Aspen Place Health Campus Assisted Living

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce MN - Mindful Moments 	 M - Music to My Ears Out & About S - Signature Events V - Vitality 		Do you have any talents or hobbies you would like to share with your peers? Contact the Life Enrichment team!	1 V 10:00 Group Exercise: Resistance Bands K 10:30 Word Games M 11:30 Chef's Circle O 11:45 Out and About: Pudder's GG 3:30 BINGO S 6:00 Christmas Tree Lighting GF 6:30 Resident Program	 2 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights M10:30 Drummin' to the Beat GG 2:00 Group Games S 3:00 Happy Hour(Pub) 	3 K 9:00 Aspen Talks History №10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time
4 M 9:15 Sunday Hymns I 10:00 St. Mary's Mass (LR) I 11:00 Church Service (TS) GF 2:30 Treat Cart	5 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights GG 2:00 Card Club 1 3:00 Church Service GF 6:00 BINGO Night	 6 10:00 Group Exercise: Resistance Bands 11:15 Trivia: EZ Does It (DR) 2:00 Out and About: Let's Go Cruisin' 3:30 Creative Cooking: Christmas Cookies 	 7 K 9:00 Aspen Talks History V 10:00 Group Exercise: Weights CC11:30 Ambassador's Club G 2:00 GCHS Show Choir Presentation A 3:30 DIY Craft: Paint Swirled Ornaments I 6:00 Spa Night 	8 10:00 Group Exercise: Resistance Bands K10:30 Word Games M11:30 Chef's Circle 011:45 Out and About: Zaxby's GG 3:30 BINGO	 9 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights M10:30 Drummin' to the Beat GG 2:00 Group Games S 3:00 Happy Hour(Pub) 	10 K 9:00 Aspen Talks History V 10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time
11 M 9:15 Sunday Hymns I 10:00 St. Mary's Mass (LR) I 11:00 Church Service (TS) S 11:00 Sunday Brunch GF 2:30 Treat Cart	 12 S Trilogy's 25 Year Anniversary K 9:00 Aspen Talks History V10:00 Group Exercise: Weights GG 2:00 Card Club A 3:30 Canvas & Color: Winter Wonderland GF 6:00 BINGO Night 	 13 10:00 Group Exercise: Resistance Bands 11:00 Entertainment: Susie Grelle 11:15 Trivia: EZ Does It (DR) 12:00 Just the Guys (Act) 2:00 Out and About: Let's Go Cruisin' 3:30 Creative Cooking: Christmas Cookie Dip 	 14 5 7:00 Taste of Town: Cornerstone K 9:00 Aspen Talks History V 10:00 Group Exercise: Weights I 1:15 Rosary G 2:00 Card Club A 3:30 DIY Craft: Christmas Wreaths I 6:00 Spa Night 	 15 10:00 Group Exercise: Resistance Bands 10:30 Word Games 11:00 Out and About: The Farmhouse Diner 11:30 Chef's Circle 3:30 BINGO 	 16 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights M10:30 Drummin' to the Beat G 1:15 Elementary School Student Carolers S 3:00 Happy Hour(Pub) 	17 K 9:00 Aspen Talks History V 10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time

This schedule is subject to change. Music to My Ears occurs during Canvas & Color and DIY Craft events. A Lifelong Learning cart will be available Monday and Friday following lunch service. Kirsten Boutheir, LTC Ombudsman (812)-372-6918



