Westlake Health Campus AL Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	Calendar activities are subject to change. Please check the Lifeshare television for the most up to date scheduled activities	All events are subject to covid restrictions	1 9:30 Catholic Communion TS K10:15 Coffee and Connect TS V11:00 Balloon Game TS K 1:00 Movie Channel 2 V 1:30 Drum Fit Exercise - TS K 2:00 Letter Game - TS O 5:30 Bus outing- Pine Knob- Christmas lights I 7:00 Netflix Holiday Movie Channel 2	K 9:15 Coffee and Connect AL K10:30 Brain Busters - AL V10:45 Chair Exercise AL K 1:00 Movie Channel 2 V 1:30 Exercise with Bruce TS V 2:00 Bowling TS M 3:00 Happy Hour TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Christmas Crafts TS
I 9:00 Catholic Mass Channel 2 K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL I 10:30 Church Service with Pastor Gary and Donna TS K 1:00 Movie Channel 2 C 2:00 Christmas Cookies AR	9:30-11 am AL M10:30 Holiday Tunes AL K 1:00 Movie Channel 2 V 2:30 Balloon Volleyball GF 3:00 Ice Cream Social TS M 3:30 Name That Tune TS	K 9:15 Coffee and Connect AL V10:00 Chair Yoga AL K10:30 Trivia Game AL CC 1:00 Therapy Dogs - Lacee & Louis visits K 1:00 Movie Channel 2 O 1:00 Bus Outing - Movies - Sign up in Activities GF 1:30 Movie "A Christmas Carol" with George C.	K 9:15 Coffee and Connect AL K 10:00 Hangman AL V 10:45 Chair Exercise Al K 1:00 Movie Channel 2 1:30 Penny Auction With Custom Home Health TS K 3:00 Movie - MACBETH - Shakespeare TS	K 9:15 Coffee and Connect AL 9:30 Catholic Communion TS 9:45 Chair Yoga AL V11:56 Hot Potato game TS K 1:00 Movie Channel 2 1:30 Christmas Crafts TS GF 5:30 Thirsty Thursdays AL Living Room 1 7:00 Netflix Holiday Movie Channel 2	Secondary Second	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Holiday Crafts TS
Channel 2 K 9:15 Coffee and Connect AL 9:30 Chair Yoga AL 10:30 Church Service	9:30-11 am AL M10:00 Holiday Music AL K 1:00 Movie Channel 2 O 1:00 Christmas Shopping at Kohls	CC 1:00 Therapy Dogs Lacee & Lewis Vists	K 9:15 Coffee and Connect AL V 9:45 Chair yoga AL GG10:15 Jeopardy AL K 1:00 Movie Channel 2 V 1:30 Exercise class with Marcia TS GG 2:00 Bingo TS	K 9:15 Coffee and Connect AL 9:30 Catholic Communion TS 9:45 Chair Yoga AL 1:00 Movie Channel 2 3:00 Charades TS 6:00 Holiday Concert - Letovsky Orchestra - Residents and Families Town Sq 7:00 Holiday Desert Bar and Cocktails	K 9:15 Coffee and Connect AL V10:15 Balloon Volleyball K10:30 Brain Busters - AL K10:45 Letter Game - AL O11:00 Bus Outing - Lunch Out K 1:00 Movie Channel 2 IG 1:30 Just the Guys - Card Games TS V 2:00 Bowling TS S 3:00 Holiday Music with Leonard Dow - TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL CC10:30 Pet Visits on Campus V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Craft Connection TS

