

The Birches Daybreak Calendar of Events December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie	2 10:00am Morning Games n Juice 10:30am Music Therapy with Ted Jordan 11:00am Brain Teasers 1:00pm BINGO! 3:30pm Bingo 6:00pm Evening Movie and Snack	3 10:45am Morning Games n Juice 11:00am Numbers Game 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and Snack
4 10:45am Morning Games n Juice 11:00am Catholic Communion Rite 1:00pm BINGO! 2:30pm Dave Cornwall Piano Hymns (Bistro) 4:00pm TV Time 6:30pm Evening Movie and Snack	5 10:30am Morning Games n Juice 1:00pm BINGO! 2:00pm Kick Ball 2:30pm Snack Time Trivia 3:00pm—3:30pm FOX Fitness 3:30pm YouTube Sing a Long 6:30pm Entertainer Jeff Dershin (PCLR)	6 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:00pm Mini Manis 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm I Love Lucy & Snack	7 FULL MOON 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 1:00pm Sing a Long Songs 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Arts n Crafts & Evening Snack 11:00AM - 8:00PM PAPARAZZI JEWELRY LOBBY 	8 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie & Snack	9 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 6:00pm Evening Movie and Snack Wear Your Jammies Day! 	10 10:45am Morning Games n Juice 11:00am Letter of the Day 1:30pm Trivia Corner 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and Snack
11 10:45am Morning Games n Juice 11:00 YouTube Catholic Mass 1:00pm BINGO! 2:30pm Snack Time 4:00pm TV Time 6:30pm Evening Movie & Snack	12 10:30am Morning Games n Juice 10:45am FOX Sit N Fit 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Entertainment by Jeff Goffman and Jeanine Babo (PCLR) 3:00pm—3:30pm FOX Fitness 3:30pm YouTube Sing a Long 6:30pm Evening Movie and Snack	13 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:30pm Newtown Brass Quintet (PCLR) 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm I Love Lucy & Snack	14 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 1:00pm Sing a Long Songs 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Caroling Time 6:00pm - 7:30pm Residents Holiday Party with musical guest 'Hindsight' (PC Dining Hall) 	15 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie & Snack National Bill of Rights Day! 	16 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:30pm Snack Time 2:00pm - 4:00pm STAFF HOLIDAY PARTY (Bistro) 3:00pm—3:30pm FOX Fitness 6:00pm Evening Movie and Snack National Ugly Sweater Day! 	17 10:45am Morning Games n Juice 11:00am Letter of the Day 1:30pm Trivia Corner 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and Snack Wright Brothers Day 

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18 10:45am Morning Games n Juice 11:00pm Catholic Communion Rite 1:00pm BINGO! 2:30pm Music From the Harp with Gloria Galante (PCLR) 6:30pm Evening Movie & Snack Hannukah Begins	19 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:30pm Singer, Leslie Atia (PCLR) 3:00pm—3:30pm FOX Fitness 6:30pm Evening Movie and Snack	20 10:00am Morning Games and Juice 10:00am Rosary Group 10:35am Fox Sit N Fit 1:30pm Letter of The Day 2:00pm Kick Ball Circle 2:30pm Snack Time 3:00pm FOX Fitness 6:00pm I Love Lucy & Evening Snack	21 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 12:00pm Birthday Celebration 1:00pm Brain Games 2:30 Christmas Caroling in the Theater 3:00pm—3:30pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack 2:00pm Caregiver Support Group (PDR)	22 10:30am Morning Games n Juice 1:00pm Time For Art 2:00pm Balloon Volley 2:30pm Snack Time 3:30pm Trivia Challenge 6:30pm Evening	23 10:30am Morning Games n Juice 10:35am Fox Sit N Fit 10:30am Shabbat (PC PDR) 1:00pm BINGO! 1:30pm The Phrase Game 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie and Snack	24 Christmas Eve 10:45am Morning Games and Juice 11:00am Letter of the Day 1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening Movie
25 10:45am Morning Games and Juice 11:00am YouTube Catholic Mass 1:00pm BINGO! 2:00pm Snack Time 6:30pm Evening Movie & Snack Time Christmas Day	26 KWANZAA 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:30pm Snack Time 3:30pm FOX Fitness 3:30pm Trivia Challenge 6:30pm Evening Movie and Snack Hannukah Ends	27 10:00am Morning Games and Juice 10:00am Rosary Group 10:35am Fox Sit N Fit 12:00pm Parkinson's Support Group with FOX (T) 1:30pm Letter of The Day 2:30pm Guitarist/Vocalist Brian Elliot (PCLR) 3:00pm FOX Fitness 6:00pm I Love Lucy & Evening Snack	28 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 1:00pm Brain Games 2:30 KARAOKE Sing! (T) 3:00pm—3:30pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	29 10:30am Morning Games n Juice 1:00pm Time For Art 2:00pm Balloon Volley 2:30pm Snack Time 3:30pm Trivia Challenge 6:30pm Evening Movie & Snack	30 10:30am Morning Games n Juice 10:35am Fox Sit N Fit 10:30am Shabbat (PCPDR) 1:00pm BINGO! 1:30pm The Phrase Game 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie and Snack	31 New Year's Eve 10:45am Morning Games and Juice 11:00am Letter of the Day 1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening Movie

