DECEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1		3
4	5	6	7	8	9	10
11	12	13	14	15	16	17

DECEMBER 2022



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	Hanukkah Begins 19		20	21 Winter Begins	22	23	24 Christmas Eve
25	Christmas Day 26	Kwanzaa Begins	27	28	29	30	31 New Year's Eve

North River Health Campus Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Birthdays 12/2 - Eric H 12/3 - Crystal P 12/4 - Audrey L 12/4 - Donna O 12/9 - Amy A 12/9 - Shelia S 12/10 - Betty W 12/15 - Mariyah M 12/16 - Katelin M 12/23 - Lois Y 12/27 - Teri M 12/28 - Berenice B	Birthdays 12/28 - Loretta C 12/28 - Karla B 12/29 - Carol W 12/31 - Maralene C	Outings May be cancelled due to inclement weather. Heat Index at 94 degrees or higher or wind chill at 20 degrees or below or severe weather threats can alter outing and transport schedules.	V 9:15 Exercise: Heart Fit-ALAR A 10:00 Coffee and Learn to Canvas Paint- HCAR K 2:00 Country Cruise GF 3:00 Card Club- ALAR K 6:30 Puzzle for a Prize-HCAR	 9:15 Exercise: Flex Fit- ALAR 10:00 Let's Get Cooking! Peanut Butter Cookies- RP 11:00 Bingo- ALDR 2:00 Cheesy Monkey Bread- RP 4:00 Just the Men Social Group- HCAR 	9:15 Exercise: Strength Fit-ALAR GG 10:15 Yahtzee Dice Game-HCAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR
 9:00 Morning Hymns and Devotions- HCAR 11:00 Patio Chats with Music-HC Patio 2:00 Board Game- Resident Choice- HCAR 4:00 Bible Study w/Pastor Bob- HCAR 4:30 Piano by Bob Hoffman-HCDR 	9:15 Exercise: Heart Fit-ALAR 1 3:00 Devotions with Volunteer Terry- HCAR	9:15 Exercise: Balance Fit-ALAR 1 9:45 Communion w/ Linda-AR K 11:00 Bingo- ALDR CC 11:45 AL Chef's Circle- ALDR 1 2:00 Soulfit Week 2-ALAR K 6:30 Board Games- HCAR	7 V 9:15 Exercise: Strength Fit-ALAR I 10:00 Catholic Mass- HCAR I 10:30 Hymn Sing- ALAR S 10:30 Inspired Living Committee- HCDR GF 11:00 Puzzle Piecers- ALAR S 3:00 Wine Wednesday Social - RP K 6:30 Trivia Challenge!- HCAR	9:15 Exercise: Heart Fit-ALAR CC 10:00 Chef's Circle- ALAR K 10:00 Resident Choice Card Game- ALAR S 11:00 Resident Council: AL-ALAR K 2:00 Country Cruise GF 3:00 Card Club- ALAR K 6:30 Puzzle for a Prize-HCAR	9 V 9:15 Exercise: Flex Fit- ALAR CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP K 11:00 Bingo- ALDR CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR	9:15 Exercise: Strength Fit-ALAR K 10:00 Never Have I Ever-HCAR K 2:00 Bingo-HCAR GF 3:30 Murder Mystery Game!- HCAR
I 9:00 Morning Hymns and Devotions- HCAR I 11:00 Patio Chats with Music-HC Patio K 2:00 Board Game- Resident Choice- HCAR	9:15 Exercise: Heart Fit-ALAR M 10:00 Musical Bingo- HCAR I 3:00 Devotions with Volunteer Terry- HCAR	 9:15 Exercise: Balance Fit-ALAR 9:45 Communion w/ Linda-AR 11:00 Bingo- ALDR 2:00 Soulfit Week 2-ALAR 3:00 Beautiful Bell Chimes with Karen Sears-HCDR 6:30 Board Games- HCAR 	V 9:15 Exercise: Strength Fit-ALAR I 10:30 Hymn Sing- ALAR GF 11:00 Puzzle Piecers- ALAR S 3:00 Wine Wednesday Social - RP K 6:30 Trivia Challenge!- HCAR	9:15 Exercise: Heart Fit-ALAR K 2:00 Country Cruise GF 3:00 Card Club- ALAR K 6:30 Puzzle for a Prize-HCAR	9:15 Exercise: Flex Fit- ALAR CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP K 11:00 Bingo- ALDR CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR	9:15 Exercise: Strength Fit-ALAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR

North River Health Campus Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Hymns and Devotions- HCAR 1 11:00 Patio Chats with Music-HC Patio K 2:00 Board Game- Resident Choice- HCAR	V 9:15 Exercise: Heart Fit-ALAR K 10:00 Race to 50!- HCAR I 3:00 Devotions with Volunteer Terry- HCAR	V 9:15 Exercise: Balance Fit-ALAR I 9:45 Communion w/ Linda-AR K 11:00 Bingo- ALDR C 11:45 AL Chef's Circle- ALDR I 2:00 Soulfit Week 2-ALAR M 3:00 Music with Clif the Drifter- HCDR K 6:30 Board Games- HCAR	 Winter Begins 9:15 Exercise: Strength Fit-ALAR 10:30 Hymn Sing- ALAR 11:00 Puzzle Piecers- ALAR 3:00 Wine Wednesday Social - RP 3:00 Winesday Celebration w/ Helen Kiesel on Accordion- RP 6:30 Trivia Challenge!- HCAR 	9:15 Exercise: Heart Fit-ALAR K 2:00 Country Cruise GF 3:00 Card Club- ALAR K 6:30 Puzzle for a Prize-HCAR	9:15 Exercise: Flex Fit- ALAR CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP K 11:00 Bingo- ALDR CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR	24 Christmas Eve V 9:15 Exercise: Strength Fit-ALAR K 10:00 Dominoes- HCAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR
25 Christmas Day I 9:00 Morning Hymns and Devotions- HCAR I 11:00 Patio Chats with Music-HC Patio K 2:00 Board Game- Resident Choice- HCAR A 2:00 Poetry- HCAR	26 Kwanzaa Begins V 9:15 Exercise: Heart Fit-ALAR K 2:00 Penny Ante- HCAR I 3:00 Devotions with Volunteer Terry- HCAR	V 9:15 Exercise: Balance Fit-ALAR I 9:45 Communion w/ Linda-AR K 11:00 Bingo- ALDR I 2:00 Soulfit Week 2-ALAR M 3:00 Music with Neil Yockey-HCDR K 6:30 Board Games- HCAR	V 9:15 Exercise: Strength Fit-ALAR I 10:30 Hymn Sing- ALAR GF 11:00 Puzzle Piecers- ALAR S 3:00 Wine Wednesday Social - RP K 6:30 Trivia Challenge!- HCAR	9:15 Exercise: Heart Fit-ALAR K 2:00 Country Cruise GF 3:00 Card Club- ALAR K 6:30 Puzzle for a Prize-HCAR	9:15 Exercise: Flex Fit- ALAR CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP K 11:00 Bingo- ALDR CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR	31 New Year's Eve V 9:15 Exercise: Strength Fit-ALAR GG 10:00 TROUBLE- HCAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR

