



Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in. As beneficial to the mind as it is the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

Happy Holidays from our family to yours!

Happy Birthday!

Residents

George S.	12/01
Anthony F.	12/01
Bertha P.	12/19
Harold C.	12/21
Nancy A.	12/23
Allison W.	12/30
Anthony T.	12/17
Staff	
Marie A.	12/02
Angela K.	12/05
Holly R.	12/07
April G.	12/07
Madeline H.	12/07
Taylor K.	12/10
Benadette K.	12/12
Christina P.	12/14
Diana B.	12/18
Stacy N.	12/23
Ettajoe O.	12/27



Welcome to December! It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

Please join us on Thursday, December 15 at 6 pm for our Holiday Concert with the Mike Letovsky Orchestra. Enjoy Holiday spirits and deserts.

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

Executive Director Corner

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service, Brent Hayes Executive Director

Happy Holidays from Westlake



LEGACY SPOTLIGHT

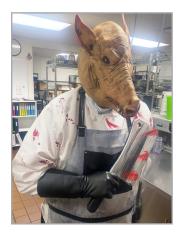


TRICK OR TREAT











The Great Gatsby Theme Week











OGO Award

Recognition is one of the tools used by Trilogy to show genuine appreciation to our employees and to acknowledge the unique abilities our team members have to offer. Recognition inspires, motivates, and breathes excitement into our team members and generates an environment of striving towards success.

Last month we recognized Richard B., who is part of our Dietary Team. Richard's manners are impeccable. His kindness and demeanor rub off on all of us not to mention how sweet he is to our residents. He is the recipient of our (OGO) Oh Great One award. When he is not working, he attends Oakland **Community College and enjoys** his hobbies of painting with acrylics and ink drawing. He loves gardening, cooking and his mom, little sister, and brother. Richard is a welcomed addition to our Westlake team.





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> Brent Hayes Executive Director Madeline Heierman Assistant Executive Director

Angela Walker Director of Health Services

Suzanne Poling Business Office Manager

Susan Voydanoff Director of Life Enrichment

Regina Hughes Legacy Neighborhood Director Christine Greger, LPN

Assisted Living Director

Bob Goralski Director of Plant Operations

Peter Johnston Director of Dining Services

Kim Penn Director of Environmental Services

> Rachel French MDS Coordinator

Marcia Leja Therapy Director

Rachel Adams Director of Social Services

Tina Bausick Community Service Rep

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *How many days of Kwanza are there?*

Question 2: What country was the original St. Nicholas from?

Question 3: *How many ghosts are in the movie A Christmas Carol?*

Question 4: How do you say "Merry Christmas" in Spanish? Question 5: What are the

names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1. Who was the first U.S. President to pardon a turkey? George H.W. Bush Q2: How many days did the first Ihanksgrving celebration last? Three days Q3: True or False. Canada also celebrates Q4: Are pumpkins wegetables or fruits? Fruits Q5: What popular Christmas song was originally written to be a Tanksgrving song? Jingle Bells



Cut, color, and make a card to give!

Word Gearch

FESTIVE

BOOK GESTURE JOYFUL SEASON

NOVEL

WISHLIST

HOLIDAY