

DECEMBER



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Light Up Your World!



9:00 Doris—Piano 10:30 Exercise 11:00 St. Mary's 400 1:00 Card Club 2:00 Wii Bowling 5:30 Social Time	9:00 Creative Coloring 10:45 Exercise—200 Hall 1:00 Cards 1:30 Ruth's Circle 2:00 Bingo with Tenco 3:00 Movie & Popcorn 5:30 Socialize Hour 6:00 News Review	9:00 Puzzle Challenge 10:00 Chef Chat 10:45 Exercise—200 2:00 Wii Bowling—200 3:00 Craft Time 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 9:30 Devotions 10:45 Exercise 1:30 Nails 3:00 6th Grade Band 5:30 Social Time 6:00 News Review	9:00 Danny C. Worship 10:45 Exercise 1:30 Nails 3:30 Book & Wine 5:30 Social Time 6:00 News Review	9:00 Word Hunt 9:30 Wal-Mart Shopping 10:30 Exercise—200 Hall 2:15 Flavorful Friday 3:00 Yatzee or Cards 5:30 Social Time 6:00 News	9:00 Coffee & Conversation 10:30 Exercise 1:30 Bingo 2:15 Wii Bowling 5:30 Social Time 6:00 News
9:00 Doris—Piano 10:30 Exercise 11:00 St. Mary's 400 1:00 Card Club 2:00 Wii Bowling 5:30 Social Time	9:00 Creative Coloring 10:45 Exercise—200 Hall 1:00 Cards 2:00 Bingo with Tenco 3:00 Movie & Popcorn 5:30 Socialize Hour 6:00 News Review	9:00 Puzzle Challenge 10:45 Exercise—200 2:00 Wii Bowling—200 3:00 Craft Time 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 9:30 Devotions 10:45 Exercise 1:30 Nails 3:00 Craft Time—Tables 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 10:00 Resident Council 10:45 Exercise 1:30 Nails 3:30 Book & Wine 5:30 Social Time	9:00 Word Hunt 9:30 Wal-Mart Shopping 10:30 Exercise—200 Hall 2:15 Flavorful Friday 3:00 Yatzee or Cards 5:30 Social Time 6:00 News	9:00 Coffee & Conversation 10:30 Exercise 1:30 Bingo 2:15 Wii Bowling 5:30 Social Time 6:00 News
9:00 Doris—Piano 10:30 Exercise 11:00 St. Mary's 400 1:00 Card Club 2:00 Wii Bowling 5:30 Social Time	9:00 Creative Coloring 10:45 St. Marys Preschool 1:00 Cards 2:00 Bingo—Dining room 3:00 Movie & Popcorn 5:30 Socialize Hour 6:00 News Review	9:00 Puzzle Challenge 10:00 Pekin Choir 2:00 Wii Bowling—200 3:00 Craft Time 5:30 Bus Trip for Christmas Lights	9:00 St. Mary's Church 9:30 Devotions 10:45 Exercise 1:30 Nails 3:00 Craft Time 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 10:45 Exercise 1:30 Nails 3:30 Book & Wine 5:30 Social Time 6:00 News Review	9:00 Christmas Word Search 9:30 Wal Mart Shopping 10:30 Resident Lead Exercise 2:15 Christmas Party Fun 5:30 Socialize	9:00 Coffee & Conversation 10:30 Exercise 1:30 Bingo 2:15 Wii Bowling 5:30 Social Time 6:00 News
9:00 Doris—Piano 10:30 Exercise 11:00 St. Mary's 400 1:00 Card Club 2:00 Wii Bowling 5:30 Social Time	9:00 Creative Coloring 10:45 Exercise—200 Hall 1:00 Noodle Ball w/ Tenco 2:00 Bingo—Dining room 3:00 Movie & Popcorn 5:30 Socialize Hour 6:00 News Review	9:00 Puzzle Challenge 10:45 Exercise—200 2:00 Wii Bowling—200 3:00 Craft Time 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 9:30 Devotions 10:45 Exercise 1:30 Nails 3:00 Craft Time 5:30 Social Time 6:00 News Review	9:00 Womens Coffee Club 10:45 Exercise 1:30 Nails 3:30 Book & Wine 5:30 Social Time 6:00 News Review	9:00 Word Hunt 9:30 Wal-Mart Shopping 10:30 Exercise—200 Hall 2:15 Flavorful Friday 3:00 Yatzee or Cards 5:30 Social Time 6:00 News	9:00 Coffee & Conversation 10:30 Exercise 1:30 Bingo 2:15 Wii Bowling 5:30 Social Time 6:00 New Year's Eve Fun

DECEMBER



Memory Care ACTIVITY CALENDAR

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Light Up Your World!



				9:00 Exercise 10:00 Independent Activities 11:00 Cognitive Game 1:00 Music Therapy 2:00 Ball Circle 2:30 Snack & Hydration 3:00 Brain Teasers 5:30 News	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time
9:00 Exercise 10:00 Doris piano & Uno 1:00 Hair & Nails 2:30 Snack & Hydration 3:00 Trivia 3:30 Walk Halls 5:30 Story Time	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Bingo Upfront 2:45 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Cognitive Game 1:00 Music Therapy 2:00 Ball Circle 2:30 Snack & Hydration 3:00 Brain Teasers 5:30 News	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time
9:00 Exercise 10:00 Doris piano & Uno 1:00 Hair & Nails 2:30 Snack & Hydration 3:00 Trivia 3:30 Walk Halls 5:30 Story Time	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Bingo Upfront 2:45 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:15 Music Therapy 2:00 Ball Circle 2:30 Snack & Hydration 3:00 Brain Teasers 5:30 News	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time
9:00 Exercise 10:00 Doris piano & Uno 1:00 Hair & Nails 2:30 Snack & Hydration 3:00 Trivia 3:30 Walk Halls 5:30 Story Time	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Bingo Upfront 2:45 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Cognitive Game 1:00 Music Therapy on own today 2:00 Ball Circle 2:30 Snack & Hydration 3:00 Brain Teasers 5:30 News	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time
MERRY CHRISTMAS Play Games Christmas Trivia Christmas Movie, Make & decorate Cookies	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Bingo Upfront 2:45 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Uno 1:00 Sensory Game 2:00 Creative Craft 2:30 Snack & Hydration 3:00 Noodle Ball 5:30 News	9:00 Exercise 10:00 Independent Activities 11:00 Cognitive Game 1:00 Trivia 2:00 Ball Circle 2:30 Snack & Hydration 3:00 Brain Teasers 5:30 News	9:00 Exercise 10:00 Bag Toss Game 1:00 Music Therapy 2:00 Basketball Hoops 2:30 Snack & Hydration 3:00 Cognitive Game 5:30 Story Time	NEW YEAR'S EVE Trivia Make something to represent a new year Play music & dance Have Party favors & celebrate