Blair Ridge Health Campus Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	Birthdays Pauline F. 12/07 Mary G. 12/11 Judith C. 12/13 Jewel G. 12/22 Hershel M. 12/25 Barbara J. 12/26 Jennie W. 12/31	Keep an eye on Community Share for the latest updates!	V10:00 Exercise - Full Body Workout! GF11:15 Throwback Thursday CC 1:30 Bacon Wrapped Apricot Bites (MDR) S 2:00 Chef's Circle (MDR) GC 5:25 Dominos (MDR)	V10:00 Exercise- Full Body Workout! L11:15 Fun Fact Friday GG 1:30 Yahtzee (MDR) S 3:00 Hot Cocoa Happy Hour	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Convo's K 1:30 Trivia GG 2:00 Bingo (HC Dining Room)
M10:15 Music to My Ears (MDR) M11:15 Soulful Sunday K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	V10:00 Exercise- Full Body Workout! 11:00 Story Telling - A Pioneer Christmas GF11:15 Coffee & Current Events O 1:00 Shopping Trip: Walmart K 2:00 Bingo (Dining Room) I 5:15 Bible Study (PDR)	Christmas Tree Decorating Day! V10:00 Chair Yoga K11:15 Trivia Tuesday A 1:30 Selfie Elfie Craft (AL Dining Room) I 3:00 Church with Roger Smith (HC Activity Room)	GG10:00 Bingo (Dining Room) GF11:00 Current Event Catch-Up! 12:30 A Visit from Wrangler! O 1:30 Mystery Drive A 2:00 Nails & Spa Treatments M 3:00 Way Back Wednesday Music	V10:00 Exercise - Full Body Workout! GF11:15 Throwback Thursday CC 1:30 Sweet Potato Bites w/ Avocado & Bacon (MDR) S 2:00 Chef's Circle (MDR) GF 5:35 Movie Night (B)	y 10:00 Exercise- Full Body Workout! IG11:00 Men's Club - Out to Lunch! 11:15 Fun Fact Friday In Second Penny Pitch! (AL Dining Room) In Second Pastry Day Happy Hour	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Convo's K 1:30 Trivia GG 2:00 Bingo (AL Dining Room)
2:40 Devotions/Bible	Body Workout!	V10:00 Chair Yoga O11:00 Ladies Lunch Out! K11:15 Trivia Tuesday A 2:30 Pine Cone Christmas Tree Craft (AL Dining Room) I 3:00 Church with Roger Smith (HC Activity Room) S 4:00 Birthday Party for all AL/IL/Villa Residents with December	K10:00 12 Days of Christmas Bingo (Dining Room) GF11:00 Current Event Catch-Up! 1:30 Mystery Drive 2:00 Nails & Spa Treatments M 3:00 Way Back Wednesday Music	V10:00 Exercise - Full Body Workout! GF11:15 Throwback Thursday C1:30 Candied Pecans (MDR) S 2:00 Chef's Circle (MDR) O 5:25 Christmas Light Drive	V10:00 Exercise- Full Body Workout! L11:15 Fun Fact Friday 1:30 Inspired Living Meeting (AL Dining Room) S 3:00 Ugly Sweater Happy Hour - Wear Your Ugly Christmas Sweater!	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Convo's K 1:30 Trivia GG 2:00 Bingo (HC Dining Room)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M10:15 Music to My Ears (MDR) M11:15 Soulful Sunday 2:00 Yahtzee (MDR) 1 2:40 Devotions/Bible Study	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Current Events O 1:00 Shopping Trip: Kroger K 2:00 Bingo (Dining Room) M 5:30 Monday Night Music (MDR)	M 9:30 Music w/Adam (AL Dining Room) V10:00 Chair Yoga K11:15 Trivia Tuesday I 3:00 Church with Roger Smith (HC Activity Room)	GG10:00 Bingo (Dining Room) GF11:00 Current Event Catch-Up! S 1:00 Resident Council 2:00 AL/IL/Villas Resident Christmas Party!	V10:00 Exercise - Full Body Workout! GF11:15 Throwback Thursday CC 1:30 Bisquick Sausage Balls (MDR) S 2:00 Chef's Circle (MDR) K 5:35 Card Games - Dealer's Choice! (PDR)	V10:00 Exercise- Full Body Workout! JG11:00 Men's Club 11:15 Fun Fact Friday K 1:30 Horse Racing (MDR) S 3:00 Christmas Carol Happy Hour	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Convo's K 1:30 Christmas Trivia GG 2:00 Bingo (AL Dining Room)
