

DECEMBER



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Light Up Your World!



Passport to
*Exceptional Care,
Extraordinary Living.*

1

9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:00 Coffee at Nature Center Trip
10:30 Manicures- L
1:00 General Store- L
2:00 BINGO- DR
3:00 Popcorn- CS
3:30 NFL Bracket Picks- L

2

9:15 Live 2B Healthy- CR
10:30 This Day in History- L
1:00 HyVee/Bomgaars Trip
2:00 500 Cards- CS/EW
3:00 Happy Hour- DR

Betty Fink Birthday!

3

10:00 Dice Moves- CR
11:00 Puzzle Time- L
3:00 The Crown TV Series- CR
5:45 Resident Dine Out- ILCC
Elizabethan Madrigal Feast

Mary MOD

10:00 Sunday Trivia- L 4
10:15 Presbyterian Communion- CH
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Friendly Stroll!

5

9:15 Live 2B Healthy- CR
10:30 Lutheran Chapel- CH
1:00 Cribbage- CS
2:00 Jeff Buege Concert- MC
Grand Room
3:00 Ribbon Tree Craft- L
6:00 Movie & Popcorn- CR- The Santa Clause Movie

6

9:15 Live 2B Healthy- CR
10:30 Poker with Beth- L
1:00 Bible Study- CH
2:00 Fudge & caramel making- CR
3:00 Popcorn- CS
3:00 Gift box assembly- CR
Jenn Whithaus Birthday!

7

9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Singfit- CR
1:00 Chapel with Norm Erickson- Chapel
3:00 Culinary Meeting- DR
3:30 December Birthday Celebration- DR

8

9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Manicures- L
1:00 Mary Dreier Museum Program- CR
2:00 BINGO- DR
3:00 Popcorn- CS
3:30 NFL Bracket Picks- L
Ellen Louise Hales Birthday!

9

9:15 Live 2B Healthy- CR
10:00 Catholic Chapel- CH
10:30 This Day in History- L
11:00 Methodist Chapel- CH
2:00 500 Cards- EW/CS
3:00 Happy Hour- DR

10

10:00 Dice Moves- CR
11:00 Puzzle Time- L
2:00 Darla Henriksen Christmas Concert- MC
3:00 The Crown TV Series- CR

Miranda MOD

10:00 Sunday Trivia- L 11
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Friendly Stroll!

12

9:15 Live 2B Healthy- CR
10:30 Phase 10 Dice L
1:00 Walmart Trip
2:00 Christmas Cookie Decorating- DR
3:30 Christmas Antique Show & Tell- L

13

9:15 Live 2B Healthy- CR
10:30 Scrabble- L
1:00 Library Day- L
1:00 Sandra Sykes Piano- EW
2:00 Bible Study- CH
3:00 Popcorn- CS

14

9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Singfit- CR
1:00 Podiatrist Rounds- MC
2:30 Ice Cream- DR
3:30 Snow Globe Ornament Craft- L
6:30 Candlelight Carol Sing with Julie Jones- EW

15

9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Manicures- L
1:00 NFL Bracket Picks- L
2:00 BINGO Mania!!- DR
3:30 BINGO Snacks- DR
6:00 Christmas Light Drive

16

9:15 Live 2B Healthy- CR
10:30 This Day in History- L
1:00 Dollar Tree Trip
2:00 500 Cards- CS/EW
3:00 Happy Hour- DR
3:30 Christmas Fondue Snack- DR

17

10:00 Dice Moves- CR
11:00 Puzzle Time- L
2:00 Christmas Chex Mix- DR
3:00 The Crown TV Series- CR

Joe Weir Birthday!
Melissa MOD

10:00 Sunday Trivia- L 18
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Friendly Stroll!

19

Polar Express Pajama Day
9:15 Live 2B Healthy- CR
10:30 Liar's Dice- L
1:00 Cribbage- CS
2:00 Make popcorn snack mix- DR
3:30 GOLF Cards- L
6:00 Movie & Popcorn- CR- The Polar Express Movie

20

Holly Jolly Day
9:15 Live 2B Healthy- CR
10:30 Mimosa's and Muffins- L
11:00 Presbyterian Chapel- CH
1:00 Bible Study- CH
2:00 Bob Floss Concert- EW
3:00 Popcorn- CS
3:30 Stovetop Potpourri Craft- L

21

Mad About Plaid
9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Singfit- CR
1:00 Chapel with Norm Erickson- Chapel
2:30 Ice Cream- DR
3:00 Decorate Loft- L
6:30 Christmas at Keelson- L

22

Christmas Color Competition
9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Manicures- L
12:00 Christmas Lunch- DR
1:00 General Store- L
2:00 BINGO- DR
3:00 Popcorn- CS
3:30 NFL Bracket Picks- L

Daena Morales Birthday!