Aspen Place Health Campus Assisted Living

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 8 Hanukkah Begins 9:15 Sunday Hymns 10:00 St. Mary's Mass (LR) 11:00 Church Service (TS) F 2:30 Treat Cart 	 19 K 9:00 Aspen Talks History V 10:00 Group Exercise: Weights GG 2:00 Card Club A 3:30 Canvas & Color: Frosty the Snowman GF 6:00 BINGO Night 	 20 10:00 Group Exercise: Resistance Bands 11:00 Inspired Living Committee 11:15 Trivia: EZ Does It (DR) 11:45 Out and About: Pudder's 1:00 Resident Council 2:00 Out and About: Let's Go Cruisin' 3:30 Just the Gals: Crochet and Wine 	 21 Winter Begins K 9:00 Aspen Talks History V 10:00 Group Exercise: Weights GG 2:00 Card Club A 3:30 DIY Craft: Gingerbread Houses I 6:00 Spa Night 	 V10:00 Group Exercise: Resistance Bands K10:30 Word Games M11:30 Chef's Circle O12:00 Out and About: Frisch's Big Boy GG 3:30 BINGO 	 23 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights M10:30 Drummin' to the Beat GG 2:00 Group Games S 3:00 Happy Hour(Pub) 	24 Christmas Eve K 9:00 Aspen Talks History V 10:00 Noodle Ball GG1 1:00 BINGO GF 2:30 Cinema Time I 4:00 Christmas Eve Service
 Christmas Day Presents 9:15 Sunday Hymns 10:00 St. Mary's Mass (LR) 11:00 Church Service (TS) 2:00 Treat Cart 	 26 Kwanzaa Begins K 9:00 Aspen Talks History V 10:00 Group Exercise: Weights GG 2:00 Card Club A 3:30 Canvas & Color: Salt Painted Snowflakes GF 6:00 BINGO Night 	 27 10:00 Group Exercise: Resistance Bands K11:15 Trivia: EZ Does It (DR) 11:45 Out and About: Pudder's 2:00 Out and About: Let's Go Cruisin' 3:30 Creative Cooking: Hot Chocolate Dip 	 28 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights GG 2:00 Card Club A 3:30 DIY Craft: Salt Dough Ornaments I 6:00 Spa Night 	29 V10:00 Group Exercise: Resistance Bands K10:30 Word Games M11:30 Chef's Circle O 2:00 Out and About: The Branch GG 3:30 BINGO	 30 K 9:00 Aspen Talks History V10:00 Group Exercise: Weights M10:30 Drummin' to the Beat GC 2:00 Group Games S 3:00 Entertainment:Dor Stegemiller S 3:00 Happy Hour(Pub) 	31 New Year's Eve K 9:00 Aspen Talks History V 10:00 Noodle Ball GG11:00 BINGO GF12:00 New Year's Noon GF 2:30 Cinema Time

Kirsten Boutheir, LTC Ombudsman (812)-372-6918



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December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce MN - Mindful Moments 	M - Music to My Ears O - Out & About S - Signature Events V - Vitality		Do you have any talents or hobbies you would like to share with your peers? Contact the Life Enrichment team!	1 V10:00 Stretching and Body Motion V10:30 Tai Chi M11:45 Healthy Hands O11:45 Out and About: Pudder's GG 3:30 BINGO S 6:00 Christmas Tree Lighting	 2 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Drummin' to the Beat GC 2:00 Group Games S 3:00 Happy Hour(Pub) 	3 K 9:00 Aspen Talks History V10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time
4 M 9:15 Sunday Hymns I 10:00 St. Mary's Mass (LR) I 11:00 Church Service (TS) GF 2:30 Treat Cart	 5 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Zumba: Dancin' to the Rhythm of Song M 11:45 Through the Years G 2:00 Card Club I 3:00 Church Service G 6:00 BINGO Night 	 6 10:00 Group Exercise: Weights GC 10:30 Word Games K 11:15 Trivia: EZ Does It (DR) M 11:45 Healthy Hands O 2:00 Out and About: Let's Go Cruisin' C 3:30 Creative Cooking: Christmas Cookies 	 7 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 11:00 Chef's Circle CC11:30 Ambassador's Club G 2:00 GCHS Show Choir Presentation A 3:30 DIY Craft: Paint Swirled Ornaments 	 8 V10:00 Stretching and Body Motion V10:30 Tai Chi M11:45 Healthy Hands O11:45 Out and About: Zaxby's GG 3:30 BINGO 	 9 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Drummin' to the Beat G 2:00 Group Games S 3:00 Happy Hour(Pub) 	10 K 9:00 Aspen Talks History M10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time
 9:15 Sunday Hymns 9:15 Sunday Hymns 10:00 St. Mary's Mass (LR) 11:00 Church Service (TS) 11:00 Sunday Brunch GF 2:30 Treat Cart 	 12 12 12 130 Sing Constants 14 Story 15 Story 16 Story 17 Story 18 Story	 13 10:00 Group Exercise: Weights GG10:30 Word Games M11:00 Entertainment: Susie Grelle K11:15 Trivia: EZ Does It (DR) M11:45 Healthy Hands IG12:00 Just the Guys (Act) 2:00 Out and About: Let's Go Cruisin' 	 14 S 7:00 Taste of Town: Cornerstone K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 11:00 Chef's Circle I 1:15 Rosary G 2:00 Card Club A 3:30 DIY Craft: Christmas Wreaths 	 15 10:00 Stretching and Body Motion 10:30 Tai Chi 11:00 Out and About: The Farmhouse Diner 11:45 Healthy Hands 3:30 BINGO 	 16 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Drummin' to the Beat G 1:15 Elementary School Student Carolers S 3:00 Happy Hour(Pub) 	17 K 9:00 Aspen Talks History M10:00 Noodle Ball GG11:00 BINGO GF 2:30 Cinema Time

