



Embracing the Season of Giving

Whether you're looking for that special something to give to a loved one or are writing up your own wishlist, here are a few simple – but effective – gift ideas to keep in mind as we head into the holiday season.

The Power of Books and Novels

Who doesn't love getting lost in another world? Send your loved one a physical copy of a tale from their favorite author, or refer them to an E-book about a topic they might have an interest in. As beneficial to the mind as it is the soul, reading is proven to help sharpen mental acuity — making it the perfect gift for anyone looking to explore the works of others.

What It Means to Receive a Letter

Reflect on what it is that you love most about that special person in your life. Is it their smile? Their wit? How comfortable you feel



when you're with them? Whatever it is about your loved one that brightens your days, use your voice to put those feelings onto paper and let them know just how much they mean to you.

When it comes to gift giving, it doesn't matter how large or small the gesture is – only that it's coming from you. When your

loved one sees your name written on an envelope, stickered onto a box, or signed at the end of a note, they'll simply be reminded of the joy that you bring into their lives, and how easy it is to have those same feelings about you.

Happy Holidays from our family to yours!

Happy Birthday!

Residents

Jeanie S.	December 01
Zachary F.	December 08
Teleatha B.	December 09
Kelsey C.	December 10
Jaydon C.	December 10
Melissa T.	December 12
Jody H.	December 14
Brelynn M.	December 14
Phyllis C.	December 20
Bella T	December 24
Leslie R.	December 27
Jenny C.	December 30
c	

Staff

Stuff	
John W.	December 02
Ruth P.	December 02
Martha T.	December 03
Linda E.	December 06
Marianne S.	December 10
Martha R.	December 25
Nellie J.	December 27

ACTIVITIES CORNER

We invited the local Police Officers to enjoy a nice hot cup of coffee with our residents to celebrate National Coffee with a Cop Day. Thank you to the Petersburg Police Department as well as the Pike Co. Sheriff's Department for taking part in this event and all the work you do for our community.





Executive Director Corner

Welcome to December! It's officially the most

wonderful time of the year, which means that every day becomes a merry celebration. This could mean baking a favorite family recipe, creating a decorative holiday wreath, or attending a worship service with our Inspirations program, which meets once weekly. We always strive to honor the traditions that mean so much to those we serve, so ask our Life Enrichment Director about how you can celebrate the holidays your way!

At a time when there's so much joy to be shared with friends and family, we also remember those who may be spending their Christmas worrying about their livelihood. That's why until December 31st, we'll be continuing to accept donations

towards our annual Hope for the Holidays campaign, which supports our local charities throughout the holiday season. If you or a loved one would like to donate, be sure to talk to a member of our team!

As 2022 begins to draw to a close, I also wanted to say thank you to each and every one of you for such a fantastic year. From all our incredible Theme Dinners to our lunch outings, our Happy Hours to our birthday celebrations, there hasn't been a single moment that I would trade to be anywhere else but with you and your families. This year has truly been one for the books.

I hope that you have a great holiday and an unforgettable New Year!

Yours in Service.

Cindi Lents, HFA Executive Director



VITALITY PROGRAM

Our residents tried their hand at some putt-putt golf while participating in our Golf theme week.





ENTERTAINMENT

Our residents enjoy all of our wonderful entertainers, including Encouraging Lights as shown in this picture.







Smile of the Month

Aleeta is our smile of the month. Aleeta always love participating in activities and shares her wonderful smile with us every day.



Volunteers Needed

Anyone interested in volunteering please see Amanda Strosnider in Life Enrichment.

Sunday Brunch

Sunday Brunch is the second Sunday of every month, unless notified otherwise by the campus.

THEME DINNER

We went back in time to the roaring 20's for this month's theme dinner



AMBER MANOR CARE CENTER

A Trilogy Senior Living Community

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Petersburg, IN 47567
Phone: 812-354-3001
ambermanorhc.com | ♥ f

Cindi Lents Executive Director

Patsy Denny Director of Health Services

Bonnie Abell Assistant Director of Health Services

Gwen Dunn Customer Service Representative

> Valerie Gagnon Business Office Manager

Amanda Strosnider Life Enrichment Director

Amy Weagley, LPN
Director of Assisted Living

Thomas Sparks Director of Plant Operations

Angela Woodfork Director of Food Services

Jeff Moss Environmental Services Sup.

Janet Graff Social Services Director

Myra Boger HR and Accounts Payable

> Nicky Roy MDS Coordin<u>ator</u>

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: How many days of Kwanza are there?

Question 2: What country was the original St. Nicholas from?

Question 3: How many ghosts are in the movie A Christmas Carol?

Question 4: How do you say "Merry Christmas" in Spanish?

Question 5: What are the names of the three reindeer whose names start with the letter "D"?

Flip the page for last month's trivia answers:

Q1: Who was the first U.S. President to pardon to turkey? George H.W. Bush
Q2: How many days did the first
Danksgiving celebration last? Three days
Q3: True or False: Canada also celebrates
Thanksgiving in November. False
Q4: Are pumpkins veggetables or fruits? Fruits
Q5: What popular Christmas song
was originally written to be a
Thanksgiving song? Jingle Bells



Cut, color, and make a card to give!

Word Gearch

Y Н C Ν C D P Ι Ι X Μ Α V K J J D J J S F Q R X J U R E В G Ι Т Н W В Q F Ζ E М Α D Q J K 0 Ν R Q В J C S F E Е F X 0 Ι Н Ν Y G D Y Z Q J X C P C K Ρ В Т 0 S Е D Т В G R U Ν O O Ι Υ Α Н D F X L S U C Ζ G В Ν Μ Т Q 0 Ι Т Ν X W K Ν Q Ι Ε Q Z E S C R М O 0 Q Н D Т М Ρ S В G R U S G V T 0 0 Α Ι D J C Е Е Т K Т F G E Е Т P Н Ν D Ν Т В Α J G Z U Ι X L S L E S Z G C G Ι Y G Α P O D C Ι Ι E F Y O Ν Т F W Е Z Е Ι Α L Ν S Т Ι S Ι Q G Υ Е Ι Т K Н Y W Т Α R K Ν Z J O J Ι S S 0 Z М Е G C R C J Ι D В Ι Ι X J Y R В E Е W Y 1 U C O Ι R Т Ρ В Т W D W Q Н P Р Н J D В W Н Ι V O R G H Е G K Μ X В X X V

BOOK
BRIGHTEN
FEELING
FESTIVE

GESTURE GIFT GIVING HOLIDAY JOYFUL LETTER NOTE

NOVEL

SEASON SPECIAL STICKERS WISHLIST