23

Flannel Friday
9:15 Live 2B Healthy- CR
10:30 This Day in History- L
1:00 500 Cards- CS/EW
2:30 White Elephant Gift Exchange with staff & residents- DR
3:00 Happy Hour- DR

24

10:00 Dice Moves- CR
11:00 Christmas Eve Service and Lunch
2:00 Christmas Word Games- L
3:00 The Crown TV Series- CR

1st Day of Christmas- Canned Veggies 25
10:00 Sunday Trivia- L
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Friendly Stroll!
Merry Christmas!
Linda Weir Birthday!

26

2nd Day of Christmas- Canned Fruit
9:15 Exercise- CR
10:30 Skip-Bo- L
1:00 Walmart Trip
2:00 Christmas Story Show & Tell- CH
3:00 Hot Fudge Sundaes- DR

27

3rd Day of Christmas- Canned Meat
9:15 Live 2B Healthy- CR
10:30 Poker with Beth- L
1:00 Library Day- L
2:00 Bible Study- CH
3:00 Popcorn- CS
3:00 Armchair Travel to Alaska

28

4th Day of Christmas- Crackers
9:00 Coffee Social- CR
9:30 Chair Exercise- CR
9:15 Casino Trip!
10:30 Singfit- CR
1:00 Wheel of Fortune- CR
2:30 Ice Cream & New Resident Snack & Social- DR

Millie Phipps Birthday!

29

5th Day of Christmas- Pasta
9:00 Coffee Social- CR
9:30 Chair Exercise- CR
10:30 Manicures- L
1:30 BINGO- RDR
3:00 Popcorn- CS
3:00 Resident Council- DR
4:00 NFL Bracket Picks- L

30

6th Day of Christmas- Nuts
9:15 Live 2B Healthy- CR
10:30 This Day in History- L
1:00 HyVee/Bomgaars Trip
2:00 500 Cards- CS/EW
2:00 Universal Yums- DR
3:00 Happy Hour- DR

31

7th Day of Christmas- Applesauce
10:00 Dice Moves- CR
11:00 Puzzle Time- L
12:00 Fried Chicken Lunch- DR
3:00 The Crown TV Series- CR

Marlys Scherlin Birthday!
Kelsey MOD

DECEMBER



Memory Care
ACTIVITY CALENDAR

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

Light Up Your World!



