

Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from
our family to yours!**

Happy Birthday!

Residents

George S.	12/01
Anthony F.	12/01
Bertha P.	12/19
Harold C.	12/21
Nancy A.	12/23
Allison W.	12/30
Anthony T.	12/17

Staff

Marie A.	12/02
Angela K.	12/05
Holly R.	12/07
April G.	12/07
Madeline H.	12/07
Taylor K.	12/10
Benadette K.	12/12
Christina P.	12/14
Diana B.	12/18
Stacy N.	12/23
Ettajoe O.	12/27



Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

Please join us on Thursday, December 15 at 6 pm for our Holiday Concert with the Mike Letovsky Orchestra. Enjoy Holiday spirits and deserts.

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about

their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,
Brent Hayes
Executive Director

Happy Holidays from Westlake



LEGACY SPOTLIGHT



TRICK OR TREAT



The Great Gatsby Theme Week



OGO Award

Recognition is one of the tools used by Trilogy to show genuine appreciation to our employees and to acknowledge the unique abilities our team members have to offer. Recognition inspires, motivates, and breathes excitement into our team members and generates an environment of striving towards success.

Last month we recognized Richard B., who is part of our Dietary Team. Richard's manners are impeccable. His kindness and demeanor rub off on all of us not to mention how sweet he is to our residents. He is the recipient of our (OGO) Oh Great One award. When he is not working, he attends Oakland Community College and enjoys his hobbies of painting with acrylics and ink drawing. He loves gardening, cooking and his mom, little sister, and brother. Richard is a welcomed addition to our Westlake team.





WESTLAKE HEALTH CAMPUS

A Trilogy Senior Living Community

10735 Bogie Lake Road
Commerce Township, MI 48382
248-363-9400
westlakehc.com |

Brent Hayes
Executive Director

Madeline Heierman
Assistant Executive Director

Angela Walker
Director of Health Services

Suzanne Poling
Business Office Manager

Susan Voydanoff
Director of Life Enrichment

Regina Hughes
Legacy Neighborhood Director

Christine Greger, LPN
Assisted Living Director

Bob Goralski
Director of Plant Operations

Peter Johnston
Director of Dining Services

Kim Penn
Director of Environmental Services

Rachel French
MDS Coordinator

Marcia Leja
Therapy Director

Rachel Adams
Director of Social Services

Tina Bausick
Community Service Rep

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

Cut, color, and make a card to give!

*All trivia answers will be printed
in our upcoming month's newsletter!*

Question 1: How many days
of Kwanza are there?

Question 2: What country was
the original St. Nicholas from?

Question 3: How many ghosts are
in the movie *A Christmas Carol*?

Question 4: How do you say
"Merry Christmas" in Spanish?

Question 5: What are the
names of the three reindeer whose
names start with the letter "D"?

*Flip the page for last
month's trivia answers:*

Q1: Who was the first U.S. President to
pardon a turkey? George H.W. Bush
Q2: How many days did the first
Thanksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins vegetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
F	E	S	T	I	V	E	F	X	O	F	F	I	H	N	Y	G	D	Y
B	Q	J	X	N	C	Z	P	C	K	P	B	T	O	S	H	E	D	T
G	R	U	L	N	O	O	I	Y	A	H	P	D	F	X	L	S	U	C
P	G	B	N	M	L	T	Z	W	Q	K	N	O	I	H	Q	T	N	X
R	M	I	O	O	Z	Q	E	H	L	Q	D	T	Z	M	E	U	S	C
G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
H	C	E	E	I	L	N	T	K	D	L	T	N	F	G	E	E	T	P
T	B	A	L	Q	N	J	G	Z	W	U	I	X	L	K	H	S	L	E
G	I	S	Z	U	Y	G	G	A	P	L	Q	D	C	I	I	I	E	C
F	Y	O	N	A	Y	T	F	W	E	Z	E	I	A	L	N	S	T	I
R	K	N	Q	F	U	G	Y	E	S	I	T	K	H	Y	W	I	T	A
Y	J	O	Y	F	U	L	F	Z	J	S	I	S	S	O	Z	M	E	L
J	I	F	L	L	D	H	L	B	G	I	I	X	J	C	R	Y	R	C
K	B	F	U	Q	T	H	E	E	E	W	Y	F	J	U	C	O	I	R
T	W	D	W	Q	H	P	P	H	J	P	D	B	W	B	H	I	V	O
V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE
GIFT
GIVING
HOLIDAY

JOYFUL
LETTER
NOTE
NOVEL

SEASON
SPECIAL
STICKERS
WISHLIST