Wellbrooke of South Bend **Assisted Living**

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning MM - Mindful Moments M - Music to My Ears 	 Out & About Signature Events V - Vitality 	1st Floor: B-Bistro F-Fireplace HC-Health Center PR-Poker Room 2nd Floor: AR-Activities Room IP-Irish Pub L-Library MT-Movie Theater SD-Shamrock Dining		 9:30 Pass the Present (MT) 10:15 Bingo (AR) 11:00 A Taste of Christmas (DR) 2:00 Cooking In a Dash! (SD) 2:30 Resident Council/Inspired Living Meeting (L) 3:00 Christmas Cart 5:00 Deck the Halls Family Night! 	 9:30 Shake it Loose (MT) 10:15 Hangman (L) 11:00 A Taste of Christmas (DR) 1:30 Decor Committee (F) 3:00 A Gingerbread Happy Hour (F) 	GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 1:30 Finish the Carol (L) GG 2:15 Holiday Pictionary (L) 3:00 Movie on Channel 2
4 1 9:45 Catholic Sunday Mass (MT) 1 0:30 How it's Made (MT) G 1:15 Christmas Pen-Pal (AR) K 2:15 Words in Words (AR)	 9:30 Winter Warm-Up (AR) 10:15 Boggle (AR) 11:00 Holiday Cheers (DR) 1:30 True Story (L) 3:00 Bingo (B) 	 6 ♥ 9:30 Balloon Drop (L) K 10:15 Rhyme It! (L) ● 11:00 Lunch&Munch: Five Guys GF 2:30 Chef & Popcorn Social (B) ▲ 3:00 Christmas Totes (AR) M 5:45 Music and Manicures (B) 	 7 9:00 Communion with John (In-Room) 9:30 Ornament Toss (L) K 10:15 Spelling Bee (L) K 2:30 Christmas Shoes (MT) O 2:30 Target Trip 	8 9:30 Pass the Present (MT) GG 10:15 Bingo (AR) C 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart G 5:45 Men's Club (PR)	 9 9:30 Shake it Loose (MT) K 10:15 Hangman (L) M 11:00 A Taste of Christmas (DR) A 1:30 Decor Committee (F) M 3:00 Red & Green Happy Hour (F) 	10 GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 1:30 Finish the Carol (L) GG 2:15 Wrap the Present (L) 3:00 Movie on Channel 2
 9:45 Catholic Sunday Mass (MT) 10:30 How it's Made (MT) 1:15 Christmas Pen-Pal (AR) 2:15 Words in Words (AR) 	12 V 9:30 Winter Warm-Up (AR) K 10:15 Boggle (AR) GF 11:00 Holiday Cheers (DR) I 1:30 True Story (L) GG 3:00 Bingo (B)	 9:30 Balloon Drop (L) 10:15 Rhyme It! (L) 11:00 Lunch&Munch: T. Allens 2:30 Chef & Popcorn Social (B) 3:00 Gnome & Canvas (AR) 5:45 Music and Manicures (B) 	 14 I 9:00 Communion with John (In-Room) ♥ 9:30 Ornament Toss (L) K 10:15 Spelling Bee (L) O 2:45 House Hunting 	 9:30 Pass the Present (MT) 10:15 Bingo (AR) 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart 5:45 Men's Club (PR) 	 9:30 Shake it Loose (MT) 10:15 Hangman (L) 1:30 Decor Committee (F) 3:00 Ugly Sweater Happy Hour (F) 	17 GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 1:30 Finish the Carol (L) GG 2:15 Reindeer Hunting (L) 3:00 Movie on Channel 2