Westlake Health Campus AL Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
 9:00 Catholic Mass Channel 2 9:15 Coffee and Connect AL 9:30 Chair Yoga AL 10:30 Church Service with Pastor Gary and Donna TS 11:00 Sunday Brunch 11-1 pm 1:00 Movie Channel 2 	K 9:15 Coffee and Connect AL GF 9:30 Manicure Monday 9:30-11 am AL V10:00 Chair Yoga AL K 1:00 Movie Channel 2 K 1:30 Christmas Trivia - AL V 2:30 Balloon Volleyball TS K 6:00 Bingo - TS	K 9:15 Coffee and Connect AL S 10:15 Lakeland High School Wind Ensemble Christmas Concert- AL Dining Area CC 1:00 Therapy Dogs Lacee & Lewis Vists K 1:00 Movie Channel 2 GF 1:30 Movie - "Irving Berlins White	K 9:15 Coffee and Connect AL K 10:00 Hangman AL K 1:00 Movie Channel 2 GC 2:00 Bingo TS S 3:00 Christmas Donkey TS S 3:00 Coco and Holiday Cookies TS	K 9:15 Coffee and Connect AL I 9:30 Catholic Communion TS V 9:45 Chair Yoga AL M10:15 Holiday Music and Trivia TS K 1:00 Movie Channel 2 A 1:30 Painting with a Twist - Artist Presentation on Norman Rockwell - Santa GF 5:30 Thirsty Thursdays	K 9:15 Coffee and Connect AL K10:30 Brain Busters - AL V10:45 Chair Exercise AL K 1:00 Movie Channel 2 JG 1:30 Just the Guys - Card Games TS V 2:00 Bowling TS M 3:00 Happy Hour TS GF 3:00 Holiday Concert with Steve Burman on piano TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Craft Connection TS
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
 9:00 Catholic Mass Channel 2 9:15 Coffee and Connect AL 9:30 Chair Yoga AL 10:30 Church Service with Pastor Gary and Donna TS 11:00 Visit from Santa in Town Square 1:00 Movie Channel 2 2:00 Movie - "It's a Wonderful Life" Jimmy Stewart - 	K 9:15 Coffee and Connect AL GF 9:30 Manicure Monday 9:30-11 am AL K 1:00 Movie Channel 2 K 1:30 Resident Council, Chefs Circle AR V 2:30 Balloon Volleyball TS GF 3:00 Ice Cream Social TS M 3:30 Name That Tune TS	 K 9:15 Coffee and Connect AL V 9:45 Chair Yoga AL CC 1:00 Therapy Dogs Lacee & Lewis Vists K 1:00 Movie Channel 2 GF 2:00 Movie - Lampoons Christmas Vacation - TS 	K 9:15 Coffee and Connect AL K 10:00 Hangman AL K 1:00 Movie Channel 2 GC 2:00 Bingo TS	K 9:15 Coffee and Connect AL I 9:30 Catholic Communion TS V 9:45 Chair Yoga TS GG10:15 Jeopardy TS K 1:00 Movie Channel 2 L 1:30 Poets Corner - Presentation on Maya Angelo - TS GF 2:30 New Years Eve Trivia and Resolutions TS GF 5:30 Thirsty Thursdays	Connect AL K10:30 Brain Busters - AL V10:45 Chair Exercise AL K 1:00 Movie Channel 2 G 1:30 Just the Guys - Card Games TS V 2:00 Bowling TS GF 3:00 Happy Hour at 3 pm TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS S 3:30 New Years Eve Celebration - Champagne Toast TS

