

Resident Birthdays

Dec 12 - Toni

Dec 24 - Joseph S.



December Birthdays

In astrology, those born from December 1–21 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures. Those born from December 22–31 are Capricorn's Goats. Patience, perseverance, and dedication help Goats climb to the highest of heights. Their drive to the top makes them excellent partners and collaborators.

Sarah Silverman (actress) – Dec. 1, 1970
Tyra Banks (model) – Dec. 4, 1973
Little Richard (musician) – Dec. 5, 1932
Eli Wallach (actor) – Dec. 7, 1915
Rita Moreno (actress) – Dec. 11, 1931
Dionne Warwick (singer) – Dec. 12, 1940
Jamie Foxx (actor) – Dec. 13, 1967
Pope Francis (Pope) – Dec. 17, 1936
Steven Spielberg (director) – Dec. 18, 1946
Samuel L. Jackson (actor) – Dec. 21, 1948
Humphrey Bogart (actor) – Dec. 25, 1899
Denzel Washington (actor) – Dec. 28, 1954

***Our activities are always
open to the public!***

December Events

Musical Entertainment

December 1:
Larry Gwaltney

December 8:
The Piano Man

December 13:
Nit Pickers

December 15:
Paul Jarvis

December 22:
Jukebox Duo

December 29:
Tommy Tunes

Special Entertainment

December 6 & 20:
Got Your 6 Therapy Dogs

December 9 & 16:
Triune K-9 Therapy

December 8 & 22:
Vitality Ballet

December 11:
Choral Concert

December 18:
Champs Pet Therapy

December 16:
Christmas Carolers



**Celebrate
December Birthdays—
Birthday Bash
December 16th at 2:30**

ADDINGTON PLACE NEWS

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Great Gifts for People with Memory Loss

During the holidays, many shoppers wonder what to give their loved ones with Alzheimer's and other types of dementia. Too many gifts might be overwhelming or make the person feel bad if they don't reciprocate. When you're shopping, remember where the person is now, rather than buying something they would have liked before they suffered from memory loss. Here are some gift ideas many people would enjoy or find useful.

- Joy for All is the company that created and sells some of the best robotic cats and dogs. Now, they are offering super-cute birds called Walker Squawkers. The device is a battery-operated bird that can perch on a walker or wheelchair. It has motion sensors and chirps different tunes when the person is moving. After a period of stillness, the bird sings a playful "don't forget about me" tune.
- Use an online service like Artifact to create a photo book. Put plenty of pictures of people, but also consider photos of animals, favorite locations, and gardens.
- Create a playlist of music the person loves using Spotify or another app. You could also program music into a phone or iPad.
- Record a simple video for a tablet or phone that the person could watch. You could sing a holiday song or simply say "Hi."
- Beach balls are simple and inexpensive, and almost everyone loves them. An Intex beach ball is sturdy and a good size for chair "volleyball." You'll likely need something to inflate the ball, too.
- Ravensburger makes sturdy, good-looking puzzles by hand. The pieces fit perfectly and don't easily peel or get soggy. Look for a puzzle with 24 to 60 pieces with a photo that isn't too childish.
- MagicStix markers come in vibrant colors, are easy to hold, and are washable from most surfaces and fabrics. The handiest thing about them is they last a full week without their cap on. So, if someone forgets to put the lid on the marker right away, it won't dry out.

Resident & Staff Spotlight



Jackie T.
Jackie is a resident with an amazing story to tell. In her short time here, she has made quite an impression on us. She was an Air Force veteran achieving the rank of Senior Master Sargent. She is physically fit and likes to say active. As a matter of fact, she can still do the splits. Dancing and petting the dogs are two of her favorite activities.

Jackie has a daughter (Toby) and three granddaughters (Paige, Jordan, and Jasmine.)

Jackie is definitely someone worth getting to know better.



Alyssa D.
Alyssa is one of our awesome caregivers. She is passionate about her work with the residents. She is always smiling and willing to help out. In her time away from work, she is studying to be a doctor or PA. She likes biking with her family, hanging with her friends and playing with her cat, Milo. Her background in biology has led to her interest in competitive mooing. Alyssa is also able to recite all 23 flavors in a Dr. Pepper. She has several collections; mugs, crystals, and in-flight air sickness bags. We are grateful to have her in our community here at Addington Place.

Resident Activity Photos



Edwardsville Veterans Day Parade

Mickey Mouse's Birthday