9:00 Church on TV 10:00 Hymn Sing Along 11:00 Prayer & Wash Hands 1:00 Balloon Volleyball 2:00 Snack 3:00 Manicures 3:30 Walking Group 6:00 Sunday Movie 4	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Chapel with Pr. Brian 12:30 Gameshow Network 1:00 Music Therapy 1:00 Hand Massages/Manicures 2:00 Jeff Buege Concert– MC Grand Room 3:00 Snack– Milk & Cookies 3:30 SingFit 4:45 Prayer & Wash Hands 5	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Dice Moves 2:00 Snack 3:00 Money Counting Game 3:30 SingFit 5:00 Dinner 6:00 Coloring 6	9:00 1:1 Time 10:00 Chair Exercise 10:30 Card BINGO 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Hot potato 2:00 Snack 3:00 Catch 3:30 Bus Ride! 4:45 Prayer & Wash Hands 5:00 Dinner 7	9:00 1:1 Time 10:15 Trivia 11:00 Prayer & Wash Hands 1:00 Hope Haven Hoopla! 2:00 Snack 3:00 SingFit 3:30 Chair Exercise 5:00 Dinner 1	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Playdoh Time 2:00 Snack/Happy Hour 3:00 Balloon Volleyball 3:30 Parachute Game 4:45 Prayer & Wash Hands 5:00 Dinner Betty Fink Birthday! 2	9:30 Morning Walk 10:30 Activity Bins 11:00 Prayer & Wash Hands 1:30 This Day in History 2:00 Snack 3:00 Saturday Movie 4:30 Puzzles 5:00 Dinner 6:00 Coloring 3
9:00 Church on TV 10:00 Hymn Sing Along 11:00 Prayer & Wash Hands 1:00 Balloon Volleyball 2:00 Snack/Universal Yums 3:00 Manicures 3:30 Walking Group 6:00 Sunday Movie 11	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Music Therapy 1:00 Hand Massages/Manicures 2:00 Snack 2:30 Pipecleaner Snowflakes Craft 3:30 SingFit 4:45 Prayer & Wash Hands Shirley Housley Birthday! 12	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Dice Moves 2:00 Sandra Sykes Piano Concert 3:00 Snack 3:30 Story Time 5:00 Dinner 6:00 Coloring 13	9:00 1:1 Time 10:00 Chair Exercise 10:30 Match Game 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Chalk Christmas Light Craft 2:00 Cookie Decorating 3:30 Bus Ride! 4:45 Prayer & Wash Hands 5:00 Dinner 14	9:00 1:1 Time 10:15 Trivia 11:00 Prayer & Wash Hands 1:00 Christmas BINGO! 2:00 Snack 3:00 SingFit 3:30 Chair Exercise 5:00 Dinner 15	9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Charades 2:00 Snack/Happy Hour 3:00 Balloon Volleyball 3:30 Parachute Game 4:45 Prayer & Wash Hands 5:00 Dinner 16	9:30 Morning Walk 10:30 Activity Bins 11:00 Prayer & Wash Hands 1:30 This Day in History 2:00 Snack– Christmas Chex Mix 3:00 Saturday Movie 4:30 Puzzles 5:00 Dinner 6:00 Coloring Joe Weir Birthday! 17
9:00 Church on TV 10:00 Hymn Sing Along 11:00 Prayer & Wash Hands 1:00 Balloon Volleyball 2:00 Snack 3:00 Manicures 3:30 Walking Group 6:00 Sunday Movie 18	Polar Express Pajama Day 9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Music Therapy 1:00 Hand Massages/Manicures 2:00 Snack 3:00 Drawing to Music 3:30 SingFit 4:45 Prayer & Wash Hands Sharon Atherton Birthday! 19	Holly Jolly Day 9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Dice Moves 2:00 Snack 3:30 SingFit 5:00 Dinner 6:00 Christmas Light Bus Ride 20	Mad About Plaid Day 9:00 1:1 Time 10:00 Chair Exercise 10:30 Weather Events Game 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Puzzle Time 2:00 Snack 3:00 Christmas Name That Tune 3:30 Bus Ride! 4:45 Prayer & Wash Hands 5:00 Dinner 5:30 Pictures with Santa & Hot Cocoa 21	Christmas Color Competition Day! 9:00 1:1 Time 10:15 Trivia 11:00 Prayer & Wash Hands 12:00 Christmas Lunch 1:00 Over or Under 10 Game 2:00 Snack 3:00 SingFit 3:30 Chair Exercise 5:00 Dinner 22	Flannel Friday! 9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Gift Exchange 2:00 Snack/Happy Hour 3:00 Balloon Volleyball 3:30 Parachute Game 4:45 Prayer & Wash Hands 5:00 Dinner 23	9:30 Morning Walk 10:30 Activity Bins 11:00 Prayer & Wash Hands 1:30 This Day in History 2:00 Snack 3:00 Saturday Movie 4:30 Puzzles 5:00 Dinner 6:00 Coloring 24
1st Day of Christmas– Canned Veggies 9:00 Church on TV 10:00 Hymn Sing Along 11:00 Prayer & Wash Hands 1:00 Balloon Volleyball 2:00 Snack 3:00 Manicures 3:30 Walking Group 6:00 Sunday Movie Merry Christmas! 25	2nd Day of Christmas– Canned Fruit 9:00 1:1 Time 10:15 Christmas Story Time 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Music Therapy 1:00 Hand Massages/Manicures 2:00 Snack– Hot Fudge Sundaes 3:30 SingFit 4:45 Prayer & Wash Hands 26	3rd Day of Christmas– Canned Meat 9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Dice Moves 2:00 Armchair Travel to Alaska 3:30 SingFit 5:00 Dinner 6:00 Coloring 27	4th Day of Christmas– Crackers 9:00 1:1 Time 10:00 Chair Exercise 10:30 Can You Name 5? 11:00 Prayer & Wash Hands 12:30 Gameshow Network 1:00 Parachute Game 2:00 Snack 3:00 Christmas Spot The Difference 3:30 Bus Ride! 4:45 Prayer & Wash Hands 5:00 Dinner 28	5th Day of Christmas– Pasta 9:00 1:1 Time 10:15 Trivia 11:00 Prayer & Wash Hands 1:00 New Year’s Resolutions 2:00 Snack 3:00 SingFit 3:30 Chair Exercise 5:00 Dinner 29	6th Day of Christmas– Nuts 9:00 1:1 Time 10:15 Live 2B Healthy 11:00 Prayer & Wash Hands 12:30 I Love Lucy 1:00 Rice Sensory Game 2:00 Snack/Happy Hour 3:00 Balloon Volleyball 3:30 Parachute Game 4:45 Prayer & Wash Hands 5:00 Dinner 30	7th Day of Christmas– Applesauce 9:30 Morning Walk 10:30 Activity Bins 11:00 Prayer & Wash Hands 12:00 Fried Chicken Lunch 1:30 This Day in History 2:00 Snack 3:00 Saturday Movie 4:30 Puzzles 5:00 Dinner 6:00 Coloring Marlys Scherlin Birthday! 31