

# DECEMBER

*Light Up  
Your World*



## Memory Care ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Welcome to December 5:30 I Love Lucy 7:00 Daily Reminisce	2 6:00 SHOW OFF HOLIDAY COLORS 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 A Christmas Carol 3:30 Bingo 5:30 Game Night	3 7:45 Breakfast Chronicle 10:30 Walk About 10:45 Laugh N Lunch 2:30 Social Saturday 3:30 Lucky Dice 5:30 Christmas Puzzles 7:00 Daily Reminisce
4 7:45 Breakfast Chronicle 10:15 Church Services 10:30 Walk About 10:45 Laugh N Lunch 2:30 Cookie Day 5:30 Christmas Movie 7:00 Daily Reminisce	5 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Christmas Craft 5:30 Andy Griffith 7:00 Daily Reminisce	6 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 BIRTHDAY PARTY 3:30 Lucky Dice 5:30 I Love Lucy 7:00 Daily Reminisce	7 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Tenant Meeting 5:30 Andy Griffith 7:00 Daily Reminisce	8 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:30 Candy Man Day 5:30 Christmas Music 7:00 Daily Reminisce	9 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Jack Yates Music 3:30 Bingo 5:30 Christmas Card Day 7:00 Daily Reminisce	10 7:45 Breakfast Chronicle 10:30 Walk About 10:45 Laugh N Lunch 3:30 Lucky Dice 5:30 Lawrence Welk 7:00 Daily Reminisce
11 7:45 Breakfast Chronicle 10:15 Church Services 10:30 Walk About 10:45 Laugh N Lunch 2:00 Let It Snow Day 5:30 Rudolph the Red-Nose Reindeer 7:00 Daily Reminisce	12 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Dozen Day 2:30 Cookies & Milk 5:30 Puzzle Pieces 7:00 Daily Reminisce	13 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Ladies' Trio 5:30 Funniest Home Videos 7:00 Daily Reminisce	14 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Winter Wonderland 2:30 Chocolate Milk 5:30 Kings on the Corner 7:00 Daily Reminisce	15 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:30 Gingerbread People 5:30 I Love Lucy 7:00 Daily Reminisce	16 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Christmas Crafts 3:30 Bingo 5:30 Dominoes 7:00 Daily Reminisce	17 7:45 Breakfast Chronicle 10:30 Walk About 10:45 Laugh N Lunch 3:30 Lucky Dice 5:30 Movie Night 7:00 Daily Reminisce
18 <b>Hanukkah Begins</b> 7:45 Breakfast Chronicle 10:15 Church Services 10:30 Walk About 10:45 Laugh N Lunch 5:30 Movie Night 7:00 Daily Reminisce	19 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Suspenders Day 3:30 Painting 5:30 A Christmas Carol 7:00 Daily Reminisce	20 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Christmas Crafts 5:30 It's A Wonderful Life 7:00 Daily Reminisce	21 <b>Winter Begins</b> 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 First Day of Winter 5:30 Card Club 7:00 Daily Reminisce	22 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Diischer Music 10:45 Laugh N Lunch 3:00 Ugly Christmas Sweater 3:30 Lucky Dice 5:00 CHRISTMAS PARTY	23 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Nail Salon Day 3:30 Bingo 5:30 'Twas the Night Before Christmas 7:00 Daily Reminisce	24 <b>Christmas Eve</b> 7:45 Breakfast Chronicle 10:30 Walk About 10:45 Laugh N Lunch 2:00 Eggnog Day 3:30 Lucky Dice 5:30 Christmas Eve 7:00 Daily Reminisce
25 <b>Christmas Day</b> 6:00 MERRY CHRISTMAS! 7:45 Breakfast Chronicle 10:15 Church Services 10:30 Walk About 10:45 Laugh N Lunch 1:30 Christmas Music 5:30 Christmas Movie 7:00 Daily Reminisce	26 <b>Kwanzaa Begins</b> 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:30 Candy Cane Day 3:30 Painting 5:30 Western Movie 7:00 Daily Reminisce	27 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 3:30 Lucky Dice 5:30 Little Helpers Month 7:00 Daily Reminisce	28 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Hawkeye State Day 3:00 Graham Cracker Social 5:30 Kings on the Corner 7:00 Daily Reminisce	29 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Lone Star State Day 3:30 Lucky Dice 5:30 I Love Lucy 7:00 Daily Reminisce	30 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:30 Orange Bowl 3:30 Bingo 5:00 Bacon Day 7:00 Daily Reminisce	31 <b>New Year's Eve</b> 7:45 Breakfast Chronicle 10:30 Walk About 10:45 Laugh N Lunch 3:30 Lucky Dice 5:30 New Year's Eve 7:00 Daily Reminisce