3A 2pm- The Dividing Scar- 4 Lost Towns of the Quabbin-3A 3pm- Drumming Class-3A 4pm-Happy Hour 6:45- Scrabble-Billiards</p>	<p>7</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo- 3A</p>
<p>8</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p>9</p> <p>9:30- Shopping in Ludlow 10:30- Mystery Monday Cards-B 10:30- Communion w/ Deacon Tom- IL DINING ROOM 1pm- Divine Mercy Prayer Group-T 2pm- Corn Hole- IL Dining Room 3:15- Wii Bowling- Theater 3:30- Canasta- Billiards Room 6:45- Quarter Bingo with Fredi in the Pub</p>	<p>10</p> <p>9:30- Billiards 10:30- Massachusetts Craft Project-3A 10:30- Knitting Corner- 1st Floor 1pm- Golf-Billiards Room 2pm- Painting Class-3A 3:30- Speaker Ally on Jenna's Blessing Bags- Random Act of Kindness Group 6:45-Popcorn Club- Theater</p>	<p>11</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/Rob-3A 12:30- Rosary- 3A 1pm-LCR- (dollar buy-in)- Billiards Room 2pm- Tom Ricardi Birds of Prey-3A 3:30- Wii Bowling- Theater 3:45- Pet Visits w/Keeper- Billiards Room 6:45- Rummikub-Billiard</p>	<p>12</p> <p>10:00- Coffee House-3A 10:30- T Bone Performs-3A 12pm- Clam Chowder/Clam Cakes Luncheon-Pub 1pm- Manicures-3A 1:30- Adaptive Boxing via Zoom-3A 2:30pm-Pokeno-3A 3:30- Poker- Billiards Room 6:45- Popcorn Club- Theater</p>	<p>13</p> <p>9:30- Billiards 10:30- Harvesting Cranberry Process-3A 12:30- Rosary-3A 1pm-Rummikub -Billiards Room 2pm- Massachusetts Trivia and Cape Codders-3A 3:30- Bus Leaves for Salem Cross Inn for Dinner 6:45- Scrabble- Billiards</p>	<p>14</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p>15</p> <p>Mass at St Elizabeth's 2pm- Rummikub- Billiards Day of Rest and Face Timing with Families</p>	<p>16 Martin Luther King Day</p> <p>10:30- Communion w/ Deacon Tom- IL DINING ROOM 10:30- Mystery Monday Cards-B 1pm- Divine Mercy Prayer Group-T 2pm- Belly Dancing w/ Madelyn-3A 3:15- Wii Bowling- Theater 3:30- Remembering Martin Luther King-3A 6:30- Puzzle Parlor -Library</p>	<p>17 Massage Therapist 1-4</p> <p>9:30- Billiards 9:30- Chef's Club Cooking-3A Meatloaf, Mashed and veggie Boston Cream Pie Dessert 12pm- TV DINNER LUNCHEON "Cheers" 10:30- Blood Pressure Clinic-Pub 2pm- Canasta-Billiards Room 3:00- Blackjack-dollar buy-in-3A 6:45- Popcorn Club-Theater</p>	<p>18</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Boston Baked Beans Beanol-3A 12:30- Rosary-3A 1-3pm-Wii Bowling Competition-T 3:45- Pet Visits w/ Keeper- Billiards Room 6:45- Rummikub-Billiards</p>	<p>19</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing via Zoom-3A 1pm- Manicures-3A 1pm- Pitch- Billiards Room 2pm- Richie Mitnik Performs-3A 3:30- Caretenders Presents -3A "Glaucoma Care" 6:45- Popcorn Club- Theater</p>	<p>20 Dr Seuss Day</p> <p>9:30- Billiards 10:00- Dr Seuss Biography-3A 12:30- Rosary-3A 1pm- Toss the Cat in the Hat Game-3A 2pm- Seuss Racing-3A 3pm- Drumming Class-3A 4pm-Happy Hour- Moose Juice 6:45- Scrabble-Billiards</p>	<p>21</p> <p>1:00- Wii Bowling for Newbies 2:00- Steve the Duo Performs-3A 3:15- Dime Bingo-Pub</p>
<p>22 Chinese New Year Begins</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards Day of Rest and Face Timing with Families</p>	<p>23</p> <p>9:30- Shopping in Chicopee 10:30- Mystery Monday Cards-B 10:30- Communion w/ Deacon Tom- IL DINING ROOM 1pm- Divine Mercy Prayer Group-T 2pm- Corn Hole- IL Dining Room 3:15-Wii Bowling- Theater 3:30- Canasta- Billiards Room 6:45- Quarter Bingo with Fredi in the pub</p>	<p>24</p> <p>9:30- Billiards 10:30- Chair Exercises-3A 11:00- Famous People from Massachusetts 10:30- Blood Pressure Clinic-Pub 10:30- Knitting Corner-1st Floor 12pm- Chinese New Year Lunch-Pub Sign up with Activities 1pm- Rendered Root- Read Aloud w/ Jamie Gagnon- 1st Floor Piano Rm 2:00- Line Dancing Class-3A 3:30- Blackjack-(dollar buy-in)- 3A 6:45-Popcorn Club- Theater</p>	<p>25 Massachusetts Sports Day</p> <p>9:30-Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary-3A 1pm- Massachusetts Card Game- Billiards Room 2pm-Red Sox Bingo-3A 3:30- Wii Bowling- Theater 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</p>	<p>26 Massachusetts College Day</p> <p>Wear your MA College Gear 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing via Zoom-3A 1pm- Pitch- Billiards Room 2pm- Willie Nininger Performs-3A 3:30- Poker-Billiards Room 6:45- Popcorn Club- Theater</p>	<p>27</p> <p>9:30- Billiards 10:30- Outing to Ventfort Hall for Tea and Tour 12:30- Rosary-3A 1:00- Food Committee Meeting-P 1pm- Rummikub- Billiards Room 2:30- Pokeno-3A 3:30- Drumming Class-3A 4pm- Happy Hour 6:45- Scrabble- Billiards</p>	<p>28</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p>29</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub Day of Rest and Face Timing with Families</p>	<p>30</p> <p>10:30- Chair Exercises-3A 1pm- Men's Wii Bowling-Theater 1:30- Catholic Mass- II Dining Room 2:30pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:30- Cycling Class-3A 6:30- Puzzle Parlor -Library Join others in putting a jigsaw puzzle together</p>	<p>31 Massachusetts Day</p> <p>9:30- Billiards 10:30- Blood Pressure Clinic-Pub 10:30- Singalong w/ Don-3A 1pm- Chorus Practice w/Don-3A 2pm- Painting Winslow Homer-3A 3:30- Random Acts of Kindness Group Making Blessing Bags-Pub 5:15- Massachusetts Favorites Dinner 6:45- Popcorn Club- Theater</p>	<p>Super Bowl Pool at the End of the Month</p> <p>Buy a square for 2 dollars and you could win halftime pool of 75.00 or full game pool of 200.00 See Activities</p>	<p>*Please Note that Cards and other games are always available for use in the Billiards Room if looking to get a group together. *Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p>Monthly Birthdays</p> <p>1/2-Debbie Walsh 1/5- Angel Torres 1/6- Evelyn Pilon 1/8- Bob Hughs 1/13- Sophie Gazda "100" 1/18- Josephine Carter 1/21- Ray Provost 1/22- Pat Young 1/26- Bobby Kelley 1/31- Louise Sedelow</p>	<p>Monthly Theme</p>