M10:15 Music to My Ears (MDR) M11:15 Soulful Sunday K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Current Events O 1:00 Shopping Trip: Dollar Tree K 2:00 Bingo (Dining Room)	V10:00 Chair Yoga K11:15 Trivia Tuesday A 2:30 Community Connections I 3:00 Church with Roger Smith (HC Activity Room)	K10:00 Bingo (Dining Room) GF11:00 Current Event Catch-Up! 1:30 Mystery Drive 2:00 Nails & Spa Treatments M 3:00 Way Back Wednesday Music	V10:00 Exercise - Full Body Workout! GF11:15 Throwback Thursday C1:30 Cinnamon Sugar Tortilla Chips (MDR) S 2:00 Chef's Circle (MDR) I 5:25 Inspired By Others (MDR)	V10:00 Exercise- Full Body Workout! L11:15 Fun Fact Friday K 1:30 Connect 4 (MDR) S 3:00 Happy New Year Happy Hour	New Year's Eve V10:00 Exercise- Full Body Workout! GF11:15 Coffee & Convo's K 1:30 Trivia GG 2:00 Bingo (HC Dining Room)

Blair Ridge Health Campus Health Center

	Dece	mbe	r 20	22
 Tuesday	Wednesday	Thursday	Friday	Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	Our Ombudsman: Dana Neer dneer@areafive.com Phone: 574-722-4451	Keep an eye on Community Share for the latest updates!	V10:00 Exercise - Full Body Workout! MM11:00 Mindful Moments- Throwback Thursday CC 3:00 Bacon Wrapped Apricot Bites S 3:15 Chef's Circle GG 6:15 Dominos (Activity Room)	V10:00 Exercise - Full Body Workout! M11:00 Mindful Moments- Fun Fact Friday GG 2:10 Yahtzee (Activity Room) S 3:40 Hot Cocoa Happy Hour	V10:40 Exercise - Full Body Workout! M11:00 Mindful Moments- Coffee & Conversation GG 2:00 Bingo (HC Dining Room) K 3:15 Trivia
	M11:00 Mindful Moments	Christmas Tree Decorating Day! V10:00 Exercise- Chair Yoga! MM11:00 Mindful Moments- Trivia Tuesday A 1:30 Selfie Elfie Craft (AL Dining Room) I 3:00 Church with Roger Smith (Activity Room)	1 10:00 Attitude of Gratitude A 10:30 Nails & Spa Treatments MN11:15 Mindful Moments- Music in Motion with Therapy! 12:30 A Visit from Wrangler! O 1:30 Mystery Drive K 3:00 Bingo (Activity Room)	V10:00 Exercise - Full Body Workout! MN11:00 Mindful Moments- Throwback Thursday CC 3:00 Sweet Potato Bites w/ Avocado & Bacon S 3:15 Chef's Circle GF 5:35 Movie Night (B)	V10:00 Exercise - Full Body Workout! IG11:00 Men's Club - Out to Lunch! M11:00 Mindful Moments- Fun Fact Friday K 1:30 Penny Pitch! (AL Dining Room) S 3:40 National Pastry Day Happy Hour	V10:40 Exercise - Full Body Workout! M11:00 Mindful Moments- Coffee & Conversation GG 2:00 Bingo (AL Dining Room) K 3:30 Trivia
M 3:30 Denver Baptist Church - Caroling 1 3:30 Devotions/Bible Study K 4:00 Spelling Bee Time!	M11:00 Mindful Moments - Coffee & Current	V10:00 Exercise- Chair Yoga! O11:00 Ladies Lunch Out! MN11:00 Mindful Moments- Trivia Tuesday A 2:30 Pine Cone Christmas Tree Craft (AL Dining Room) I 3:00 Church with Roger Smith (Activity Room) S 4:15 Birthday Party for	I 10:00 Attitude of Gratitude A 10:30 Nails & Spa Treatments MM 1:15 Mindful Moments- Music in Motion with Therapy! O 1:30 Mystery Drive K 3:00 12 Days of Christmas Bingo (Activity Room)	V10:00 Exercise - Full Body Workout! MN11:00 Mindful Moments- Throwback Thursday CC 3:00 Candied Pecans S 3:15 Chef's Circle O 5:25 Christmas Light Drive	V10:00 Exercise - Full Body Workout! M11:00 Mindful Moments- Fun Fact Friday 2:00 Inspired Living Meeting S 3:40 Ugly Sweater Happy Hour - Wear Your Ugly Christmas Sweater!	V10:40 Exercise - Full Body Workout! M11:00 Mindful Moments- Coffee & Conversation GG 2:00 Bingo (HC Dining Room) K 3:15 Trivia

Blair Ridge Health Campus Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M 9:30 Music to My Ears MN1:00 Mindful Moments - Soulful Sunday GG 1:00 Yahtzee I 3:30 Devotions/Bible Study K 4:00 Spelling Bee Time!	V10:00 Bean Bag Toss MN11:00 Mindful Moments - Coffee & Current Events O 1:00 Shopping Trip: Kroger GG 3:30 Bingo (Activity Room) M 6:25 Monday Night Music	M 9:30 Music w/Adam (AL Dining Room) V10:00 Exercise- Chair Yoga! MN11:00 Mindful Moments- Trivia Tuesday S 2:00 HC Resident Christmas Party!	