



Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in. As beneficial to the mind as it is the soul, reading is proven to help sharpen mental acuity — making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

Happy Holidays from our family to yours!

Happy Birthday!

Residents Shirley L. 12/11 Rebecca E. 12/15 Linda B. 12/31 Staff Christopher G. 12/07 Kendra M. 12/13 Christina C. 12/13 Jamie D. 12/14 Alloise C. 12/17 Denise F. 12/22 Holly S. 12/25 Sydney S. 12/31

Executive Director Corner

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which

supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,

Holly Snyder

Executive Director

Upcoming Events

We will be hosting a family night Thursday, December 1st for Christmas decorating! Holiday music, movies, treats will all be provided. Come spend time with your loved ones and help us decorate the facility for the holidays! Be on the lookout for an invitation from Kate, coming soon.



Out & About

A few of our residents were invited to join a special group Live A Dream at Bradford Woods in Martinsville, IN. An ADA adapted summer camp, they were able to provide residents from all over Trilogy the opportunity to participate in many activities including, ziplining!! We are so thankful for this opportunity. Check out our Facebook page for videos of the fun!









THEME DINNER

best theme weeks of the year!

Our final Theme Dinner for the year was a "roaring" success! The Great Gatsby Gala ended our year with a bang! Delicious food, fun activities, and so much music all helped in making this one of the

















A Trilogy Senior Living Community

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> Holly Snyder Executive Director

Chris Gregory Director of Health Services

Jennifer Taylor Assistant Director of Health Services

> Mandi Hardwick Assisted Living Director

Felicia Hitch Legacy Lane Coordinator

Susan McCollum Community Service Representative

> Joel Jacquette Business Office Manager

Kate Williams Life Enrichment Director

Christina Chatman Social Service Director

Doug McClure Director of Food Services

Uriah Cook Environmental Services Director

Mike Leak Director of Plant Operations

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: How many days of Kwanza are there?

Question 2: What country was the original St. Nicholas from?

Question 3: How many ghosts are in the movie A Christmas Carol?

Question 4: How do you say "Merry Christmas" in Spanish?

Question 5: What are the names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1: Who was the first U.S. President to pardon to turkey? George H.W. Bush
Q2: How many days did the first
Danksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins veggetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Cut, color, and make a card to give!

Word Gearch

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BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE GIFT GIVING HOLIDAY JOYFUL LETTER NOTE

NOVEL

SEASON SPECIAL STICKERS WISHLIST