



December 2022

Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in. As beneficial to the mind as it is the soul, reading is proven to help sharpen mental acuity — making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

Happy Holidays from our family to yours!

Happy Birthday!

Residents	
Diana M.	12/3
Lois W.	12/8
Gerald K.	12/14
Evelyn B.	12/17
Rachel R.	12/22
Merry B.	12/25
Danny P.	12/26
Staff	
Tammy W.	12/02
Brittany B.	12/16
Brittany M.	12/16
Kelly B.	12/26
Tammie S.	12/30

Artisan Program

We tested our artisan skills with some snicker cigars in preparation for our Gatsby Gala!





Executive Director Corner

Welcome to December! It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations

towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service.

Rayne Wise

Executive Director

Servant Leader Spotlight CRCA Hilary

and her family serving up a spooky trunk at this year's Trunk or Treats.



THEME DINNER



Nancy's smile of approval for our Gatsby Gala's "Bee's Knees" martini!

Resident of the Month

Celebrating our resident of the month with a woman as loving, determined and selfless as Teresa!





Our Great Gatsby Gala took our residents back into the 1920's. Nothing but smiles and memories made from our flapper dancers to the champagne!



A Trilogy Senior Living Community

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Rayne Wise Executive Director

Ashely Hearld Director of Health Service

Tracy Potts Director of Assisted Living

> Amy Rochefort MDS

Mendard Mchopa AP/Payroll Coordinator

Catlin Cook Business Office Manager

Marie Bastine Community Service Representativ

> Derek Ressler Director of Social Services

Terrence Harris Director of Plant Operations

Jennifer VanKirk Director of Environmental Service

Bronnie Tafunai Director of Life Enrichment

Dominique Jackson Legacy Lane Coordinator

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: How many days of Kwanza are there?

Question 2: What country was the original St. Nicholas from?

Question 3: How many ghosts are in the movie A Christmas Carol?

Question 4: How do you say "Merry Christmas" in Spanish?

Question 5: What are the names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1: Who was the first U.S. President to pardon to turkey? George H.W. Bush
Q2: How many days did the first
Danksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins veggetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Cut, color, and make a card to give!

Word Gearch

Y Н C Ν C D P Ι Ι X М Α V K J J D J J S F Q R X J U R E В G Ι Т Н W В Q F R Ζ J E М Α D Q J K 0 Ν Q В C F S E T Е F X 0 Ι Н Ν Y G D Y Z Q J X C P C K Ρ В Т 0 S Е D Т В Н G R U Ν O 0 Ι Υ Α Н D F X L S U C Ζ G В Ν Μ Т Q K 0 Ι Q Т Ν X W Ν Ι Ζ Ε Q Z E S C R М O 0 Q Н D Т М U Ρ S В G R U S G V K T 0 0 Α Ι D J C Е Е Т K Т F G E Е Т P Н Ν D Ν Т В Α J G Z W U Ι X L Н S L E S Z G C G Ι Y G Α P O D C Ι Ι E Ι F Y O Ν Т F W Е Z Е Ι Α L N S Т Ι F S Ι Q G Υ Е Ι Т K Н Y W Т Α R K Ν Z S J O J Ι S S 0 Z М Е G C R C J Ι D В Ι Ι X J Y R L В E Е W Y 1 U C O Ι R Т Ρ В Ι Т W D W Q Н P Р Н J D В W Н V O R G H Е G K Μ X В X X V

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE GIFT GIVING HOLIDAY JOYFUL LETTER NOTE

NOVEL

SEASON SPECIAL STICKERS WISHLIST