

# The Wellington News

DECEMBER  
2022

Assisted Living • Respite Care Services

## WISH LIST

- Prizes for bingo and other games- fun size candy, popcorn, cookies/ crackers, soda, and other small prizes.
- Seasonal decorations indoor and outdoor (Christmas, New Year)
- Fabric for crafting projects
- Craft supplies
- Card games
- Puzzles
- Crossword puzzle books
- Word search books
- Books

## Holiday Card Craft

Color, cut, and give your own holiday card.



## Wellington Place at Rib Mountain

4100 North Mountain Road  
Wausau, WI 54401  
715.842.5000

Alyssa Sarasin, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

WellingtonPlaceRibMountain.org

WE ACCEPT CREDIT CARDS



This season when you shop Amazon, they'll donate to our facility. Just login to Amazon or visit [amzn.to/2lwBS5n](https://amzn.to/2lwBS5n) and choose **Wisconsin Illinois Senior Housing Inc.** as your charity of choice.

**amazon**smile

## Visitation Guidelines

Visitors are welcome and need to be screened in at the front desk before visiting with a resident.

## Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

### Residents

Rosemary December 3rd

Myrtle December 15th

## When was the last time you called a friend?



Who remembers when the late Regis Philbin asked contestants on *Who Wants to be a Millionaire* if they wanted to "Phone a Friend" to help confirm their multiple-choice answer? Even though you might not have a trivia question that needs to be answered, when was the last time you 'phoned a friend' just to catch up and say hello?

December 28 is National Call a Friend Day, and there is nothing quite like a phone call and hearing a real voice on the other end to help you feel better connected.



Call an old college roommate, childhood friend, or family member. Ask how they have been doing, what is new in their life or reminisce together about the past. Calling someone special out of the blue lets them know you were thinking of them and could really brighten their day!

## Job Postings

PM shift Full time  
or Part time CNA/RA

NOC Shift Full time  
or Part time CAN/RA

# WiCAL

Wisconsin Center for Assisted Living

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# Poinsettia – America's Holiday Plant

The poinsettia plant is a common sight during the holiday season, and for good reason! With its vibrant red and green leaves, it adds a festive touch to any holiday display. Over the past century, poinsettias have become the best-selling potted plant in North America. Due to their strong association with Christmas, approximately 70 million poinsettias are sold within a six-week period every year in the United States.



Wild poinsettias grow natively in a region ranging from Mexico to southern Guatemala, and were used by ancient Aztecs for dye and as a treatment for fevers. The plant's common name is derived from Joel Roberts Poinsett, the first United States Minister to Mexico, who is credited with bringing the plant to the United States in the 1820s. National Poinsettia Day is observed each year on December 12, the anniversary of Poinsett's death.

Many of the world's poinsettias are grown by Paul Ecke Ranch, based in Encinitas, California. The Ecke family helped make poinsettias synonymous with Christmas by providing the plants as background decorations for

talk shows and magazines in the mid to late 20th century. And while wild poinsettias are rather scraggly, the company developed a grafting technique that created the more lush, bushy poinsettias that we know today. The company also helped produce new color variations, including white, pink, yellow, and marbled; and patented over 100 cultivated varieties of poinsettia in the US.

If you want an easy way to show off your holiday spirit, consider buying a poinsettia plant this season to add a cheery decoration to your home! They also make great gifts, and their available color variations allow them to fit in with many types of décor, whatever your style may be!

## Your gift today makes a brighter tomorrow.

Did you know Medicaid doesn't fully cover senior care costs in assisted livings? Help us support seniors when they need it most.

Please give

Donate online: [bit.ly/give2rib](https://bit.ly/give2rib)

We're a nonprofit WISH senior care community