North River Health Campus Health Center

		De	cemb	er 2	022
J	Tuesday	Wednesday	Thursday	Friday	Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality	Activities are subject to change. Changes will be posted in LifeShare and CommunityShare.	Medical Transport Days are Tuesdays and Wednesdays. Single Rider Bus Rides on Thursdays.	Birthdays 12/2 - Eric H 12/3 - Crystal P 12/4 - Audrey L 12/4 - Donna O 12/9 - Amy A 12/9 - Shelia S 12/10 - Betty W 12/15 - Mariyah M 12/16 - Katelin M 12/23 - Lois Y 12/27 - Teri M 12/28 - Berenice B	 9:15 Exercise: Heart Fit-ALAR 9:45 Sensations- Themed Baskets- RP 10:00 Coffee and Learn to Canvas Paint- HCAR 2:00 Country Cruise 4:30 Sensations- RP/ Patio 4:30 Sensations- HCAR 6:30 Puzzle for a Prize-HCAR 	9:15 Exercise: Flex Fit- ALAR 9:45 Sensations- Themed Baskets- RP CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP CC 11:30 HC Chef's Circle- HCDR CC 2:00 Cheesy Monkey Bread- RP CC 4:00 Just the Men Social Group- HCAR MN 4:30 Sensations- HCAR	9:15 Exercise: Strength Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP GG 10:15 Yahtzee Dice Game-HCAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR MN 4:30 Sensations- HCAR
9:00 Morning Hymns and Devotions- HCAR 9:45 Sensations- Themed Baskets- RP 10:00 Church Service - HCAR 11:00 Patio Chats with Music- HC Patio 2:00 Board Game- Resident Choice- HCAR 4:00 Bible Study w/Pastor Bob- HCAR 4:30 Piano by Bob Hoffman- HCDR 4:30 Sensations- HCAR	9:15 Exercise: Heart Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP K 11:00 Bingo- HCAR I 3:00 Devotions with Volunteer Terry- HCAR MN 4:30 Sensations- HCAR	9:15 Exercise: Balance Fit-ALAR 1 9:45 Communion w/ Linda-AR M 9:45 Sensations- Themed Baskets- RP M 2:00 Sensations- RP/ Patio M 4:30 Sensations- HCAR K 6:30 Board Games- HCAR	7 V 9:15 Exercise: Strength Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP I 10:00 Catholic Mass- HCAR S 10:30 Inspired Living Committee- HCDR K 11:00 Bingo- HCAR MN 2:00 Sensations- RP/ Patio S 3:00 Wine Wednesday Social - RP MN 4:30 Sensations- HCAR K 6:30 Trivia Challenge!- HCAR	9:15 Exercise: Heart Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP S 10:00 Resident Council: HC-HCAR K 2:00 Country Cruise MN 2:00 Sensations- RP/ Patio MN 4:30 Sensations- HCAR K 6:30 Puzzle for a Prize-HCAR	9 9:15 Exercise: Flex Fit- ALAR 9:45 Sensations- Themed Baskets- RP CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR MN 4:30 Sensations- HCAR	 9:15 Exercise: Strength Fit-ALAR 9:45 Sensations- Themed Baskets- RP 10:00 Never Have I Ever-HCAR 2:00 Bingo- HCAR 3:30 Murder Mystery Game!- HCAR 4:30 Sensations- HCAR
9:00 Morning Hymns and Devotions- HCAR 9:45 Sensations- Themed Baskets- RP 10:00 Church Service - HCAR 11:00 Patio Chats with Music-HC Patio 2:00 Board Game- Resident Choice- HCAR 1:30 Sensations- HCAR	V 9:15 Exercise: Heart Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP M 10:00 Musical Bingo- HCAR K 11:00 Bingo- HCAR I 3:00 Devotions with Volunteer Terry- HCAR MN 4:30 Sensations- HCAR	V 9:15 Exercise: Balance Fit-ALAR I 9:45 Communion w/ Linda-AR MN 9:45 Sensations- Themed Baskets- RP K 11:00 Higher/Lower Card Game- HCAR MN 2:00 Sensations- RP/ Patio MN 3:00 Beautiful Bell Chimes with Karen Sears-HCDR MN 4:30 Sensations- HCAR K 6:30 Board Games- HCAR	 9:15 Exercise: Strength Fit-ALAR 9:45 Sensations- Themed Baskets- RP 11:00 Bingo- HCAR 2:00 Sensations- RP/ Patio 3:00 Wine Wednesday Social - RP 4:30 Sensations- HCAR 6:30 Trivia Challenge!- HCAR 	9:15 Exercise: Heart Fit-ALAR 9:45 Sensations- Themed Baskets- RP 2:00 Country Cruise 2:00 Sensations- RP/ Patio 4:30 Sensations- HCAR 6:30 Puzzle for a Prize-HCAR	9:15 Exercise: Flex Fit- ALAR 9:45 Sensations- Themed Baskets- RP CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP CC 11:30 HC Chef's Circle- HCDR CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR MN 4:30 Sensations- HCAR	9:15 Exercise: Strength Fit-ALAR 9:45 Sensations- Themed Baskets- RP 2:00 Bingo- HCAR 3:30 Murder Mystery Game!- HCAR 4:30 Sensations- HCAR