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Aspen Place Health Campus Health Campus

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
 9:15 Sunday Hymns 10:00 St. Mary's Mass (LR) 11:00 Church Service (TS) GF 2:30 Treat Cart 	 Server Server Ser	 V10:00 Group Exercise: Weights 10:30 Resident Council (Act) S11:00 Inspired Living Committee K11:15 Trivia: EZ Does It (DR) M11:45 Healthy Hands O11:45 Out and About: Pudder's O 2:00 Out and About: Let's Go Cruisin' GF 3:30 Just the Gals: 	 Senses We Go Through the Senses We Go 10:00 Group Exercise: Resistance Bands 11:00 Chef's Circle 2:00 Card Club 3:30 DIY Craft: Gingerbread Houses 6:00 Spa Night 	 10:00 Stretching and Body Motion 10:30 Tai Chi 11:45 Healthy Hands 12:00 Out and About: Frisch's Big Boy 3:30 BINGO 	 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Drummin' to the Beat GC 2:00 Group Games S 3:00 Happy Hour(Pub) 	 9:00 Aspen Talks History 10:00 Noodle Ball 11:00 BINGO 2:30 Cinema Time 4:00 Christmas Eve Service
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
 GF Christmas Day Presents M 9:15 Sunday Hymns I 10:00 St. Mary's Mass (LR) I 11:00 Church Service (TS) GF 2:00 Treat Cart 	 9:00 Aspen Talks History 9:30 Through the Senses We Go 10:00 Group Exercise: Resistance Bands 10:30 Zumba: Dancin' to the Rhythm of Song 2:00 Card Club 3:30 Canvas & Color: Salt Painted Snowflakes 6:00 BINGO Night 	 10:00 Group Exercise: Weights GG10:30 Word Games Trivia: EZ Does It (DR) 11:45 Healthy Hands 11:45 Out and About: Pudder's 2:00 Out and About: Let's Go Cruisin' 	 \$\begin{aligned} \$\begin{aligned} \$\begin{aligned} \$\begin{aligned} \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\ \$\	 10:00 Stretching and Body Motion 10:30 Tai Chi 11:45 Healthy Hands 2:00 Out and About: The Branch 3:30 BINGO 	 K 9:00 Aspen Talks History M 9:30 Through the Senses We Go V 10:00 Group Exercise: Resistance Bands M 10:30 Drummin' to the Beat G 2:00 Group Games S 3:00 Entertainment:Don Stegemiller S 3:00 Happy Hour(Pub) 	K 9:00 Aspen Talks History V 10:00 Noodle Ball GG11:00 BINGO GF12:00 New Year's Noon GF 2:30 Cinema Time

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Aspen Place Health Campus Legacy Lane

