

# Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

## The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

## What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from  
our family to yours!**

# Happy Birthday!

## Residents

Naomi R.	12/08
Jane S.	12/12
Quentin W.	12/13
Ronald R.	12/29

## Staff

Kendra L.	12/01
Dustin R.	12/15
Judy B.	12/16
Chad G.	12/22
Dawn D.	12/25

## Upcoming Events

If you are willing to adopt a resident for Christmas, please give Cindy Manning, Life Enrichment Director, a call at 765-966-5705. We would love to have all our residents receive presents on Christmas Day! Thank you!!

## Executive Director Corner

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for

the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service,  
*Michael Lacey*  
Division Operations Support

## Theme Dinner

Our Theme Dinner for October was The Great Gatsby. The residents enjoyed going back in time to the roaring 20s during the whole week! We had wonderful food, dancing and great laughs.







## Family Night

Trick or Treat at the campus was a huge hit! We had about 70 kids and family members come to visit the campus for our family night. We want to thank all those that came out to let our residents pass out the candy.



## LIVE A DREAM

More Live A Dream wishes come true! Our Trilogy campus all had the pleasure to go to Bradford Woods and was able to participate in boating, archery, fishing and even ziplining! Yes, I said that right! Zipline!

Mary wanted to go do Archery because she used to do Archery in College with her friends. This brought lots of memories back. Robyn is an adventurous lovely lady. She has never gone ziplining before and wanted to attempt it. She absolutely loved it!! We even had a special dream come true by Theda. Her dream was to go boating again. Her Grandfather was a fisherman and owned a fishing camp. Prior to getting the cabins built, the family had to live in tents. Overtime, more cabins were built. Theda was about 8 years old and remembered boating with her grandfather and wanted to relive the moment.

We had other residents enjoy archery and boating as well. It was a perfect day for many!







# FOREST PARK

HEALTH CAMPUS

*A Trilogy Senior Living Community*

2401 South L Street

Richmond, IN 47374

765-966-5705

forestparkhc.com |

*Michael Lacey*

*Division Operations Support*

*Guyanna Bedwell-Shook*

*Assistant Living Director*

*Robin Huston*

*Executive Director*

*Joshua Adams*

*Customer Service Representative*

*Christine Cela*

*Business Office Manager*

*Cindy Manning*

*Life Enrichment Director*

*Guyanna Bedwell*

*AL Unit Manager*

*Tammy Jones*

*Director of Environmental Services*

*Kendra Lester*

*Director of Social Services*

*Chuck Berry*

*Director of Food Services*

*Bradly Smith*

*Director of Plant Operations*

*Nikki Kemp*

*Therapy Program Director*

*Jean Varner*

*MDS Coordinator*

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*Cut, color, and make a card to give!*

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** How many days of Kwanza are there?

**Question 2:** What country was the original St. Nicholas from?

**Question 3:** How many ghosts are in the movie *A Christmas Carol*?

**Question 4:** How do you say "Merry Christmas" in Spanish?

**Question 5:** What are the names of the three reindeer whose names start with the letter "D"?

*Flip the page for last month's trivia answers:*

Q1: Who was the first U.S. President to pardon a turkey? George H.W. Bush  
Q2: How many days did the first Thanksgiving celebration last? Three days  
Q3: True or False: Canada also celebrates Thanksgiving in November. False  
Q4: Are pumpkins vegetables or fruits? Fruits  
Q5: What popular Christmas song was originally written to be a Thanksgiving song? Jingle Bells



## Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
F	E	S	T	I	V	E	F	X	O	F	F	I	H	N	Y	G	D	Y
B	Q	J	X	N	C	Z	P	C	K	P	B	T	O	S	H	E	D	T
G	R	U	L	N	O	O	I	Y	A	H	P	D	F	X	L	S	U	C
P	G	B	N	M	L	T	Z	W	Q	K	N	O	I	H	Q	T	N	X
R	M	I	O	O	Z	Q	E	H	L	Q	D	T	Z	M	E	U	S	C
G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
H	C	E	E	I	L	N	T	K	D	L	T	N	F	G	E	E	T	P
T	B	A	L	Q	N	J	G	Z	W	U	I	X	L	K	H	S	L	E
G	I	S	Z	U	Y	G	G	A	P	L	Q	D	C	I	I	I	E	C
F	Y	O	N	A	Y	T	F	W	E	Z	E	I	A	L	N	S	T	I
R	K	N	Q	F	U	G	Y	E	S	I	T	K	H	Y	W	I	T	A
Y	J	O	Y	F	U	L	F	Z	J	S	I	S	S	O	Z	M	E	L
J	I	F	L	L	D	H	L	B	G	I	I	X	J	C	R	Y	R	C
K	B	F	U	Q	T	H	E	E	E	W	Y	F	J	U	C	O	I	R
T	W	D	W	Q	H	P	P	H	J	P	D	B	W	B	H	I	V	O
V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK  
BRIGHTEN  
FEELING  
FESTIVE

GESTURE  
GIFT  
GIVING  
HOLIDAY

JOYFUL  
LETTER  
NOTE  
NOVEL

SEASON  
SPECIAL  
STICKERS  
WISHLIST