Wellbrooke of South Bend Assisted Living

Thursday Sunday Monday Tuesday Wednesday 20 21 Winter Begins 22 18 Hanukkah Begins 19 23 9:30 Balloon Drop (L) 9:45 Catholic Sunday Mass 9:30 Winter Warm-Up (AR) 9:00 Communion with John **9:30** Pass the Present (MT) V 9:3 **K** 10:15 Boggle (AR) K 10:15 Rhyme It! (L) GG 10:15 Bingo (AR) K 10:1 (In-Room) (MT) A 1:30 M 3:0(GF 11:00 Holiday Cheers (DR) **O** 11:00 UP Mall Trip V 9:30 Ornament Toss (L) 2:00 Cooking In a Dash! (SD) L 10:30 How it's Made (MT) K 10:15 Spelling Bee (L) **I** 1:30 True Story (L) 2:30 Chef & Popcorn Social GF 11:00 BRUNCH! GF K 3:00 Christmas Cart **GG 3:00** Bingo (B) M 10:45 Music and Manicures JG 5:30 Men's Club: Light Tour 1:15 Christmas Pen-Pal (AR) (B) A 2:15 Words in Words (AR) **3:00** Sock Snowman (AR) (PR) (B) **5:30** Christmas Tour 27 25 Christmas Day 26 Kwanzaa Begins 28 29 V V 9:30 Winter Warm-Up (AR) V **9:45** Catholic Sunday Mass 9:30 Balloon Drop (L) 9:00 Communion with John **9:30** Pass the Present (MT) V 9:3 **K** 10:15 Rhyme It! (L) K 10:1 **K** 10:15 Boggle (AR) GG 10:15 Bingo (AR) (MT) (In-Room) GF 11:00 Holiday Cheers (DR) 0 11:00 Lunch&Munch: 9:30 Ornament Toss (L) 2:00 Cooking In a Dash! (SD) L 10:30 How it's Made (MT) V 1:3 A K M 3:0 **I** 1:30 True Story (L) 10:15 Spelling Bee (L) 3:00 Holiday Cart 1:15 Christmas Social (AR) Applebee's 2:15 Christmas Traditions GG 3:00 Bingo (B) 2:30 Chef & Popcorn Social **0** 2:45 House Hunting **IG** 5:45 Men's Club (PR) K GF (AR) (B) 3:00 Cocoa & Canvas (AR) Μ 5:45 Music and Manicures (B)



Friday

Saturday

	24		Christmas Eve
 Shake it Loose (MT) Hangman (L) Decor Committee (F) A Christmas Happy Hour (F) 	GF CM GG	10:15 1:30 2:15	Coffee & Donuts (B) Christmas Cards (AR) Finish the Carol (L) Guess the Milk (L) Movie on Channel 2
	31		New Year's Eve
 Shake it Loose (MT) Hangman (L) Decor Committee (F) Winter Wonderland Happy Hour (F) 	GF CC GG	10:15 1:30 2:15	Coffee & Donuts (B) New Years Cards (AR) Then & Now (L) New Years Party! (L) Movie on Channel 2

Wellbrooke of South Bend - HC Health Center

Tuesday Monday Wednesday Thursday Sunday

 A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears 	O - Out & About S - Signature Events V - Vitality			 9:30 Pass the Present (MT) 10:15 Bingo (AR) 11:00 A Taste of Christmas (DR) 1:00 Resident Council/Inspired Living Meeting (PR) 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart 3:45 Season Smells (PR) 5:00 Deck the Halls Family Night! 	 9:30 Shake it Loose (MT) 10:15 Hangman (L) 11:00 A Taste of Christmas (DR) 1:30 Decor Committee (F) 3:00 A Gingerbread Happy Hour (F) 4:15 Aromatherapy (DR) 	GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 11:00 Aromatherapy (L) M 1:30 Finish the Carol (L) GC 2:15 Holiday Pictionary (L) 3:00 Movie on Channel 2
 9:45 Catholic Sunday Mass (MT) 10:30 How it's Made (MT) 11:00 Healthy Hands (B) 1:15 Christmas Pen-Pal (AR) 2:15 Words in Words (AR) 	 9:30 Winter Warm-Up (AR) 10:15 Boggle (AR) 11:00 Holiday Cheers (DR) 1:30 True Story (L) 3:00 Bingo (B) 4:00 Remember When (F) 	GF 2:30 Chef & Popcorn Social (B)	 9:30 Ornament Toss (L) 10:15 Spelling Bee (L) 1:30 What's in the Bag? (F) 	 9:30 Pass the Present (MT) 10:15 Bingo (AR) 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart 3:45 Season Smells (PR) 5:45 Men's Club (PR) 	 9 9:30 Shake it Loose (MT) K 10:15 Hangman (L) M 11:00 A Taste of Christmas (DR) A 1:30 Decor Committee (F) M 3:00 Red & Green Happy Hour (F) M 4:15 Aromatherapy (DR) 	10 GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 11:00 Aromatherapy (L) M 1:30 Finish the Carol (L) GG 2:15 Wrap the Present (L) 3:00 Movie on Channel 2
 9:45 Catholic Sunday Mass (MT) 10:30 How it's Made (MT) 11:00 Healthy Hands (B) 1:15 Christmas Pen-Pal (AR) 2:15 Words in Words (AR) 	12 9:30 Winter Warm-Up (AR) K 10:15 Boggle (AR) GF 11:00 Holiday Cheers (DR) 1 1:30 True Story (L) GG 3:00 Bingo (B) M 4:00 Remember When (F)	 9:30 Balloon Drop (L) 10:15 Rhyme It! (L) 11:00 Lunch&Munch: T. Allens 2:30 Chef & Popcorn Social (B) 3:00 Gnome & Canvas (AR) 4:00 Aromatherapy (DR) 5:45 Music and Manicures (B) 	 14 9:00 Communion with John (In-Room) 9:30 Ornament Toss (L) 10:15 Spelling Bee (L) 1:30 What's in the Bag? (F) 2:45 House Hunting 1:15 Aromatherapy 	 9:30 Pass the Present (MT) 10:15 Bingo (AR) 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart 3:45 Season Smells (PR) 5:45 Men's Club (PR) 	 9:30 Shake it Loose (MT) 10:15 Hangman (L) 11:00 A Taste of Christmas (DR) 1:30 Decor Committee (F) 3:00 Ugly Sweater Happy Hour (F) 4:15 Aromatherapy (DR) 	17 GF 9:30 Coffee & Donuts (B) CC 10:15 Christmas Cards (AR) M 11:00 Aromatherapy (L) M 1:30 Finish the Carol (L) GG 2:15 Reindeer Hunting (L) 3:00 Movie on Channel 2