Westlake Health Campus HealthCampus

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A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	OLL= Oxbow 200 Hall Common Area CLL= Carroll Lake 300 Hall Common Area DR=Dining Rooms	All activities are subject to change Entertainment is in Town Square as Covid restrictions allow	1 9:30 Catholic Communion TS K10:15 Coffee and Connect TS V11:00 Balloon Game TS M11:30 Mindful Moments K 1:00 Movie Channel 2 V 1:30 Drum Fit Exercise - TS K 2:00 Letter Game - TS O 5:30 Bus outing- Pine Knob- Christmas lights I 7:00 Netflix Holiday	M11:30 Mindful Moments K 1:00 Movie Channel 2	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Christmas Crafts TS
I 9:00 Catholic Mass Channel 2 K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL I 10:30 Church Service with Pastor Gary and Donna TS K 1:00 Movie Channel 2 C 2:00 Christmas Cookies AR	K 9:15 Coffee and Connect AL GF 9:30 Manicure Monday 9:30-11 am AL M10:30 Holiday Tunes AL K 1:00 Movie Channel 2 V 2:30 Balloon Volleyball GF 3:00 Ice Cream Social TS M 3:30 Name That Tune TS	K 9:15 Coffee and Connect AL V10:00 Chair Yoga AL K10:30 Trivia Game AL M11:30 Mindful Moments C 1:00 Therapy Dogs - Lacee & Louis visits K 1:00 Movie Channel 2 O 1:00 Bus Outing - Movies -Sign up in Activities GF 1:30 Movie "A Christmas Carol"	K 9:15 Coffee and Connect AL K10:00 Hangman AL K 1:00 Movie Channel 2 1:30 Penny Auction With Custom Home Health TS K 3:00 Movie - MACBETH - Shakespeare TS	K 9:15 Coffee and Connect AL I 9:30 Catholic Communion TS V 9:45 Chair Yoga AL MM1:30 Mindful Moments V 11:56 Hot Potato game TS K 1:00 Movie Channel 2 1:30 Christmas Crafts TS GF 5:30 Thirsty Thursdays AL Living Room I 7:00 Netflix Holiday	9 K 9:15 Coffee and Connect AL V10:45 Chair Exercise AL M11:30 Mindful Moments K 1:00 Movie Channel 2 IG 1:30 Just the Guys - Card Games TS V 2:00 Bowling TS M 3:00 Happy Hour - Holiday Music with Double Play Flute and Tuba-TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS A 3:00 Holiday Crafts TS
I 9:00 Catholic Mass Channel 2 K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL I 10:30 Church Service with Pastor Gary and Donna TS K 1:00 Movie Channel 2	K 9:15 Coffee and Connect AL F 9:30 Manicure Monday 9:30-11 am AL M10:00 Holiday Music AL K 1:00 Movie Channel 2 1:00 Christmas Shopping at Kohls 2:30 Balloon Volleyball F 3:00 Ice Cream Social TS M 3:30 Name That Tune TS K 6:00 Bingo - TS	K 9:15 Coffee and Connect AL V 9:45 Chair Yoga AL GF10:15 Trivia Game - AL MN11:30 Mindful Moments CC 1:00 Therapy Dogs Lacee & Lewis Vists K 1:00 Movie Channel 2 GF 1:30 Miracle on 34th Street - Movie in Town Sq & Popcorn	K 9:15 Coffee and Connect AL V 9:45 Chair yoga AL GG10:15 Jeopardy AL K 1:00 Movie Channel 2 V 1:30 Exercise class with Marcia TS GG 2:00 Bingo TS	I5 K 9:15 Coffee and Connect AL I 9:30 Catholic Communion TS V 9:45 Chair Yoga AL	Connect AL V10:15 Balloon Volleyball K10:45 Letter Game - AL O11:00 Bus Outing - Lunch Out M11:30 Mindful Moments	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL CC10:30 Pet Visits on Campus V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS

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18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
I 9:00 Catholic Mass Channel 2 K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL I 10:30 Church Service with Pastor Gary and Donna TS S 11:00 Sunday Brunch 11-1 pm K 1:00 Movie Channel 2	K 9:15 Coffee and Connect AL GF 9:30 Manicure Monday 9:30-11 am AL V10:00 Chair Yoga AL K 1:00 Movie Channel 2 K 1:30 Christmas Trivia - AL V 2:30 Balloon Volleyball TS K 6:00 Bingo - TS	S 10:15 Coffee and Connect AL S 10:15 Lakeland High School Wind Ensemble Christmas Concert- AL Dining Area M11:30 Mindful Moments CC 1:00 Therapy Dogs Lacee & Lewis Vists K 1:00 Movie Channel 2 GF 1:30 Movie - "Irving	K 9:15 Coffee and Connect AL K 10:00 Hangman AL K 1:00 Movie Channel 2 GC 2:00 Bingo TS S 3:00 Christmas Donkey TS S 3:00 Coco and Holiday Cookies TS	 Second Second Sec	 Second Second Sec	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
I 9:00 Catholic Mass Channel 2 K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL I 10:30 Church Service with Pastor Gary and Donna TS S 11:00 Visit from Santa in Town Square K 1:00 Movie Channel 2 S 2:00 Movie - "It's a Wonderful Life" Jimmy Stewart -	K 9:15 Coffee and Connect AL GF 9:30 Manicure Monday 9:30-11 am AL K 1:00 Movie Channel 2 K 1:30 Resident Council, Chefs Circle AR K 1:30 Resident Council, Chefs Circle TS V 2:30 Balloon Volleyball TS GF 3:00 Ice Cream Social TS M 3:30 Name That Tune	K 9:15 Coffee and Connect AL V 9:45 Chair Yoga AL M11:30 Mindful Moments CC 1:00 Therapy Dogs Lacee & Lewis Vists K 1:00 Movie Channel 2 GF 2:00 Movie - Lampoons Christmas Vacation - TS	K 9:15 Coffee and Connect AL K 10:00 Hangman AL K 1:00 Movie Channel 2 GC 2:00 Bingo TS	Section 19:30 Coffee and Connect AL 1 9:30 Catholic Communion TS V 9:45 Chair Yoga TS GG10:15 Jeopardy TS M11:30 Mindful Moments K 1:00 Movie Channel 2 1 1:30 Poets Corner - Presentation on Maya Angelo - TS GF 2:30 New Years Eve Trivia and Resolutions TS	V10:45 Coffee and Connect AL V10:45 Chair Exercise AL M11:30 Mindful Moments I 1:00 Movie Channel 2 IG 1:30 Just the Guys - Card Games TS V 2:00 Bowling TS GF 3:00 Happy Hour at 3 pm TS	K 9:15 Coffee and Connect AL V 9:30 Chair Yoga AL V11:00 Hot Potato! K 1:00 Movie Channel 2 GG 2:00 Bingo TS

