

## Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

### The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

### What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from  
our family to yours!**

# Happy Birthday!

## Residents

Joseph B.	12/02
Josephine C.	12/05
James W.	12/06
Lois C.	12/07
John K.	12/14
Laverne C.	12/20
James H.	12/20
Margaret P.	12/25

## Staff

Fatou S.	12/02
Isaimy M.	12/02
Tima M.	12/08
Cecilia H.	12/10
Tanya F.	12/18
Anna L.	12/19
Brenda H.	12/20
Nicole O.	12/20
Angeline R.	12/21
Jo C.	12/22
Christina P.	12/23
Sindi L.	12/25
Fatou G.	12/30
Lena D.	12/31



## Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations

towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,  
*Abdoulie Cham*  
Executive Director

## Proud to Vote!

YOUR vote, YOUR choice...BE HEARD! Several of our residents recently exercised their right to vote in the recent election and proudly engaged in this freedom!







## "FALLING" INTO AUTUMN AT OUR FALL FESTIVAL!

The leaves were falling and Autumn was calling as we hosted our Annual Fall Festival! We had an amazing time as we welcomed our residents, their families and members of the community to share in the fun! From pony rides and face painting to "Trunk-or-Treating" and a cake walk, there was something for everyone! There were "smiles for miles" as we celebrated all things "Fall!" Thank you to everyone who donated, cooked, and volunteered for this successful event!

## Sunday Brunches at Franciscan – A Delicious Choice!

On the second Sunday of each month, the residents and their families gather for a delicious Sunday Brunch! The menu is filled with home cooked delights such as country fried chicken, an omelette bar, home grown vegetables and decadent desserts. Won't you join us?



## *A Childhood Friendship Renewed!*

Childhood friends are reunited at Franciscan Healthcare Center! During our recent Halloween celebration, two of our residents struck up a conversation about the holidays, their families and life in general, and wouldn't you know it? They discovered they had attended grade school together! What a sweet surprise for both Martha & Fred when they realized that they had been classmates years ago! Memories are made and remembered at Franciscan!







# FRANCISCAN HEALTH CARE CENTER

*A Trilogy Senior Living Community*

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franciscanhc.com |

*Abdoulie Cham*  
**Executive Director**

*Mona McCubbins*  
**Director of Assisted Living**

*Jerri Lewis*  
**Director of Health Services**

*Kayla Wheatley*  
**Director of Social Services**

*Samantha Lopez*  
**AP/Payroll**

*Tanya Florexile*  
**Director of Food Services**

*Alfajo Jallow*  
**Director of Environmental Services**

*Anthony Stephens*  
**Director of Plant Operations**

*Lisa Richards*  
**Life Enrichment Director**

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

*Cut, color, and make a card to give!*

*All trivia answers will be printed  
in our upcoming month's newsletter!*

**Question 1:** How many days  
of Kwanza are there?

**Question 2:** What country was  
the original St. Nicholas from?

**Question 3:** How many ghosts are  
in the movie A Christmas Carol?

**Question 4:** How do you say  
"Merry Christmas" in Spanish?

**Question 5:** What are the  
names of the three reindeer whose  
names start with the letter "D"?

*Flip the page for last  
month's trivia answers:*

*Q1: Who was the first U.S. President to  
pardon a turkey? George H.W. Bush*  
*Q2: How many days did the first  
Thanksgiving celebration last? Three days*  
*Q3: True or False: Canada also celebrates  
Thanksgiving in November. False*  
*Q4: Are pumpkins vegetables or fruits? Fruits*  
*Q5: What popular Christmas song  
was originally written to be a  
Thanksgiving song? Jingle Bells*



## Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
F	E	S	T	I	V	E	F	X	O	F	F	I	H	N	Y	G	D	Y
B	Q	J	X	N	C	Z	P	C	K	P	B	T	O	S	H	E	D	T
G	R	U	L	N	O	O	I	Y	A	H	P	D	F	X	L	S	U	C
P	G	B	N	M	L	T	Z	W	Q	K	N	O	I	H	Q	T	N	X
R	M	I	O	O	Z	Q	E	H	L	Q	D	T	Z	M	E	U	S	C
G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
H	C	E	E	I	L	N	T	K	D	L	T	N	F	G	E	E	T	P
T	B	A	L	Q	N	J	G	Z	W	U	I	X	L	K	H	S	L	E
G	I	S	Z	U	Y	G	G	A	P	L	Q	D	C	I	I	I	E	C
F	Y	O	N	A	Y	T	F	W	E	Z	E	I	A	L	N	S	T	I
R	K	N	Q	F	U	G	Y	E	S	I	T	K	H	Y	W	I	T	A
Y	J	O	Y	F	U	L	F	Z	J	S	I	S	S	O	Z	M	E	L
J	I	F	L	L	D	H	L	B	G	I	I	X	J	C	R	Y	R	C
K	B	F	U	Q	T	H	E	E	E	W	Y	F	J	U	C	O	I	R
T	W	D	W	Q	H	P	P	H	J	P	D	B	W	B	H	I	V	O
V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK  
BRIGHTEN  
FEELING  
FESTIVE

GESTURE  
GIFT  
GIVING  
HOLIDAY

JOYFUL  
LETTER  
NOTE  
NOVEL

SEASON  
SPECIAL  
STICKERS  
WISHLIST