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans C - Creative Cooking GF - Gathering of Friends GG - Group Games JG - Just the Guys K - Keeping it Sharp/Reminisce V - Vitality 	Kirsten Bouthier Long-Term Care Ombudsman 812-372-6918	Birthdays 12/1 - Laralee Y 12/3 - Susan C 12/3 - Michelle Y 12/4 - Elizabeth K 12/6 - Deloris M 12/8 - Evelyn H 12/13 - Carol S 12/18 - Frances M 12/18 - Jessica K 12/18 - Hayden B	Birthdays 12/19 - Monica P 12/21 - Melody S 12/22 - Joe V 12/25 - Shaylee S 12/27 - Barbara M 12/29 - Elizabeth L 12/31 - Ruth W	 9:00 Let's Take A Trip 9:30 Categories Game 10:45 German Chocolate Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Have a Gentle Conversation 3:30 Music That Made Movies Famous 4:30 Healthy Hands 4:30 Healthy Hands 6F 6:00 Relaxing Puzzle Time 	 2 9:00 Laughter Yoga 9:30 Turn-Over 10:45 Cheese Bread 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Sandpaper Painting 3:30 Happy Hour- Friday 4:30 Healthy Hands 4:30 Healthy Hands 6 4:00 Time for Tea 7:00 Nighttime 	 3 9:00 Bandana Dance 9:30 American Landmarks 10:45 Veggie Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Art Appreciation - Starry Night 3:30 Bust a Move 4:30 Healthy Hands 3:30 Bust a Move 6:00 Corn Hole 4:30 Healthy Hands GF 6:00 Words that Begin with Christmas Time
 4 9:00 Don't Worry, Be Happy 9:30 Life Story 10:45 Toffee Cake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Newspaper Art Collage 3:30 Who Sang it Best 4:30 Healthy Hands 6:4:00 Color Wheel Trivia 4:30 Healthy Hands 6:00 Charades 7:00 Nighttime Traditions 	 5 9:00 Move It Monday 9:30 Football Frenzy 10:45 Tomato Spinach Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Watercolor Silhouettes 3:30 Groovin to Songs with Numbers 4:00 Velcro Catch 4:30 Healthy Hands 6F 6:00 Flower Arranging 7:00 Nighttime 	 6 ✓ 9:00 Pump It Up K 9:30 Message in a Bottle CC10:45 S'more Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge ▲ 2:00 Snowfall Painting M 3:30 Music Trivia GG 4:00 Babbling Brook Word Game 4:30 Healthy Hands GF 6:00 Hangman 7:00 Nighttime 	 7 9:00 Mindfulness Matters 9:30 Working with Letters 10:45 Cabbage Soup 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Snowman Painting 3:30 Hippy Dance 4:30 Healthy Hands 6:0 LifeShare Games 7:00 Nighttime 	 8 9:00 Let's Take A Trip 9:30 Categories Game 10:45 Peanut Butter Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Poetry Writing 3:30 Music That Made Movies Famous 4:30 Healthy Hands 56 4:00 Memory Matching 4:30 Healthy Hands 6F 6:00 Relaxing Puzzle Time 7:00 Nighttime 	 9 ✓ 9:00 Laughter Yoga ✓ 9:30 Turn-Over ✓ 10:45 Braided Nutella Loaf 11:30 Healthy Hands 12:45 Relax & Recharge ▲ 2:00 Snow Sensory Bottle M 3:30 Happy Hour- Friday GG 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands GF 6:00 Time for Tea 	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Margherita Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Art Appreciation - American Gothic 3:30 Bust a Move 4:00 Corn Hole 4:30 Healthy Hands 6:00 Words that Begin with Christmas
 9:00 Don't Worry, Be Happy 9:30 Life Story 10:45 Chocolate Chip Cake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Opposites Collage 3:30 Who Sang it Best 4:00 Color Wheel Trivia 	 12 9:00 Move It Monday 9:30 Football Frenzy 10:45 Bacon Cheddar Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Collaborative Weaving 3:30 Groovin to Songs with Numbers GG 4:00 Velcro Catch 4:30 Healthy Hands GF 6:00 Flower Arranging 7:00 Nighttime 	 13 9:00 Pump It Up 9:30 Message in a Bottle 10:45 Brownie Puppy Chow 11:30 Healthy Hands 12:00 Just the Guys (Act) 12:45 Relax & Recharge 2:00 Cloth Tie Wreath 3:30 Music Trivia 4:00 Babbling Brook Word Game 4:30 Healthy Hands 6F 6:00 Hangman 	 14 9:00 Mindfulness Matters 9:30 Working with Letters 10:45 Vegetable Soup 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Winter Scenery 3:30 Hippy Dance 4:00 State Plate Game 4:30 Healthy Hands 6:00 LifeShare Games 7:00 Nighttime Traditions 	 15 9:00 Let's Take A Trip 9:30 Categories Game 10:45 Mint Chocolate Oreo Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Deck of Wit & Wisdom 3:30 Music That Made Movies Famous 4:30 Healthy Hands 56 4:00 Memory Matching 4:30 Healthy Hands 6F 6:00 Relaxing Puzzle Time 	 9:00 Laughter Yoga 9:30 Turn-Over 10:45 Stuffed Bread 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Spice Painting 3:30 Happy Hour- Friday 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands 6F 6:00 Time for Tea 7:00 Nighttime Traditions 	 17 9:00 Bandana Dance 9:30 American Landmarks CC10:45 Hawaiian Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Art Appreciation - Mona Lisa 3:30 Bust a Move GC 4:00 Corn Hole 4:30 Healthy Hands GF 6:00 Words that Begin with Christmas