Westlake Health Campus MC Daily Rhythms

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 12/1 - George S 12/1 - Anthony F 12/2 - Marie A 12/5 - Angela K 12/7 - Madeline H 12/7 - Holly R 12/7 - April G 12/10 - Taylor K 12/12 - Benadette K 12/14 - Christina P	Birthdays 12/18 - Diana B 12/19 - Bertha P 12/21 - Harold C 12/23 - Nancy A 12/23 - Stacy N 12/27 - Ettajoe O 12/28 - Richard W 12/30 - Allison W			V 9:00 Let's Take A Trip K 9:30 Categories Game C10:45 German Chocolate Fudge 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 K 1:30 Michigan Bird Presentation with Colleen M 3:30 Music That Made Movies Famous GG 4:00 Memory Matching	V 9:00 Laughter Yoga V 9:30 Turn-Over C10:45 Cheese Bread 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Sandpaper Painting M 3:30 Happy Hour- Friday GC 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Veggie Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Art Appreciation - Starry Night 3:30 Bust a Move 4:30 Healthy Hands 6:00 Words that Begin
 9:00 Don't Worry, Be Happy 9:00 Catholic Mass Channel 2 9:30 Church Service with Pastor Gary and Donna 9:30 Life Story 10:45 Toffee Cake 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Newspaper Art Collage 	y 9:00 Move It Monday S 9:30 Football Frenzy C10:45 Tomato Spinach Quiche 11:30 Healthy Hands 12:45 Relax & Recharge S 1:00 Movie Channel 2 A 2:00 Watercolor Silhouettes M 3:30 Groovin to Songs with Numbers GC 4:00 Velcro Catch 4:30 Healthy Hands GF 6:00 Flower Arranging	9:00 Pump It Up 9:30 Message in a Bottle 10:00 Drum Fit Exercise 10:45 S'more Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Snowfall Painting 3:30 Music Trivia GG 4:00 Babbling Brook Word Game 4:30 Healthy Hands	7 V 9:00 Mindfulness Matters K 9:30 Working with Letters C10:45 Cabbage Soup 11:30 Healthy Hands CC12:30 Therapy Dogs Visit , Lacee & Louis Visits 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Snowman Painting S 3:00 Steve Burman	4:30 Healthy Hands V 9:00 Let's Take A Trip K 9:30 Categories Game C10:45 Peanut Butter Fudge 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Poetry Writing M 3:30 Music That Made Movies Famous GG 4:00 Memory Matching 4:30 Healthy Hands GF 6:00 Relaxing Puzzle Time	 GF 6:00 Time for Tea 9 V 9:00 Laughter Yoga K 9:30 Turn-Over CC10:45 Braided Nutella Loaf 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Snow Sensory Bottle M 3:30 Happy Hour-Friday M 3:45 Double Play Flute & Tuba Christmas Concert Legacy 	with Christmas 10 V 9:00 Bandana Dance K 9:30 American Landmarks CC10:45 Margherita Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Art Appreciation - American Gothic M 3:30 Bust a Move GG 4:00 Corn Hole 4:30 Healthy Hands GF 6:00 Words that Begin
11 V 9:00 Don't Worry, Be Happy I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Life Story CC 10:45 Chocolate Chip Cake 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Opposites Collage	V 9:00 Move It Monday K 9:30 Football Frenzy C10:45 Bacon Cheddar Quiche 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Collaborative Weaving M 3:30 Groovin to Songs with Numbers GC 4:00 Velcro Catch 4:30 Healthy Hands	V 9:00 Pump It Up S 9:30 Message in a Bottle C10:45 Brownie Puppy Chow 11:30 Healthy Hands C12:30 Therapy Dogs Visit, Lacee & Louis Visits 12:45 Relax & Recharge S 1:00 Movie Channel 2 A 2:00 Cloth Tie Wreath M 3:30 Music Trivia GG 4:00 Babbling Brook	V 9:00 Mindfulness Matters K 9:30 Working with Letters C10:45 Vegetable Soup 11:30 Healthy Hands O11:30 Out to Lunch Bus Outing 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Winter Scenery M 3:30 Hippy Dance GG 4:00 State Plate Game 4:30 Healthy Hands	V 9:00 Let's Take A Trip K 9:30 Categories Game C10:45 Mint Chocolate Oreo Fudge 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Deck of Wit & Wisdom M 3:30 Music That Made Movies Famous GC 4:00 Memory Matching 4:30 Healthy Hands GF 6:00 Relaxing Puzzle	V 9:00 Laughter Yoga V 9:30 Turn-Over C10:45 Stuffed Bread 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Spice Painting M 3:30 Happy Hour- Friday GG 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands GF 6:00 Time for Tea 7:00 Nighttime	V 9:00 Bandana Dance K 9:30 American Landmarks CC10:30 Pet Visits on Campus C10:45 Hawaiian Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Art Appreciation - Mona Lisa M 3:30 Bust a Move GG 4:00 Corn Hole