21 Winter Begins 1 10:00 Attitude of Gratitude 5 10:15 Resident Council A 10:30 Nails & Spa Treatments MN11:15 Mindful Moments- Music in Motion with Therapy! O 1:30 Mystery Drive K 3:00 Bingo (Activity Room)	V10:00 Exercise - Full Body Workout! MN11:00 Mindful Moments- Throwback Thursday CC 3:00 Bisquick Sausage Balls S 3:15 Chef's Circle M 5:35 Card Games, Dealer's Choice! (AL PDR)	V10:00 Exercise - Full Body Workout! JG11:00 Men's Club MN11:00 Mindful Moments- Fun Fact Friday K 2:45 Horse Racing Game S 3:40 Christmas Carol Happy Hour	V10:40 Exercise - Full Body Workout! MN11:00 Mindful Moments- Coffee & Conversation GG 2:00 Bingo (AL Dining Room) K 3:30 Trivia
M 9:30 Music to My Ears M11:00 Mindful Moments - Soulful Sunday GG 1:00 Yahtzee I 3:30 Devotions/Bible Study	V10:00 Bean Bag Toss MN11:00 Mindful Moments - Coffee & Current Events O 1:00 Shopping Trip: Dollar Tree GG 3:30 Bingo (Activity Room)	V10:00 Exercise- Chair Yoga! MN11:00 Mindful Moments- Trivia Tuesday A 2:30 Community Connections (AL Dining Room) I 3:00 Church with Roger Smith (Activity Room) K 4:00 Poetry Reading	In 10:00 Attitude of Gratitude And 10:30 Nails & Spatreatments MN 11:15 Mindful Moments- Musicin Motion with Therapy! In 1:30 Mystery Drive 3:00 Bingo (Activity Room)	V10:00 Exercise - Full Body Workout! MN11:00 Mindful Moments- Throwback Thursday CC 3:00 Cinnamon Sugar Tortilla Chips S 3:15 Chef's Circle I 6:35 Inspired by Others	V10:00 Exercise - Full Body Workout! MN11:00 Mindful Moments- Fun Fact Friday K 2:10 Connect 4 S 3:40 Happy New Year Happy Hour	New Year's Eve V10:40 Exercise - Full Body Workout! MN11:00 Mindful Moments- Coffee & Conversation GG 2:00 Bingo (HC Dining Room) K 3:15 Trivia

Blair Ridge Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Ombudsman: Dana Neer dneer@areafive.com Phone: 574-722-4451	EVERY MORNING (Times may vary) 9:30 Vitality 10:00 Keeping it Sharp 10:45 Creative Cooking	EVERY AFTERNOON (Times may vary) 2:00 Artisan 3:00 Musical Celebration 4:00 Group Games 6:00 Gathering of Friends	Birthdays Pauline F. 12/07 Mary G. 12/11 Judith C. 12/13 Jewel G. 12/22 Hershel M. 12/25 Barbara J. 12/26 Jennie W. 12/31	Categories Game German Chocolate Fudge Healthy Hands Relax & Recharge Have a Gentle Conversation Music That Made Movies Famous	Laughter Yoga K Turn-Over C Cheese Bread Healthy Hands Relax & Recharge A Sandpaper Painting M Happy Hour-Friday G Pin the Tail on the Bessie Healthy Hands Time for Tea Nighttime Traditions	Bandana Dance K American Landmarks CC Veggie Mini Pizzas Healthy Hands Relax & Recharge A Art Appreciation - Starry Night M Bust a Move GC Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions
V Don't Worry, Be Happy K Life Story C Toffee Cake Healthy Hands Relax & Recharge A Newspaper Art Collage M Who Sang it Best G Color Wheel Trivia Healthy Hands GF Charades Nighttime Traditions	Move It Monday Football Frenzy Tomato Spinach Quiche Healthy Hands Relax & Recharge Watercolor Silhouettes M Groovin to Songs with Numbers GG Velcro Catch Healthy Hands Flower Arranging Nighttime Traditions	V Pump It Up K Message in a Bottle S'more Puppy Chow Healthy Hands Relax & Recharge A Snowfall Painting M Music Trivia GG Babbling Brook Word Game Healthy Hands GF Hangman Nighttime Traditions	 Mindfulness Matters Working with Letters Cabbage Soup Healthy Hands Relax & Recharge Snowman Painting Hippy Dance State Plate Game Healthy Hands LifeShare Games Nighttime Traditions 	V Let's Take A Trip Categories Game Peanut Butter Fudge Healthy Hands Relax & Recharge Poetry Writing M Music That Made Movies Famous GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions	 V Laughter Yoga K Turn-Over G Braided Nutella Loaf Healthy Hands Relax & Recharge A Snow Sensory Bottle M Happy Hour-Friday G Pin the Tail on the Bessie Healthy Hands GF Time for Tea Nighttime Traditions 	V Bandana Dance K American Landmarks C Margherita Mini Pizzas Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move G Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions
V Don't Worry, Be Happy K Life Story C Chocolate Chip Cake Healthy Hands Relax & Recharge A Opposites Collage M Who Sang it Best Color Wheel Trivia Healthy Hands GF Charades Nighttime Traditions	Move It Monday Football Frenzy Bacon Cheddar Quiche Healthy Hands Relax & Recharge Collaborative Weaving M Groovin to Songs with Numbers Velcro Catch Healthy Hands Flower Arranging Nighttime Traditions	V Pump It Up K Message in a Bottle C Brownie Puppy Chow Healthy Hands Relax & Recharge A Cloth Tie Wreath M Music Trivia G Babbling Brook Word Game Healthy Hands GF Hangman Nighttime Traditions	 Mindfulness Matters Working with Letters Vegetable Soup Healthy Hands Relax & Recharge Winter Scenery Hippy Dance State Plate Game Healthy Hands LifeShare Games Nighttime Traditions 	V Let's Take A Trip Categories Game Mint Chocolate Oreo Fudge Healthy Hands Relax & Recharge Deck of Wit & Wisdom Music That Made Movies Famous Memory Matching Healthy Hands Relaxing Puzzle Time Nighttime Traditions	V Laughter Yoga K Turn-Over C Stuffed Bread Healthy Hands Relax & Recharge A Spice Painting M Happy Hour-Friday G Pin the Tail on the Bessie Healthy Hands GF Time for Tea Nighttime Traditions	V Bandana Dance K American Landmarks C Hawaiian Mini Pizzas Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move G Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions

Blair Ridge Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
Don't Worry, Be Happy Life Story Toasted Nuts Cake Healthy Hands Relax & Recharge Picture Prompts Who Sang it Best Color Wheel Trivia Healthy Hands GF Charades Nighttime Traditions	 Mushroom Garlic Pepper Quiche Healthy Hands Relax & Recharge Tape Resist Watercolor 	Funfetti Puppy Chow Healthy Hands Relax & Recharge Tie Wreath M Music Trivia	 Mindfulness Matters Working with Letters Baked Potato Soup Healthy Hands Relax & Recharge Rock Birds Hippy Dance State Plate Game Healthy Hands LifeShare Games Nighttime Traditions 	GG Memory Matching Healthy Hands	 ✓ Laughter Yoga K Turn-Over Grandma's Irish Soda Bread Healthy Hands Relax & Recharge A Nutty Christmas Gift Tag M Happy Hour-Friday GG Pin the Tail on the Bessie Healthy Hands GF Time for Tea Nighttime Traditions 	W Bandana Dance K American Landmarks C Create Your Own Mini Pizzas Healthy Hands Relax & Recharge A Christmas Sponge Wreath M Bust a Move G Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
Christmas Scarf Dance Christmas Myths, Quotes and Jokes Fruitcake Healthy Hands Relax & Recharge Christmas Tree Painting M Who Sang it Best Color Wheel Trivia Healthy Hands Charades Nighttime Traditions	Football Frenzy Ham and Cheese Quiche Healthy Hands Relax & Recharge Watercolor Bubble Art Tree M Groovin to Songs with Numbers GVelcro Catch Healthy Hands	G Babbling Brook Word	Mindfulness Matters Working with Letters Corn Chowder Healthy Hands Relax & Recharge A Thumbprint Dandelion M Hippy Dance GG State Plate Game Healthy Hands GF LifeShare Games Nighttime Traditions	 Let's Take A Trip Categories Game Chocolate Pecan Fudge Healthy Hands Relax & Recharge Creative Storytelling - Famous Painting Music That Made Movies Famous Memory Matching Healthy Hands Relaxing Puzzle Time Nighttime Traditions 	Laughter Yoga K Turn-Over CC Pretzels Healthy Hands Relax & Recharge M Winter Sugar Painting M Happy Hour-Friday GG Pin the Tail on the Bessie Healthy Hands GF Time for Tea Nighttime Traditions	W Bandana Dance K American Landmarks C Pepperoni Mini Pizzas Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move G Corn Hole Healthy Hands GF Words that Begin with Christmas Time Nighttime Traditions