North River Health Campus Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Hymns and Devotions- HCAR MN 9:45 Sensations- Themed Baskets- RP M 10:00 Church Service - HCAR I 11:00 Patio Chats with Music-HC Patio K 2:00 Board Game- Resident Choice- HCAR MN 4:30 Sensations- HCAR	9:15 Exercise: Heart Fit-ALAR 9:45 Sensations- Themed Baskets- RP K 10:00 Race to 50!- HCAR 11:00 Bingo- HCAR 3:00 Devotions with Volunteer Terry- HCAR M 4:30 Sensations- HCAR	9:15 Exercise: Balance Fit-ALAR 9:45 Communion w/ Linda-AR 9:45 Sensations- Themed Baskets- RP 2:00 Sensations- RP/ Patio M 3:00 Music with Clif the Drifter- HCDR 4:30 Sensations- HCAR 6:30 Board Games- HCAR	 Winter Begins 9:15 Exercise: Strength Fit-ALAR 9:45 Sensations- Themed Baskets- RP 11:00 Bingo- HCAR 2:00 Sensations- RP/ Patio 3:00 Wine Wednesday Social - RP 3:00 Winesday Celebration w/ Helen Kiesel on Accordion- RP 4:30 Sensations- HCAR 6:30 Trivia Challenge!- HCAR 	9:15 Exercise: Heart Fit-ALAR 9:45 Sensations- Themed Baskets- RP 2:00 Country Cruise 2:00 Sensations- RP/ Patio 4:30 Sensations- HCAR 6:30 Puzzle for a Prize-HCAR	 9:15 Exercise: Flex Fit- ALAR 9:45 Sensations- Themed Baskets- RP 10:00 Let's Get Cooking! Peanut Butter Cookies- RP 2:00 Cheesy Monkey Bread- RP 4:00 Just the Men Social Group- HCAR 4:30 Sensations- HCAR 	24 Christmas Eve V 9:15 Exercise: Strength Fit- ALAR MN 9:45 Sensations- Themed Baskets- RP K 10:00 Dominoes- HCAR K 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR MN 4:30 Sensations- HCAR
25 Christmas Day I 9:00 Morning Hymns and Devotions- HCAR MN 9:45 Sensations- Themed Baskets- RP M 10:00 Church Service - HCAR I 11:00 Patio Chats with Music-HC Patio K 2:00 Board Game- Resident Choice- HCAR A 2:00 Poetry- HCAR MN 4:30 Sensations- HCAR	26 Kwanzaa Begins V 9:15 Exercise: Heart Fit- ALAR MN 9:45 Sensations- Themed Baskets- RP K 11:00 Bingo- HCAR 2:00 Penny Ante- HCAR I 3:00 Devotions with Volunteer Terry- HCAR MN 4:30 Sensations- HCAR	9:15 Exercise: Balance Fit-ALAR 1 9:45 Communion w/ Linda-AR MN 9:45 Sensations- Themed Baskets- RP MN 2:00 Sensations- RP/ Patio M 3:00 Music with Neil Yockey-HCDR MN 4:30 Sensations- HCAR K 6:30 Board Games- HCAR	V 9:15 Exercise: Strength Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP K 11:00 Bingo- HCAR MN 2:00 Sensations- RP/ Patio S 3:00 Wine Wednesday Social - RP MN 4:30 Sensations- HCAR K 6:30 Trivia Challenge!- HCAR	9:15 Exercise: Heart Fit-ALAR 9:45 Sensations- Themed Baskets- RP 2:00 Country Cruise 2:00 Sensations- RP/ Patio 4:30 Sensations- HCAR 6:30 Puzzle for a Prize-HCAR	9:15 Exercise: Flex Fit- ALAR MN 9:45 Sensations- Themed Baskets- RP CC 10:00 Let's Get Cooking! Peanut Butter Cookies- RP CC 2:00 Cheesy Monkey Bread- RP K 4:00 Just the Men Social Group- HCAR MN 4:30 Sensations- HCAR	31 New Year's Eve V 9:15 Exercise: Strength Fit-ALAR MN 9:45 Sensations- Themed Baskets- RP GG 10:00 TROUBLE- HCAR 2:00 Bingo- HCAR GF 3:30 Murder Mystery Game!- HCAR MN 4:30 Sensations- HCAR