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Aspen Place Health Campus Legacy Lane

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins	19	20	21 Winter Begins	22	23	24 Christmas Eve
 9:00 Don't Worry, Be Happy 9:30 Life Story 10:45 Toasted Nuts Cake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Picture Prompts 3:30 Who Sang it Best 4:00 Color Wheel Trivia 4:30 Healthy Hands 6:00 Charades 7:00 Nighttime Traditions 	 9:00 Move It Monday 9:30 Football Frenzy 10:45 Mushroom Garlic Pepper Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Tape Resist Watercolor Painting 3:30 Groovin to Songs with Numbers 4:00 Velcro Catch 4:30 Healthy Hands 6F 6:00 Flower Arranging 	 9:00 Pump It Up 9:30 Message in a Bottle 10:45 Funfetti Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Tie Wreath 3:30 Music Trivia 4:00 Babbling Brook Word Game 4:30 Healthy Hands 66 6:00 Hangman 7:00 Nighttime 	 9:00 Mindfulness Matters 9:30 Working with Letters 10:45 Baked Potato Soup 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Rock Birds 3:30 Hippy Dance 4:00 State Plate Game 4:30 Healthy Hands 6F 6:00 LifeShare Games 7:00 Nighttime 	 9:00 Let's Take A Trip 9:30 Categories Game 10:45 White Chocolate Peppermint Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Ask a Beautiful Question 3:30 Music That Made Movies Famous 4:00 Memory Matching 4:30 Healthy Hands 6F 6:00 Relaxing Puzzle 	 9:00 Laughter Yoga 9:30 Turn-Over 10:45 Grandma's Irish Soda Bread 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Nutty Christmas Gift Tag 3:30 Happy Hour- Friday 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands 6F 6:00 Time for Tea 	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Create Your Own Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Christmas Sponge Wreath 3:30 Bust a Move 4:00 Corn Hole 4:30 Healthy Hands 6F 6:00 Words that Begin with Christmas
25 Christmas Day	26 Kwanzaa Begins	27	28	29	30	31 New Year's Eve
 9:00 Christmas Scarf Dance 9:30 Christmas Myths, Quotes and Jokes 10:45 Fruitcake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Christmas Tree Painting 3:30 Who Sang it Best 4:00 Color Wheel Trivia 4:30 Healthy Hands 6:00 Charades 7:00 Nighttime 	 9:00 Move It Monday 9:30 Football Frenzy 10:45 Ham and Cheese Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Watercolor Bubble Art Tree 3:30 Groovin to Songs with Numbers 4:00 Velcro Catch 4:30 Healthy Hands 6:00 Flower Arranging 7:00 Nighttime 	 9:00 Pump It Up 9:30 Message in a Bottle 10:45 Flutternutter Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Clothespin Trivet 3:30 Music Trivia 4:00 Babbling Brook Word Game 4:30 Healthy Hands 6:00 Hangman 7:00 Nighttime 	 9:00 Mindfulness Matters 9:30 Working with Letters 10:45 Corn Chowder 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Thumbprint Dandelion 3:30 Hippy Dance 4:00 State Plate Game 4:30 Healthy Hands 6:00 LifeShare Games 7:00 Nighttime 	 9:00 Let's Take A Trip 9:30 Categories Game 10:45 Chocolate Pecan Fudge 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Creative Storytelling - Famous Painting 3:30 Music That Made Movies Famous 4:00 Memory Matching 4:30 Healthy Hands 6F 6:00 Relaxing Puzzle 	 9:00 Laughter Yoga 9:30 Turn-Over 10:45 Pretzels 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Winter Sugar Painting 3:30 Happy Hour- Friday 4:00 Pin the Tail on the Bessie 4:30 Healthy Hands 5:6:00 Time for Tea 7:00 Nighttime 	 9:00 Bandana Dance 9:30 American Landmarks 10:45 Pepperoni Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Chihuly Inspired Glass Art 3:30 Bust a Move 4:00 Corn Hole 4:30 Healthy Hands 6F 6:00 Words that Begin with Christmas

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