



Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in. As beneficial to the mind as it is the soul, reading is proven to help sharpen mental acuity — making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

Happy Holidays from our family to yours!

Happy Birthday!

Residents	
Jerry H.	12/07
Paula H.	12/07
Arthur P.	12/12
Richard "Zeke" H.	12/12
Racheal C.	12/18
Staff	
Lacey F.	12/01
Pamela C.	12/06
Sailor C.	12/11
Elaine H.	12/11
Jadison R.	12/14
Marianne B.	12/14
Jerri C.	12/15
Alissa T.	12/17

12/26

12/31

12/31

Live a Dream Highlights

Craig C.

Amanda V.

Kateland S.







Executive Director Corner

Welcome to December! It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for

the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each of you for such a fantastic year. From all our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service.

Micole Griffith
Executive Director









Covered Bridge Outing Highlights



Smile of the Month



Save the Date

Family Night Christmas 12/15 @ 6;30pm

Sunday Brunch
Brunch 12/11

Great Gatsby Theme Dinner











HEALTH CAMPUS

A Trilogy Senior Living Community

1850 E. Howard Wayne Dr Terre Haute, IN 47802 812-232-0406 cobblestonehc.com | ♥ f

> Nicole Griffith Executive Director

Angel Robinson Director of Health Services

Jessica Bailey Assistant Director of Health Services

Jennifer Foley Customer Service Representative

> Yasmin Business Office Manager Tiffany Phillippe Life Enrichment Director

Kim Palmer Director of Resident Services Brad Elder

Director of Plant Operations

Terrie Pine Director of Dining Services

Jamie Couthen Environmental Services Director

> Addisson Pearison Therapy Program Director

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: How many days of Kwanza are there?

Question 2: What country was the original St. Nicholas from?

Question 3: How many ghosts are in the movie A Christmas Carol?

Question 4: How do you say "Merry Christmas" in Spanish?

Question 5: What are the names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1: Who was the first U.S. President to pardon to turkey? George H.W. Bush
Q2: How many days did the first
Danksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins veggetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Cut, color, and make a card to give!

Word Gearch

Y Н C Ν C D Ι Ι X Μ Α K J J D J J S F Q R X J U R E В G Ι Н W В Q F R Ζ E М Α D Q J K 0 Ν Q В J C S F E Е F X 0 Ι Н Ν G D Y Z Q J C P C K Ρ В Т 0 S Е D Т В G R U Ν O O Ι Υ Α Н D F X L S U C Ζ G В Ν Μ Т Q K 0 Ι Q Т Ν X W Ι Ε Q Z E S C R М O 0 Q Н D Т Ρ S В G R U S G T 0 0 Α Ι D J C Е Е Т K Т F G E Е Т P Н Ν D Ν Т В Α J G Z U Ι X L S L E S Z G C G Ι Y G P O D C Ι Ι E F Y O Ν Т F W Е Z Е Ι Α L N S Т Ι S Ι Ι K Q G Υ Е Т K Н Y W Т Α R Ν Z J O J Ι S S 0 Z М Е G R C J Ι В Ι X J Y R В E Е W Y 1 C O Ι R Т Ρ В Ι Т W D W Q Н P Р Н J D В W Н V O R G H Е G K Μ X X X V

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE GIFT GIVING HOLIDAY JOYFUL LETTER NOTE

NOVEL

SEASON SPECIAL STICKERS WISHLIST