North River Health Campus Independent Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality	CH- Clubhouse HCDR- Health Center Dining Room HCAR- Health Center Activity Room ALAR-Assisted Living Activity Room ALDR-Assisted Living Dining Room RP Ritzy's Parlor		If you wish to attend any outings, Senior Executive Club meetings, Brunch's, Family Nights, Theme Dinners, or other special events please RSVP to Jenna or the activities department in big house!	9:30 Trilogy Fit - CH 5 12:00 Taste of the Town -ALDR, Canton Inn	GF 1:00 Monthly Birthday Celebration - CH	3
4	GF 1:00 Ornament Making with Hot Chocolate Bar-CH	6 CC 8:30 Pancake Breakfast at Clubhouse V 9:30 Trilogy Fit - CH 1 9:45 Communion w/ Linda- AR	7 I 10:00 Catholic Mass- HCAR	V 9:30 Trilogy Fit - CH GF11:30 Villa Community Lunch at Clubhouse GG12:40 Inspired Living Committee- CH K 1:00 Clabber & Other Games! - CH	9	1:00 CH Reserved until 8pm
11	12 K 1:00 BUNCO - CH	 9:30 Trilogy Fit - CH 9:45 Communion w/Linda- AR 3:00 Beautiful Bell Chimes with Karen Sears-HCDR 5:30 Christmas Family Night 	CC 2:00 Senior Executive Club (In Person Only) Tacky Christmas Sweater Theme	V 9:30 Trilogy Fit - CH K 2:00 Christmas Movie and Popcorn- CH	16	1:00 Clubhouse Reserved until 8pm

North River Health Campus Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	GF 8:30 Coffee and Donut Breakfast - CH GF10:00 Keeping Up Appearances (Comedy Sitcom) at CH	 9:30 Trilogy Fit - CH 9:45 Communion w/ Linda- AR 10:30 Technology Help with Jenna - By Appointment! 3:00 Music with Clif the Drifter- HCDR 	S 1:00 Villa Christmas Party - CH S 3:00 Winesday Celebration w/ Helen Kiesel on Accordion- RP	V 9:30 Trilogy Fit - CH K 1:00 Clabber & Other Games! - CH	23	8:30 CH Reserved until 11:30am
Clubhouse Reserved ALL DAY	12:00 CH Reserved until 7pm	V 9:30 Trilogy Fit - CH I 9:45 Communion w/ Linda- AR M 3:00 Music with Neil Yockey-HCDR	28	V 9:30 Trilogy Fit - CH	30	31 New Year's Eve

