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COMMUNITY MANAGEMENT

John Ficker
 Executive Director

Vicki Shotwell
 Business Office Manager

Edgar Castro
 Culinary Manager

Cara Nirenberg
 Marketing Manager

Matt Swaney
 Marketing Manager

Bethany DeGennaro
 Life Enrichment Manager

Samantha Latkovic
 Resident Care Manager

Grace Gallozzi
 Special Care Coordinator

PROVIDENCE CONNECT

DECEMBER 2022



UPCOMING EVENT HIGHLIGHT

Performers:

- 1st -Kiddie Academy
- 2nd -Wonder Academy Carolers
- 5 -OnStage School of Peforming Arts
- 6th -Lauren Jade Perfomance
- 7th -Tri-M Music Society
- 8th -Erin with Bayada
- 9th -Patrick on the Piano
- 10th -Creative Melodies & Marvin Ridge Marching Band
- 11th -Melodic Minors
- 12th -Providence Pre-K
- 13th -St. Matthews Carolers
- 14th -Sarah on the Piano
- 16th -Weddington Elementry Carolers
- 17th -The Music Studio

We are excited to announce that we are celebrating 25 days of Holidays in December. Each day we will have something festive going on, ranging from socials to carolers, to scenic drives to see Christmas light.

Hello, my name is Sam!



Samantha Latkovic

Resident Care Manager

Please reach out with any questions about medical or care of your family member

Samantha.latkovic@singhmail.com



Samantha Toms

Life Enrichment Manager

Please reach out with any questions about programs, activities, and outings

Samantha.toms@singhmail.com



Sam Lynn

Conceirge

Part-time in Independent Living and Assisted Living, come say hello at the front desk

Waltonwoodprovidence@singhmail.com

RESIDENT BIRTHDAYS

ASSOCIATE BIRTHDAYS

- 6th: Danielle Paul
- 6th: Donna Byers
- 10th: Miranda Moorhouse
- 10th: Chelsea Amaya
- 17th: Sia Mehta
- 19th: Ludmila Konstantinov
- 20th: Marlee Nirenberg
- 22nd: Deborah Williams
- 25th: Jesus Roman
- 26th: Diya Chanda
- 27th: Peyton Brockman
- 27th: Ewurama Sagoe
- 28th: Doria Barker



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Chelsea is our life enrichment assistant in assisted living and memory care. She graduated from UNC-Charlotte with a bachelor's degree in Health Systems Management. Chelsea was born in California but has lived here in NC for the majority of her life. Chelsea loves to travel! She enjoys going to Nicaragua and El Salvador where her parents are from. In her spare time, she loves to read a good book, go hiking, and spend time with her Maltese, Bella. Chelsea started in senior living as a CNA and loved the meaningful connections she made. Her goal is to further her education and get her master's degree in the health care field. Chelsea is amazing in all that she does here at Waltonwood and always goes above and beyond!



TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm. Residents must wear a mask at all times and they must sanitize their hands pre and post transportation.

Lunch Outings:

5th at 11:30 Cabo Fish Taco

12th at 11:30 Kabuto's Hibachi Steakhouse

19th at 11:30 New York Pizza and Pasta

26th at 11:30 Park Place Restaurant

NOVEMBER HIGHLIGHTS

11

Veterans Day

18

Family Night with Charlotte Cirque



23

Pumpkin Pie Day

24

Thanksgiving



DECEMBER SPECIAL EVENTS

14

Winterfest

15

Grinch Day

24

Christmas Eve

25

Christmas Day



Holiday Health

It seems hard to believe that another holiday season is already upon us. Whether it's searching for the perfect gift for a loved one or filling our calendars with parties and gatherings, there just never seems to be enough time to squeeze in all the season has to offer. The hustle and bustle of December can certainly be hectic but don't let the holiday stress slow you down, keep these "3M's" in mind during the coming weeks to ensure you have a happy and healthy holiday.

- Moderation: Try to keep your favorite treats within reason, you'll feel better and still get to enjoy those things you love.
- Move: Aim for 30 minutes of exercise each and every day to keep healthy and strong all winter long.
- Manage Stress: Find healthy outlets and let the joy and laughter that or family and friends bring help to manage even the most stressful days.

EXECUTIVE DIRECTOR CORNER

What a fun time of year. We just celebrated Thanksgiving - Great food and remembering all we have to be thankful for. We had a great family night where Cirque Charlotte led a dance celebration - A full house with great entertainment. We are decorating trees and looking forward to entertainers galore (thank you Bethany) - Celebrating the holidays with friends and family. So many reasons to count our blessings. We have a great Waltonwood family and I am excited all through the year to celebrate with all of you.