Friday

Saturday

Wellbrooke of South Bend - HC Health Center

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Hanukkah Begins 9:45 Catholic Sunday Mass (MT) 10:30 How it's Made (MT) 11:00 Healthy Hands (B) 11:00 BRUNCH! 1:15 Christmas Pen-Pal (AR) 2:15 Words in Words (AR) 	 19 9:30 Winter Warm-Up (AR) 10:15 Boggle (AR) F 11:00 Holiday Cheers (DR) 1:30 True Story (L) GG 3:00 Bingo (B) MN 4:00 Remember When (F) 	 20 9:30 Balloon Drop (L) 10:15 Rhyme It! (L) 11:00 UP Mall Trip 2:30 Chef & Popcorn Social (B) 3:00 Sock Snowman (AR) 4:00 Aromatherapy (DR) 	 21 Winter Begins 1 9:00 Communion with John (In-Room) V 9:30 Ornament Toss (L) K 10:15 Spelling Bee (L) M 10:45 Music and Manicures (B) M 1:30 What's in the Bag? (F) M 4:15 Aromatherapy O 5:30 Christmas Tour 	 9:30 Pass the Present (MT) 10:15 Bingo (AR) 2:00 Cooking In a Dash! (SD) 3:00 Christmas Cart 3:45 Season Smells (PR) 5:30 Men's Club: Light Tour (PR) 	 23 9:30 Shake it Loose (MT) K 10:15 Hangman (L) M 11:00 A Taste of Christmas (DR) A 1:30 Decor Committee (F) M 3:00 A Christmas Happy Hour (F) M 4:15 Aromatherapy (DR) 	24Christmas EveGF9:30Coffee & Donuts (B)CC10:15Christmas Cards (AR)M111:00Aromatherapy (L)M1:30Finish the Carol (L)GG2:15Guess the Milk (L)3:00Movie on Channel 2
25Christmas DayI9:45Catholic Sunday Mass (MT)I10:30How it's Made (MT)M111:00Healthy Hands (B)GF1:15Christmas Social (AR)K2:15Christmas T raditions (AR)	26Kwanzaa BeginsV9:30Winter Warm-Up (AR)K10:15Boggle (AR)GF11:00Holiday Cheers (DR)I1:30True Story (L)GG3:00Bingo (B)MI4:00Remember When (F)	 27 9:30 Balloon Drop (L) 10:15 Rhyme It! (L) 11:00 Lunch&Munch: Applebee's GF 2:30 Chef & Popcorn Social (B) 3:00 Cocoa & Canvas (AR) 4:00 Aromatherapy (DR) 5:45 Music and Manicures (B) 	 28 1 9:00 Communion with John (In-Room) V 9:30 Ornament Toss (L) K 10:15 Spelling Bee (L) M 1:30 What's in the Bag? (F) O 2:45 House Hunting M 4:15 Aromatherapy 	29 9:30 Pass the Present (MT) GG 10:15 Bingo (AR) CC 2:00 Cooking In a Dash! (SD) K 3:00 Holiday Cart M 3:45 Season Smells (PR) G 5:45 Men's Club (PR)	 30 ♥ 9:30 Shake it Loose (MT) K 10:15 Hangman (L) M 11:00 A Taste of Christmas (DR) A 1:30 Decor Committee (F) M 3:00 Winter Wonderland Happy Hour (F) M 4:15 Aromatherapy (DR) 	31New Year's EveGF9:30Coffee & Donuts (B)CC10:15New Years Cards (AR)M11:00Aromatherapy (L)M1:30Then & Now (L)GG2:15New Years Party! (L)3:00Movie on Channel 2