Westlake Health Campus MC Daily Rhythms

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
9:00 Don't Worry, Be Happy 1 9:00 Catholic Mass Channel 2 1 9:30 Church Service with Pastor Gary and Donna K 9:30 Life Story 10:45 Toasted Nuts Cake 5 11:00 Sunday Brunch 11-1 pm 11:30 Healthy Hands 12:45 Relax & Recharge	9:00 Move It Monday 9:30 Football Frenzy 10:45 Mushroom Garlic Pepper Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Tape Resist Watercolor Painting 3:30 Groovin to Songs with Numbers 4:00 Velcro Catch 4:30 Healthy Hands	9:00 Pump It Up 9:30 Message in a Bottle 10:15 Lakeland High School Wind Ensemble Christmas Concert- AL Dining Area 11:30 Healthy Hands Visit, Lacee &	V 9:00 Mindfulness Matters K 9:30 Working with Letters C10:45 Baked Potato Soup 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Rock Birds 3:00 Hot coco Bar & Holiday cookies M 3:30 Hippy Dance GF 3:30 Christmas Donkey	9:00 Let's Take A Trip 9:30 Categories Game C10:45 White Chocolate Peppermint Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Ask a Beautiful Question 3:30 Music That Made Movies Famous 4:30 Healthy Hands	9:00 Laughter Yoga 9:30 Turn-Over 10:45 Grandma's Irish Soda Bread 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 20 Nutty Christmas Gift Tag 3:30 Happy Hour- Friday 4:00 Pin the Tail on the Bessie 3 4:00 Steve Burman	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Create Your Own Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Christmas Sponge Wreath 3:30 Bust a Move 4:00 Corn Hole 4:30 Healthy Hands 6:00 Words that Begin
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30 3teve Burman	31 New Year's Eve
V 9:00 Christmas Scarf Dance I 9:00 Catholic Mass Channel 2 K 9:30 Christmas Myths, Quotes and Jokes I 9:30 Church Service with Pastor Gary and Donna C10:45 Fruitcake 11:30 Healthy Hands S 12:00 Santa Visits - noon	9:00 Move It Monday 9:30 Football Frenzy CC10:45 Ham and Cheese Quiche 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 2:00 Watercolor Bubble Art Tree M 3:30 Groovin to Songs with Numbers CG 4:00 Velcro Catch 4:30 Healthy Hands	9:00 Pump It Up 9:30 Message in a Bottle 10:45 Flutternutter Puppy Chow 11:30 Healthy Hands 12:30 Therapy Dogs Visit, Lacee & Louis Visits 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Clothespin Trivet 3:30 Music Trivia	 9:00 Mindfulness Matters 8:30 Working with Letters 10:45 Corn Chowder 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Thumbprint Dandelion 3:30 Hippy Dance 4:00 State Plate Game 4:30 Healthy Hands 	9:00 Let's Take A Trip 9:30 Categories Game 10:45 Chocolate Pecan Fudge 11:30 Healthy Hands 12:45 Relax & Recharge K 1:00 Movie Channel 2 A 2:00 Creative Storytelling - Famous Painting M 3:30 Music That Made Movies Famous GG 4:00 Memory Matching	9:00 Laughter Yoga 9:30 Turn-Over 10:45 Pretzels 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 20 Winter Sugar Painting 3:30 Happy Hour- Friday 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Pepperoni Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 1:00 Movie Channel 2 2:00 Chihuly Inspired Glass Art 2:30 New Years Eve Celebration - Champagne Toast 3:30 Bust a Move