North River Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality				GF Current Events V Stretch with Sharon I Book Club C Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Christmas Categories M Sing Christmas Carols Wildlife Christmas Tree GG BINGO Healthy Hands	GF Current Events V Stretch with Sharon Book Club K Christmas Traditions Healthy Hands Lunch Relax and Recharge with Classic Gameshows Dinner Nighttime Traditions	GF Current Events Exercise Class I Book Club Bake Muffins Healthy Hands Lunch Relax and Recharge with Classic Gameshows Weekend Coloring M Bust a Move GG Corn Hole Healthy Hands Dinner Nighttime Traditions
GF Current Events V Exercise Class I Book Club CC Resident's choice for Creative Cooking Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Newspaper Art Collage M Who Sang it Best Healthy Hands Dinner Nighttime Traditions	GF Current Events V Exercise Class I Book Club CC Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Santa Side Up card game M Elvis Christmas Special A Clothespin Trivet GG Memory-Christmas Edition Healthy Hands	M Music T rivia-Christmas Edition Snowfall Painting	A Snowman Painting GG UNO	Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic	GF Current Events V Stretch with Sharon I Book Club K Christmas Traditions Healthy Hands Lunch Relax and Recharge with Classic Gameshows M Happy Hour-Friday Healthy Hands Dinner Nighttime Traditions	GF Current Events V Exercise Class I Book Club Bake Muffins Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Weekend Coloring M Bust a Move GG Corn Hole Healthy Hands Healthy Hands Dinner
GF Current Events V Exercise Class I Book Club CC Resident's choice for Creative Cooking Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Opposites Collage M Who Sang it Best Healthy Hands Healthy Hands Dinner	GF Current Events V Exercise Class I Book Club CC Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows	GF Current Events V Stretch with Sharon I Book Club CC Creative Cooking- Fudge Healthy Hands Lunch Relax and Recharge with Classic Gameshows My childhood Christmas Story Hangman	GF Current Events V Stretch with Sharon Book Club C Christmas Snack Mix Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Working with Letters Hippy Dance Winter Scenery GG UNO	GF Current Events V Stretch with Sharon I Book Club C Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic	GF Current Events V Stretch with Sharon I Book Club K Christmas Traditions Healthy Hands Lunch Relax and Recharge with Classic Gameshows O Bus Outing M Happy Hour Friday Healthy Hands Dinner Nighttime Traditions	GF Current Events V Exercise Class V Exercise Class I Book Club Bake Muffins Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Weekend Coloring M Bust a Move GG Corn Hole Healthy Hands Dinner

North River Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
GF Current Events V Exercise Class I Book Club CC Resident's choice for Creative Cooking Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Picture Prompts M Who Sang it Best Healthy Hands Dinner Nighttime Traditions	V Exercise Class Book Club Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows Santa Side Up card game Peanut Gift Tag/Ornament	K My childhood Christmas Story	I Book Club Christmas Snack Mix Healthy Hands Lunch Relax and Recharge with Classic Gameshows Working with Letters UNO Winesday Celebration w/ Helen Kiesel on Accordion- RP	GF Current Events V Stretch with Sharon I Book Club C Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Christmas Categories Sing Christmas Carols A Wildlife Christmas Tree GG BINGO Healthy Hands	O Bus Outing M Happy Hour	GF Current Events V Exercise Class I Book Club Bake Muffins Healthy Hands Lunch Relax and Recharge with Classic Gameshows Weekend Coloring M Bust a Move GG Corn Hole Healthy Hands Dinner Nighttime Traditions
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
GF Current Events V Exercise Class V Exercise Class I Book Club CC Resident's choice for Creative Cooking Healthy Hands Lunch Relax and Recharge with Classic Gameshows Christmas Tree Painting Who Sang it Best Healthy Hands Dinner	GF Current Events V Exercise Class I Book Club CC Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Santa Side Up card game M Music of the movies A New Years Resolutions Creative Writing GG Memory-Christmas Edition	My childhood Christmas Story Winter Wonderland Painting M Music with Neil Yockey-HCDR GG Hangman	I Book Club Christmas Snack Mix Healthy Hands Lunch Relax and Recharge with Classic Gameshows Write out our New Years Resolutions Who sang it better? A Resident's choice of Art	GF Current Events V Stretch with Sharon I Book Club CC Cooking with Carla-12 days of Christmas Cookies Healthy Hands Lunch Relax and Recharge with Classic Gameshows K Christmas Categories M Sing Christmas Carols Wildlife Christmas Tree GG BINGO Healthy Hands	GF Current Events V Stretch with Sharon I Book Club K New Years Traditions Healthy Hands Lunch Relax and Recharge with Classic Gameshows M Happy Hour Healthy Hands Dinner	GF Current Events V Exercise Class I Book Club Bake Muffins Healthy Hands Lunch Relax and Recharge with Classic Gameshows A Weekend Coloring Healthy Hands Dinner