Wellbrooke of South Bend Legacy Lane

Thursday Sunday Monday Tuesday Wednesday 2 V Lau K Tur / Let's Take A Trip Categories Game 🖸 Che German Chocolate Fudge Hea Healthy Hands Rel Relax & Recharge Sar Have a Gentle Hap Pin Conversation GG Music That Made Movies Bes Famous Hea **GG** Memory Matching <mark>GF</mark> Tim Healthy Hands Nig **F** Relaxing Puzzle Time Nighttime Traditions 5 6 8 9 V Pump It Up K Message in a Bottle Move It Monday V Laug K Tur Don't Worry, Be Happy Communion with John Let's Take A Trip **K** Life Story Categories Game (In-Room) C Toffee Cake Tomato Spinach Quiche CC S'more Puppy Chow Mindfulness Matters Peanut Butter Fudge C Bra Healthy Hands Healthy Hands Healthy Hands Working with Letters Healthy Hands Hea Relax & Recharge Relax & Recharge Relax & Recharge Relax & Recharge Cabbage Soup Rel A Poetry Writing M Music That Made Movies Newspaper Art Collage Watercolor Silhouettes Snowfall Painting Healthy Hands Sno Who Sang it Best Music Trivia G Babbling Brook Word Relax & Recharge Groovin to Songs with M Hap GG Color Wheel Trivia GG Pin Snowman Painting Numbers Famous GG Memory Matching Healthy Hands GG Velcro Catch M Hippy Dance Bes Game Charades GG State Plate Game Healthy Hands Healthy Hands Healthy Hands Hea Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions **GF** Flower Arranging GF Hangman <mark>GF</mark> Tim Nighttime Traditions Nighttime Traditions GF LifeShare Games Nighttime Traditions Nig Nighttime Traditions 13 16 12 14 15 V Pump It Up V Lau K Tur Don't Worry, Be Happy Move It Monday Communion with John Let's Take A Trip K Football Frenzy K Message in a Bottle **K** Life Story (In-Room) Categories Game Bacon Cheddar Quiche C Brownie Puppy Chow 🕻 Mint Chocolate Oreo Chocolate Chip Cake Mindfulness Matters C Stu Healthy Hands Healthy Hands Healthy Hands K Working with Letters Fudge Hea Relax & Recharge Relax & Recharge Relax & Recharge Vegetable Soup Healthy Hands Rel Opposites Collage Collaborative Weaving Cloth Tie Wreath Healthy Hands Relax & Recharge Spi A M Hap Who Sang it Best M Groovin to Songs with Music Trivia Relax & Recharge Deck of Wit & Wisdom Winter Scenery Color Wheel Trivia Numbers GG Babbling Brook Word Music That Made Movies GG Pin GG Velcro Catch Hippy Dance Healthy Hands Famous Bes Game Healthy Hands Healthy Hands GG State Plate Game **GG** Memory Matching Charades Hea Healthy Hands Healthy Hands Nighttime Traditions **GF** Flower Arranging GF Hangman <mark>GF</mark> Tim GF LifeShare Games Nighttime Traditions Nighttime Traditions GF Relaxing Puzzle Time Nig Nighttime Traditions Nighttime Traditions



