## DECEMBER



## **LUNCH MENU**

			AT RED OAK			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Light Up	Your Wor	PASSPORT  Jaybird Senior  Living	Passport to Exceptional Care, Extraordinary Living,	Ham Salad on Croissant or Baked Meatloaf Mashed Potatoes w/ Gravy Buttered Carrots, Waxed Beans, Roll	Grilled Cheese Sandwich or Crunchy Fried Fish Red Skinned Potatoes Creamy Coleslaw, Bread Orange Cake	Tater Tot Casserole or Chicken Patty Sandwich Mixed Greens, Pasta Salad Baked Beans, Squash Medley, Assorted Fruit Cup
Beef Chopped Steak or Stuffed Pepper Casserole Scalloped Potatoes Tossed Salad, Buttered Peas Roll	Fish Nuggets or Opened Faced Turkey Sandwich Mashed Potatoes w/ Gravy Savory Noodles Capri Vegetables	Baked Pork Chop or Philly Steak on a Bun Peppers & Onions Potato Chips Brussel Sprouts	Beef Steak w/ Gravy or Beef Tips Steamed Rice Garlic Mashed Potatoes Seasoned Spinach	Salmon Patty or Chicken Breast Au Gratin Potatoes, Green Peas Roll	Vegetable Quiche or Lemon Pepper Fish Fried Rice Prince Edward Vegetables Tossed Salad, Roll	Roasted Turkey or Chopped Beef Sandwich Roasted Potatoes Seasoned Green Beans Roll
Herb Pork Loin or Meatballs w/ Mushroom Gravy Buttered Noodles Seasoned Broccoli Buttered Carrots, Roll	Bologna Fried Sandwich 12 Sun Chips or Pot Roast w/ Gravy Parsley Egg Noodles Winter Squash, Three Bean Salad	Lemon Pepper Chicken or Homestyle Meatloaf Fluffy Steamed Rice Oven Browned Potatoes Peas & Carrots	Baked Ravioli or BBQ Chicken Tater Tots Tossed Salad w/ Dressing Coleslaw	Baked Ham or Salisbury Steak Sweet Potatoes Buttered Noodles Seasoned Greens	Battered Fish or Turkey Macaroni & Cheese Cornbread Dressing Coleslaw, Hushpuppies	Oven Fried Chicken  Mashed Potatoes w/ Gravy  or  Reuben Sandwich  Potato Wedges  Seasoned Zucchini
Macaroni Ham & Cheese 18  Casserole  Or  Roast Beef  Baked Potato  Broccoli & Cheese  Stewed Tomatoes	Turkey Tetrazzini or Mushroom & Swiss Hamburger Potato Wedges Buttered Peas Roll Pineapple Upside Down Cake	Beef Chopped Steak w/ Mushrooms Mashed Potatoes w/ Gravy Buttered Carrots or Grilled Ham & Cheese Sandwich Chicken Noodle Soup	BBQ Chicken or Oven Fried Fish Macaroni & Cheese Baked Beans Broccoli Spears Peanut Butter Bar	Baked Ziti or Turkey Open Faced Sandwich Sweet Potato Cubes Diced Beets Garlic Bread Fruit Salad	Crumb Topped Fish or  Monterey Chicken Sandwich Rice Pilaf Mixed Greens Buttered Corn, Cornbread Fresh Fruit	Pork Pot Roast or Tater Tot Casserole Carrots / Potatoes Brussel Sprouts Biscuit Angel Food Cake
Beef Stew or Salisbury Steak Buttered Noodles Candied Carrots, Mixed Greens Dinner Roll, Apple Pie	Beef Stroganoff Buttered Noodles Green Peas or Chicken Salad Sandwich Cream of Mushroom Soup California Vegetable Blend	Glazed Ham  or  Crumb Topped Fish Scalloped Potatoes Brown Rice Harvard Beets, Buttered Corn Banana Split Dessert	Chicken and Dumplings Or Turkey Cutlet w/ Gravy Green Beans Tossed Salad w/ Dressing Biscuit Chilled Fruit Cup	Ham Salad on Croissant <b>29</b> or Baked Meatloaf Mashed Potatoes w/ Gravy Buttered Carrots, Waxed Beans, Roll	Grilled Cheese Sandwich 30  or  Crunchy Fried Fish  Red Skinned Potatoes  Creamy Coleslaw, Bread  Orange Cake	Tater Tot Casserole or Chicken Patty Sandwich Mixed Greens, Pasta Salad Baked Beans, Squash Medley, Assorted Fruit Cup

