



ORCHARD GROVE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

Outlook

December 2022

# Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

## The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

## What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from  
our family to yours!**

# Happy Birthday!

## Residents

Lavera W	12/8
Russel W	12/09
Joyce T	12/13
Olga F	12/14
Thomas S	12/18
Caroline H	12/19
Dorothea C	12/26
Evelyn R	12/29

## Staff

Christa W	12/2
Samer D	12/09
Sabrina S	12/9
Helen B	12/10
Lisa B	12/15
Susan K	12/18
Stephen S	12/22
Shantell W	12/24
Audrey K	12/26
Kaye S	12/28
Sarah B	12/29
Shawn H	12/29



## Executive Director Corner

Welcome to December!

It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for

the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,

*Libby Delaney*

Executive Director

**SAVE THE DATES:** Sunday, December 11th is our Holiday Brunch from 11:00am-1:00pm. Wednesday, December 21st at 2:00pm, John Russell will add a touch of magic with his Christmas magic show.







## Trilogy Fit

We are committed to providing the best possible programs to keep our residents fit and healthy. Exercise is offered 7 days a week. Every Wednesday and Thursday we offer a Thera-Band class with Maher Batayeh that will improve resident's strength, balance and flexibility.

## Activities Corner

Every Monday we offer an art class that is taught by Sydney Penrose. December will be filled with holiday crafts and creative fun.



## Volunteer News

Our campus is blessed with many volunteers that give their time to our residents. Thank you from all of us at Orchard Grove Health Campus. We appreciate you!! Contact Lisa Kosten for more information on volunteer opportunities on campus.



## ENTERTAINMENT

Friday Happy Hour in December is filled with some great entertainment such as; Soundz of Music, Sinatra, Elvis, George Saab and Kenny Lang. During the month our residents will be gathering and singing some traditional Christmas songs for everyone to enjoy.





# ORCHARD GROVE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

71150 Orchard Crossing Lane

Romeo, MI 48065

586-336-0102

orchardgrovehc.com |

*Libby Delaney*  
Executive Director

*Becky Conry*  
Director of Health Services

*Christie Lassen*  
Asst. Director of Health Services

*Sare Patano*  
MDS Coordinator

*Lisa Carrow*  
Business Office Manager

*Lisa Kosten*  
Life Enrichment Director

*Caity Marsh*  
Community Service Representative

*Kevin Knecht*  
Director of Plant Operations

*Lauren Hopaluk*  
Director of Social Work

*Enrique Lopez*  
Director of Food Service

*Steve Smith*  
Legacy Neighborhood Director

*Michelle Lamar*  
Director of Environmental Services

*Lisa Castile*  
Director of Therapy

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*Cut, color, and make a card to give!*

*All trivia answers will be printed  
in our upcoming month's newsletter!*

**Question 1:** How many days  
of Kwanza are there?

**Question 2:** What country was  
the original St. Nicholas from?

**Question 3:** How many ghosts are  
in the movie *A Christmas Carol*?

**Question 4:** How do you say  
"Merry Christmas" in Spanish?

**Question 5:** What are the  
names of the three reindeer whose  
names start with the letter "D"?

*Flip the page for last  
month's trivia answers:*

*Q1: Who was the first U.S. President to  
pardon a turkey? George H.W. Bush  
Q2: How many days did the first  
Thanksgiving celebration last? Three days  
Q3: True or False: Canada also celebrates  
Thanksgiving in November. False  
Q4: Are pumpkins vegetables or fruits? Fruits  
Q5: What popular Christmas song  
was originally written to be a  
Thanksgiving song? Jingle Bells*



## Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
F	E	S	T	I	V	E	F	X	O	F	F	I	H	N	Y	G	D	Y
B	Q	J	X	N	C	Z	P	C	K	P	B	T	O	S	H	E	D	T
G	R	U	L	N	O	O	I	Y	A	H	P	D	F	X	L	S	U	C
P	G	B	N	M	L	T	Z	W	Q	K	N	O	I	H	Q	T	N	X
R	M	I	O	O	Z	Q	E	H	L	Q	D	T	Z	M	E	U	S	C
G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
H	C	E	E	I	L	N	T	K	D	L	T	N	F	G	E	E	T	P
T	B	A	L	Q	N	J	G	Z	W	U	I	X	L	K	H	S	L	E
G	I	S	Z	U	Y	G	G	A	P	L	Q	D	C	I	I	I	E	C
F	Y	O	N	A	Y	T	F	W	E	Z	E	I	A	L	N	S	T	I
R	K	N	Q	F	U	G	Y	E	S	I	T	K	H	Y	W	I	T	A
Y	J	O	Y	F	U	L	F	Z	J	S	I	S	S	O	Z	M	E	L
J	I	F	L	L	D	H	L	B	G	I	I	X	J	C	R	Y	R	C
K	B	F	U	Q	T	H	E	E	E	W	Y	F	J	U	C	O	I	R
T	W	D	W	Q	H	P	P	H	J	P	D	B	W	B	H	I	V	O
V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK  
BRIGHTEN  
FEELING  
FESTIVE

GESTURE  
GIFT  
GIVING  
HOLIDAY

JOYFUL  
LETTER  
NOTE  
NOVEL

SEASON  
SPECIAL  
STICKERS  
WISHLIST