Friday

Saturday

ughter Yoga rn-Over eese Bread althy Hands lax & Recharge ndpaper Painting ppy Hour-Friday n the Tail on the ssie althy Hands ne for Tea ghttime Traditions	K CC A GG	Bandana Dance American Landmarks Veggie Mini Pizzas Healthy Hands Relax & Recharge Art Appreciation - Starry Night Bust a Move Corn Hole Healthy Hands Words that Begin with Christmas Time Nighttime Traditions
ughter Yoga rn-Over aided Nutella Loaf althy Hands lax & Recharge ow Sensory Bottle ppy Hour-Friday n the Tail on the ssie althy Hands ne for Tea ghttime Traditions	K CC A GG	Bandana Dance American Landmarks Margherita Mini Pizzas Healthy Hands Relax & Recharge Art Appreciation - American Gothic Bust a Move Corn Hole Healthy Hands Words that Begin with Christmas Time Nighttime Traditions
ughter Yoga rn-Over uffed Bread althy Hands lax & Recharge ice Painting ppy Hour-Friday h the Tail on the ssie althy Hands ne for Tea ghttime Traditions	K CC A GG	Bandana Dance American Landmarks Hawaiian Mini Pizzas Healthy Hands Relax & Recharge Art Appreciation - Mona Lisa Bust a Move Corn Hole Healthy Hands Words that Begin with Christmas Time Nighttime Traditions

Wellbrooke of South Bend Legacy Lane

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
 Don't Worry, Be Happy Life Story Toasted Nuts Cake Healthy Hands Relax & Recharge Picture Prompts Who Sang it Best Color Wheel Trivia Healthy Hands GF Charades Nighttime Traditions 	 Move It Monday Football Frenzy Mushroom Garlic Pepper Quiche Healthy Hands Relax & Recharge Tape Resist Watercolor Painting Groovin to Songs with Numbers Velcro Catch Healthy Hands Flower Arranging Nighttime Traditions 	 Pump It Up Message in a Bottle Funfetti Puppy Chow Healthy Hands Relax & Recharge Tie Wreath Music Trivia Babbling Brook Word Game Healthy Hands Hangman Nighttime Traditions 	 Communion with John (In-Room) Mindfulness Matters Working with Letters Baked Potato Soup Healthy Hands Relax & Recharge Rock Birds Hippy Dance State Plate Game Healthy Hands GF LifeShare Games Nighttime Traditions 	 Let's Take A Trip Categories Game White Chocolate Peppermint Fudge Healthy Hands Relax & Recharge Ask a Beautiful Question Music That Made Movies Famous Memory Matching Healthy Hands Relaxing Puzzle Time Nighttime Traditions 		 Bandana Dance American Landmarks Create Your Own Mini Pizzas Healthy Hands Relax & Recharge Christmas Sponge Wreath Bust a Move Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions
 25 Christmas Day Christmas Scarf Dance Christmas Myths, Quote and Jokes Fruitcake Healthy Hands Relax & Recharge A Christmas Tree Painting M Who Sang it Best G Color Wheel Trivia Healthy Hands GF Charades Nighttime Traditions 	 General Cheese Quiche Healthy Hands Relax & Recharge Watercolor Bubble Art Tree Groovin to Songs with 	 27 Pump It Up Message in a Bottle Flutternutter Puppy Chow Healthy Hands Relax & Recharge Clothespin Trivet Music Trivia Babbling Brook Word Game Healthy Hands GF Hangman Nighttime Traditions 	 28 I Communion with John (In-Room) Mindfulness Matters Working with Letters Corn Chowder Healthy Hands Relax & Recharge Thumbprint Dandelion Hippy Dance G State Plate Game Healthy Hands GF LifeShare Games Nighttime Traditions 	 29 V Let's Take A Trip C Categories Game C Chocolate Pecan Fudge Healthy Hands Relax & Recharge A Creative Storytelling - Famous Painting M Music That Made Movies Famous G Memory Matching Healthy Hands G Relaxing Puzzle Time Nighttime Traditions 	 30 Laughter Yoga Turn-Over Pretzels Healthy Hands Relax & Recharge Winter Sugar Painting Happy Hour-Friday Pin the Tail on the Bessie Healthy Hands Time for Tea Nighttime Traditions 	 31 New Year's Eve Bandana Dance American Landmarks Pepperoni Mini Pizzas Healthy Hands Relax & Recharge Chihuly Inspired Glass Art Bust a Move Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions

