



Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in.

As beneficial to the mind as it is to the soul, reading is proven to help sharpen mental acuity – making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

**Happy Holidays from
our family to yours!**

Happy Birthday!

Residents

Constance W.	12/02
Rose Ann H.	12/04
Phyllis R.	12/08
Wanda J.	12/11
Patricia T.	12/12
Juana J.	12/13
Loretta E.	12/13
Martha T.	12/23
Janet J.	12/23
Anna M.	12/23
Louise C.	12/25
Frances S.	12/27

Staff

Kasey A.	12/02
Brittany L.	12/11
Holly R.	12/15
Rachael W.	12/19
Kaitlin C.	12/22
April S.	12/25
Gabrielle K.	12/27

OUT AND ABOUT

Every Tuesday and Thursday we go out and about to various places! Whether we are taking a country cruise, heading to Big Woods for food, beer, or wine tasting, or sipping on a latte from Starbucks...We are always in great company! Check your activity calendar to see where our next adventure will take place! We would love for you to join us!



Executive Director Corner

Welcome to December!

It's officially the most wonderful

time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations

towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to donate, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in service,

Zach Simpson
Executive Director



Margaret enjoying a latte at Starbucks





Phyllis about to zipline!



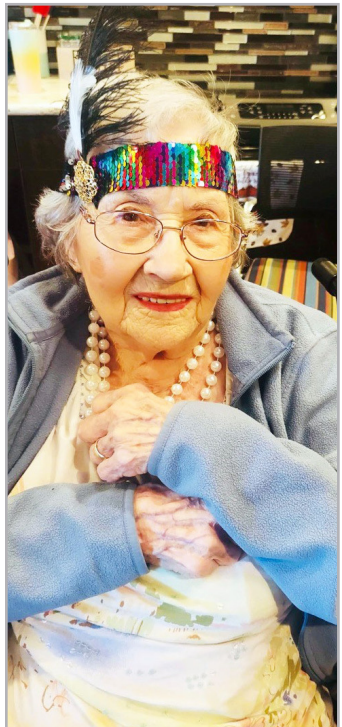
She did it!!



Phyllis gearing up to skydive!

Live A Dream

Phyllis stuck by her famous motto... "You only live once!" In the last two months, Phyllis has gone ziplining and skydiving! She enjoys the thrill and has been the perfect example to all of us that you are never too young to accomplish your goals and dreams! If you are ready to live your dream, please contact Lynsey Casey, the Life Enrichment Director! No dream is too big or small!



Gatsby Gala

We had a roaring good time at our final theme dinner of the year! Thank you all for making it the bee's knees between learning 1920's slang, cooking waldorf salad, creating cocktails and flapper headbands, and reliving the jazz era. You all looked, and we hope felt dapper! Stay tuned for next year's theme dinner in February! We will give you a hint....think sitcoms!

Smile of the Month

Smile of the month goes to our very own Loretta. Loretta enjoys music, especially classical. She loves activities, reading, and attending catholic services. Special people in her life are her nieces and nephews!



Life Enrichment team ready for the Gatsby Gala





ASHFORD PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

2200 N. Riley Highway

Shelbyville, IN 46176

317-398-8422

ashfordplacehc.com |

Zach Simson
Executive Director

Erin Huntsman
Director of Health Services

Julie Tennell, BSW
Social Services Director

Darrin Finkbine
Director of Food Services

Tawni Short
Business Office Manager

Derek Casey
AP/Payroll

Marci Suiter
Customer Service Representative

Lynsey Casey
Life Enrichment Director

Kristen Jessie
Customer Service Specialist

Ashley Hankins
Legacy Lane Coordinator

Joseph Fuentes
Director of Plant Operations
Troy Allen
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

Cut, color, and make a card to give!

*All trivia answers will be printed
in our upcoming month's newsletter!*

Question 1: How many days
of Kwanza are there?

Question 2: What country was
the original St. Nicholas from?

Question 3: How many ghosts are
in the movie A Christmas Carol?

Question 4: How do you say
"Merry Christmas" in Spanish?

Question 5: What are the
names of the three reindeer whose
names start with the letter "D"?

*Flip the page for last
month's trivia answers:*

Q1: Who was the first U.S. President to
pardon a turkey? George H.W. Bush
Q2: How many days did the first
Thanksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins vegetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Word Search

H	C	N	C	D	X	C	P	I	I	X	M	A	V	K	J	J	Y	D
Q	R	J	X	J	J	U	R	E	B	S	G	I	F	T	H	W	B	Q
E	M	F	A	D	H	Q	J	K	O	N	R	U	Z	Q	J	B	J	C
F	E	S	T	I	V	E	F	X	O	F	F	I	H	N	Y	G	D	Y
B	Q	J	X	N	C	Z	P	C	K	P	B	T	O	S	H	E	D	T
G	R	U	L	N	O	O	I	Y	A	H	P	D	F	X	L	S	U	C
P	G	B	N	M	L	T	Z	W	Q	K	N	O	I	H	Q	T	N	X
R	M	I	O	O	Z	Q	E	H	L	Q	D	T	Z	M	E	U	S	C
G	P	S	V	K	V	T	B	O	O	T	A	I	G	D	J	R	U	S
H	C	E	E	I	L	N	T	K	D	L	T	N	F	G	E	E	T	P
T	B	A	L	Q	N	J	G	Z	W	U	I	X	L	K	H	S	L	E
G	I	S	Z	U	Y	G	G	A	P	L	Q	D	C	I	I	I	E	C
F	Y	O	N	A	Y	T	F	W	E	Z	E	I	A	L	N	S	T	I
R	K	N	Q	F	U	G	Y	E	S	I	T	K	H	Y	W	I	T	A
Y	J	O	Y	F	U	L	F	Z	J	S	I	S	S	O	Z	M	E	L
J	I	F	L	L	D	H	L	B	G	I	I	X	J	C	R	Y	R	C
K	B	F	U	Q	T	H	E	E	E	W	Y	F	J	U	C	O	I	R
T	W	D	W	Q	H	P	P	H	J	P	D	B	W	B	H	I	V	O
V	X	I	U	B	R	I	G	H	T	E	N	G	X	A	K	X	V	M

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE
GIFT
GIVING
HOLIDAY

JOYFUL
LETTER
NOTE
NOVEL

SEASON
SPECIAL
STICKERS
WISHLIST