



NORTH RIVER

HEALTH CAMPUS

A Trilogy Senior Living Community

Lifestyles

December 2022

Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from
our family to yours!**

Happy Birthday!

Residents

Maralene C.

12/31

Looking Ahead

December 01:

Taste of the Town-Canton Inn

**December 05: Ornament making
with Hot Chocolate Bar**

December 06: Villa Breakfast

December 08: Villa Lunch

December 13:

Christmas Family Night

December 14: Senior Exec. Club

December 15:

Movie and Popcorn

**December 19: Monthly Birthday
Celebration with Christmas
Bingo to follow after**

December 21:

Villa Christmas Party

December 22:

Coffee and Donut Breakfast

December 24: Christmas Eve

December 25: Christmas

December 31: New Year's Eve

*Shelly Miller
Executive Director*

*Jenna Hipp
Villa Lifestyle Director*

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Executive Director Corner

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for

the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,
Shelly Miller
Executive Director

Another great
Villa Breakfast
in the books!
Jeremy really
outdid himself!



Did You Know

The Main entrance of the big house (South side of the building) is now permanently back open! Visitors no longer need to screen in. Masks are recommended but not required!

Reminders

Jenna will be off the week between Christmas and New Year's. She will return on January 2nd. If you need anything while she is gone, please contact the Main Campus at (812)-867-7256.