Westlake Health Campus Villa Calendar

Decemb	er 20	22
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GF - Gathering of Friends GG - Group Games S - Signature Events	Birthdays 12/1 - George S 12/1 - Anthony F 12/2 - Mary K 12/2 - Marie A 12/5 - Angela K 12/7 - Madeline H 12/7 - Holly R 12/7 - April G 12/10 - Taylor K 12/11 - Bernie S	Birthdays 12/12 - Benadette K 12/14 - Christina P 12/18 - Diana B 12/18 - Jean F 12/19 - Bertha P 12/21 - Harold C 12/23 - Nancy A 12/23 - Stacy N 12/23 - Melody J 12/27 - Ettajoe O	Birthdays 12/28 - Richard W 12/30 - Allison W	6:00 Late Night Pinochle and Euchre	12:00 Shopping Trip GF 3:00 December Birthday Celebrations GG 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
10:30 Main Building: Church Service with Pastor Gary and Donna TS 3:00 Ladies Tea Time	Taste of Mindfulness GG 2:00 Euchre	1:00 Dominoes: Mexican Train Game 2:00 Movie Day- Matinee TBD	2:00 Pinochle 4:00 Wine Down Wednesday	9:00 Hot Breakfast \$ 12:30 Villa Monthly Forum (Residents) \$ 1:00 Villa Forum (Westlake)	12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
10:30 Main Building: Church Service with Pastor Gary and Donna TS 3:00 Ladies Tea Time	11:00 Taste of Mindfulness GG 2:00 Euchre	1:00 Dominoes: Mexican Train Game 4:15 Dinner Club-TBD	11:00 Taste of Mindfulness 2:00 Pinochle 4:00 Wind Down Wednesday	3:00 Sip-n-Sample	12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club GF 2:00 2-6 pm reserved for Lorraine & Carl Skonieczny 2:00 Poker

Westlake Health Campus Villa Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Main Building: Church Service with Pastor Gary and Donna TS 2:00 Family Gathering (Villa Resident) Phyllis Lytle	19 GG 2:00 Euchre	1:00 Dominoes: Mexican Train Game 3:00 Bingo	21 Winter Begins 2:00 Pinochle	4:00 Villa Christmas Party	12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club 1:30 Poker 4:30 Reserved for Villa Resident (Family Gathering) Sharon Hoover
10:30 Main Building: Church Service with Pastor Gary and Donna TS 3:00 Ladies Tea Time	11:00 Mindful Movement for Strength & Balance GG 2:00 Euchre	1:00 Dominoes: Mexican Train Game 3:00 Bingo 5:00 Violet Vertin's Family Gathering for Christmas	11:00 Mindful Movement for Strength & Balance 2:00 Pinochle 3:00 Soup & Sandwiches Get Together	6:00 Late Night Pinochle and Euchre	12:00 Shopping Trip GG 3:00 Happy Hour	New Year's Eve 10:00 Men's Coffee Club 2:00 Poker