## DECEMBER



## **SUPPER MENU**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Light Up	Your Wor	PASSPORT Jaybird Senior Living	Passport to Exceptional Care, Extraordinary Living,	Spaghetti w/ Sauce or Deli Sandwich Potato Salad Vegetable Soup Cake w/ Icing	Pork Cutlet or Sliced Turkey w/ Gravy Bread Dressing Seasoned Green Peas Dinner Roll	Macaroni & Cheese or Meatball Hoagie Cream of Broccoli Soup Tossed Salad Key Largo Vegetables
Cabbage Rolls or Turkey Sandwich Mashed Potatoes Buttered Carrots Roll	Patty Melt or Pork Cutlet Broccoli & Cheese Soup Garden Rice Side Salad	Chicken Pot Pie or Hot Dog on a Bun Baked Beans, Cottage Cheese Tossed Salad w/ Dressing Cheese Cake w/ Topping	Chef Salad or Tuna Noodle Casserole Mixed Vegetables Vanilla Pudding	Ham Loaf or Swedish Meatballs Buttered Noodles California Vegetable Blend Fruit Cobbler	Beef Cube Steak or Cheese Lasagna Seasoned Broccoli, Sweet Potato Breadsticks Jell-O Poke Cake	Hamburger on a Bun 10  Tater Tots  or  Pizza  Italian Green Beans  Soup of the Day
Tuna Salad Sandwich or Country Fried Steak w/ Gravy Mashed Potatoes Mixed Vegetables Soup of the Day	Grilled Cheese Sandwich 12  Tomato Soup  or  Egg Salad Sandwich  Macaroni Salad  Potato Chips	Hamburger on a Bun or Fish Nuggets Baked Beans Savory Noodles Creamy Coleslaw	Deli Sandwich or Grilled Turkey Melt Chicken Noodle Soup Mustard Potato Salad Cottage Cheese	Beef Noodle Casserole or Chicken Patty Sandwich French Fries Tossed Salad w/ Dressing Seasoned Beets	Spaghetti w/ Meat Sauce <b>16</b> or Hot Dog on a Bun Onion Rings Italian Green Beans Garlic Bread	Grilled Cheese Sandwich  Tomato Soup  or  Egg Salad Sandwich  Macaroni Salad  Potato Chips
Chicken Tenders or Submarine Sandwich Potato Chips Soup of the Day Cucumber Tomato Salad Peaches	Ham Loaf or Chef Salad Hashbrown Casserole Key Largo Blend Creamy Cucumbers Cake w/ Icing	Polish Sausage Sauerkraut or Baked Fish Buttered Noodles Buttered Corn Assorted Fruit Cup	Manicotti w/ Sauce or Grilled Cheese Sandwich Tomato Soup Tossed Salad Italian Green Beans Cream Pie	Pork Chop Bake or Tuna Macaroni Plate Creamed Corn Soup of the Day Squash Medley, Roll Sherbet	Stuffed Peppers or Cheeseburger French Fries, Pasta Salad Creamy Coleslaw Fruit Cocktail	Chili w/ Crackers or Beef Steak w/ Mushrooms Steamed Rice Baked Potato Tossed Salad w/ Dressing, Dessert
Egg Salad Sandwich 25  or  Crab Salad  Pasta Salad  Soup of the Day  Potato Chips  Fruit Salad	Chicken Fried Steak or Beef Steak w/ Mushrooms Mashed Potatoes w/ Gravy Fried Rice, Green Peas Brussels Sprouts Biscuit	Bratwurst on Bun Potato Chips or Cool Tuna Salad on Lettuce Macaroni Salad Cottage Cheese w/ Fruit Soup of the Day	Pasta w/ Meat Sauce or Reuben Sandwich French Fries Italian Green Beans Garlic Bread Pudding	Spaghetti w/ Sauce or Deli Sandwich Potato Salad Vegetable Soup Cake w/ Icing	Pork Cutlet or Sliced Turkey w/ Gravy Bread Dressing Seasoned Green Peas Dinner Roll Ice Cream	Macaroni & Cheese or Or Meatball Hoagie Cream of Broccoli Soup Tossed Salad Key Largo Vegetables