

Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from
our family to yours!**

Happy Birthday!

Residents

| | |
|------------|-------|
| Evelyn H. | 12/08 |
| Carol S. | 12/13 |
| Frances M. | 12/18 |
| Monica P. | 12/19 |
| Melody S. | 12/21 |
| Ruth W. | 12/31 |

Staff

| | |
|--------------|-------|
| Laralee Y. | 12/01 |
| Michelle Y. | 12/03 |
| Susan C. | 12/03 |
| Elizabeth K. | 12/04 |
| Deloris M. | 12/06 |
| Jessica K. | 12/18 |
| Hayden B. | 12/18 |
| Joe V. | 12/22 |
| Shaylee S. | 12/25 |
| Barbara M. | 12/27 |

Staff Involvement

We all know the saying “teamwork makes the dream work” and that saying stands true for the team we are creating and investing in at Aspen Place Health Campus. It takes the whole gang to pull off some of our best events and we could not accomplish our daily goals without everyone. Aspen Place Health Campus is growing and reaching for excellence, but that won't stop us from having fun along the way to accomplishing our goals for ourselves and for the quality care we provide to our residents.



Melissa, the Director of Food Services, and a handful of her staff are pictured here but there are many more in the kitchen and all of them help provide awesome food for our residents and our events.

Executive Director Corner

Welcome to December!

It's officially the most wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations towards our annual Hope for the Holidays campaign, which

supports our local charities throughout the holiday season. If you or a loved one would like to make a donation, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all of our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in service,

Karen Marzece

Interim Executive Director



We work every day to create epic experiences for our residents and many times, that means getting to dress up for our residents.



The therapy department rocked their Gru and his minions group costume for Halloween.

OUT AND ABOUT

Do you like supporting local businesses? Our residents love getting to visit local businesses and reminiscing about their memories there. One Out and About led our residents to a well known restaurant on the Greensburg square, Storie's Restaurant. When asked about their experience there Loren said, "The bus weighs an extra ton now!" They had a great time and thank you, Storie's Restaurant for a great experience for our residents!



Our residents had a wonderful time at Storie's Restaurant and were thankful for the awesome service from their waitress Morgan and the rest of the staff.



We had a good group of residents go to Storie's and Loren couldn't resist being a trickster and blowing his straw paper across the table.

Smile of the Month

This month's Smile of the Month belongs to...drum roll please...

Loren! You can find Loren cruisin' around the campus on his scooter he affectionately named Jazzy, being a puzzle master, or showing no mercy at the card table. Loren has been with us since 2019 and has made a lasting impression here at Aspen Place Health Campus. Keep on Smilin' Loren!



Loren's smile can light up a room and shines even brighter when he is doing something he loves, like fishing.

CREATIVE COOKING

Do you need a fun cupcake recipe? Our residents loved making some yummy Apple Cider Cupcakes with Cinnamon Sugar Frosting! Our recipe was inspired by Sweetly Splendid's recipe and it was one to save for the recipe card box.

Apple Cider Cupcakes

- ½ cup unsalted butter, softened
- 2 Eggs
- 2 Cups All-purpose flour
- 2 tsp Baking Powder
- 2/3 cup Brown Sugar
- 1 tsp Cinnamon, ground
- ½ tsp salt
- 1 tsp vanilla
- 1/3 cup white sugar
- 1 cup Apple Cider

Cinnamon Sugar Frosting

- 1 cup unsalted butter, softened
- ½ cup brown sugar, packed
- 1 tsp Cinnamon, ground
- 1 tsp vanilla extract
- 3 ½ cups powdered sugar

Drizzle

- Caramel sauce

Making the Cupcakes

- Preheat oven to 350.
- In a large bowl, mix the butter and brown and white sugar.
- Once mixed together, add eggs, vanilla extract, and apple cider.

- Gently add in flour, baking powder, cinnamon, and salt mixing. Do not over mix.
- Fill each liner 2/3 of the way full.
- Bake for 20 minutes or until a toothpick inserted in the center comes out clean.
- Set aside to cool completely.

Making the Cupcakes

- Cream together butter and brown sugar, cinnamon and vanilla extract.
- Once the butter mixture is fully whipped, add in the powdered sugar a little at a time.
- Pipe on to cooled cupcakes.
- Drizzle with caramel and enjoy!



ASPEN PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

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Greensburg, IN 47240

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aspenplacehc.com |

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Director of Health Services

Alissa Struckman

Business Office Manager

Morgan Lanham

Community Service Representative

Ashley Koontz

Life Enrichment Director

Amberley Green

Social Services Director

Keith Morris

Director of Plant Operations

Mellissa Shook

Director of Food Services

Thomas Caplinger

Assistant Director of Food Services

Christy Peters

Director of Environmental Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

Cut, color, and make a card to give!

*All trivia answers will be printed
in our upcoming month's newsletter!*

Question 1: How many days
of Kwanza are there?

Question 2: What country was
the original St. Nicholas from?

Question 3: How many ghosts are
in the movie A Christmas Carol?

Question 4: How do you say
"Merry Christmas" in Spanish?

Question 5: What are the
names of the three reindeer whose
names start with the letter "D"?

*Flip the page for last
month's trivia answers:*

*Q1: Who was the first U.S. President to
pardon a turkey? George H.W. Bush
Q2: How many days did the first
Thanksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins vegetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells*



Word Search

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| Q | R | J | X | J | J | U | R | E | B | S | G | I | F | T | H | W | B | Q |
| E | M | F | A | D | H | Q | J | K | O | N | R | U | Z | Q | J | B | J | C |
| F | E | S | T | I | V | E | F | X | O | F | F | I | H | N | Y | G | D | Y |
| B | Q | J | X | N | C | Z | P | C | K | P | B | T | O | S | H | E | D | T |
| G | R | U | L | N | O | O | I | Y | A | H | P | D | F | X | L | S | U | C |
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| V | X | I | U | B | R | I | G | H | T | E | N | G | X | A | K | X | V | M |

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE
GIFT
GIVING
HOLIDAY

JOYFUL
LETTER
NOTE
NOVEL

SEASON
SPECIAL
STICKERS
WISHLIST