



NOVI LAKES

HEALTH CAMPUS

A Trilogy Senior Living Community

News

December 2022

Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from
our family to yours!**

Happy Birthday!

Residents

Frank E	12/02
Mark J	12/04
Rhoda R	12/12
Dolores T	12/12
Larry C	12/15
William B	12/19

Staff

Shanel J	12/04
Rochelle A	12/13
Sreenidhi S	12/13
Marvin B	12/20
Katrina W	12/21
Shaharazard W	12/23
Carole K	12/24
Keisha M	12/31

Outings

From shopping to movies, to picnics in the park; we take our residents all over Metro Detroit! If your loved one is interested in attending an outing make sure to let a Life Enrichment team member know!

Happy Hour

Please join us for Happy Hour every Friday from 3:00pm-4:00pm. Plan to have some delicious food and beverages but even better company!

Did You Know...?

Did you know dogs and cats are allowed to visit? Simply make a copy of your pet's shot record and give it to the Life Enrichment Department! Please keep pets on a leash or carrier when walking through the building. Please no pets in the dining rooms. Enjoy your visit!!



Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations

towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,
Tim Reardon

Executive Director

CHEERS TO THE NEW YEAR!!



PHOTO HIGHLIGHTS



We love crafting during the holiday season!



Making wreaths to hang was a super fun project!



We took some time to reminisce about Roman the Roamin' Gnomes Adventures last year!!

Volunteers Needed

Do you love music? Painting? Literature? Building things? Consider sharing your passion with our residents! Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, leading discussion groups, teaching us about instruments and orchestration, instructing art lessons, leading religious inspirational groups, and more. We love volunteers! We welcome individuals to gain experience while engaging with our residents. In the past we have enjoyed learning from our volunteers and enjoying the love and talent that they offer and we welcome your talents as well! Contact our Life Enrichment Director, Sarah, and she will help find you a meaningful volunteer role.

Live a Dream

Our Live a Dream program was created to fulfill the lifelong dreams of residents in our communities throughout the Midwest. Over the years, the Trilogy Foundation has helped seniors whiz through the forest canopy on zip-lines, skyrocket into the stratosphere on hot air balloons, pilot planes, take once-in-a-lifetime trips, and reunite with family and friends they feared they may never see again. The Live a Dream program has a track record of turning wishful thinking into wonderful reality. Please reach out to our Life Enrichment team to nominate a resident for the chance to live out their dream!



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41795 Twelve Mile Road

Novi, MI 48377

248-449-1655

novilakeshc.com |

Tim Reardon
Executive Director

Mary Smith
Director of Health Services

William Brooks
Assisted Living Director

Amanda Johnson
Director of Social Services

Alissa Burnett
Customer Service Representative

Sarah Wozniak
Life Enrichment Director

Jed Feilert
Director of Plant Operations

Jayson Bogota
Director of Food Services

Shabarazard Webster
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

Cut, color, and make a card to give!

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: How many days of Kwanza are there?

Question 2: What country was the original St. Nicholas from?

Question 3: How many ghosts are in the movie A Christmas Carol?

Question 4: How do you say "Merry Christmas" in Spanish?

Question 5: What are the names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1: Who was the first U.S. President to pardon a turkey? George H.W. Bush

Q2: How many days did the first Thanksgiving celebration last? Three days

Q3: True or False: Canada also celebrates Thanksgiving in November. False

Q4: Are pumpkins vegetables or fruits? Fruits

Q5: What popular Christmas song was originally written to be a Thanksgiving song? Jingle Bells



Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
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G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
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V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE
GIFT
GIVING
HOLIDAY

JOYFUL
LETTER
NOTE
NOVEL

SEASON
SPECIAL
STICKERS
WISHLIST