

# DECEMBER



## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*Light Up Your World!*



Passport to  
*Exceptional Care,  
Extraordinary Living.*

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Resident Council  
2:00 **Music Therapy**  
3:00 Decorating Club  
6:00 Jigsaw Puzzles

**1**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Trivia  
2:30 Decorating Club  
6:00 Doll Therapy

**2**

9:00 Greetings  
10:00 Movie Matinee  
10:00 Puzzle Packet  
1:30 Exercise  
2:30 Movie Matinee  
6:00 Glen Carbon Parade

**3**

9:30 Catholic Communion  
with **St. Boniface**  
10:00 Online Catholic Mass  
10:30 Online Worship Service  
1:30 Exercise  
2:30 BINGO  
6:00 Family Board Games

**4**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Self Care  
2:30 Decorating Club  
6:00 Adult Coloring

**5**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:00 **Pet Therapy**  
2:30 Decorating Club  
6:00 Restful Recordings

**6**

9:00 Greetings  
10:00 **EmpowerMe**  
10:45 Outing/Appointments  
10:45 Puzzle Packet  
3:30 Exercise/Cognitive Conditioning  
6:00 Midweek Movie

**7**

9:15 **Exercise**  
10:00 **Music Therapy**  
11:00 Greetings  
1:30 Cognitive Conditioning  
2:30 Hydration/Snack Cart  
6:00 Jigsaw Puzzles

**8**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Trivia  
2:30 All About Food  
6:00 **Pet Therapy**

**9**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 BINGO  
2:30 Movie Matinee  
6:00 Sensory Stimulation

**10**

9:30 Catholic Communion  
with **St. Boniface**  
10:00 Online Catholic Mass  
10:30 Online Worship Service  
1:30 Exercise  
3:30 **Music Therapy**  
6:00 Family Board Games

**11**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Self Care  
2:30 Reminiscing  
6:00 Adult Coloring

**12**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Crafts  
2:00 **Music Therapy**  
6:00 Restful Recordings

**13**

9:00 Greetings  
10:00 **EmpowerMe**  
10:45 Outing/Appointments  
10:45 Puzzle Packet  
3:30 Exercise/Cognitive Conditioning  
6:00 Midweek Movie

**14**

9:00 Greetings  
10:00 **Church Service**  
10:30 Cognitive Conditioning  
1:30 Exercise  
2:00 **Music Therapy**  
6:00 Jigsaw Puzzles

**15**

9:00 Greetings  
10:00 **Music Therapy**  
11:00 Exercise  
1:30 Cognitive Conditioning  
2:30 Birthday Bash  
6:00 **Pet Therapy**

**16**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 BINGO  
2:30 Movie Matinee  
6:00 Sensory Stimulation

**17**

9:30 Catholic Communion  
with **St. Boniface**  
10:00 Online Catholic Mass  
10:00 **Pet Therapy**  
10:30 Online Worship Service  
1:30 Exercise  
6:00 Family Board Games

**18**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Self Care  
2:30 Reminiscing  
6:00 Adult Coloring

**19**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:00 **Pet Therapy**  
2:30 Crafts  
6:00 Restful Recordings

**20**

9:00 Greetings  
10:00 **EmpowerMe**  
10:45 Outing/Appointments  
10:45 Puzzle Packet  
3:30 Exercise/Cognitive Conditioning  
6:00 Midweek Movie

**21**

9:00 **Exercise**  
10:00 Greetings  
10:30 Cognitive Conditioning  
1:30 Life Skills Helpers  
2:00 **Music Therapy**  
6:00 Jigsaw Puzzles

**22**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Trivia  
2:30 All About Food  
6:00 Doll Therapy

**23**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 BINGO  
2:30 Movie Matinee  
6:00 Sensory Stimulation

**24**

9:30 Catholic Communion  
with **St. Boniface**  
10:00 Online Catholic Mass  
10:30 Online Worship Service  
1:30 Exercise  
2:30 BINGO  
6:00 Family Board Games

**25**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Self Care  
2:30 Reminiscing  
6:00 Adult Coloring

**26**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Sensory Stimulation  
2:30 Crafts  
6:00 Restful Recordings

**27**

9:00 Greetings  
10:00 **EmpowerMe**  
10:45 Outing/Appointments  
10:45 Puzzle Packet  
3:30 Exercise/Cognitive Conditioning  
6:00 Midweek Movie

**28**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Life Skills Helpers  
2:00 **Music Therapy**  
6:00 Jigsaw Puzzles

**29**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 Trivia  
2:30 All About Food  
6:00 Doll Therapy

**30**

9:00 Greetings  
10:00 Exercise  
10:30 Cognitive Conditioning  
1:30 BINGO  
2:30 Movie Matinee  
6:00 Sensory Stimulation

**31**