December 2022

Atrium
Activity Dept. Director: Cathy Clouse ext.-507

Keystone Villa AT EPHRATA
A DISTINCTIVE RETIREMENT COMMUNITY

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AAR - Atrium Activity Room-4th Fl. ACR - Atrium Card Room-3rd Fl. ADR - Atrium Dining Room AL - Atrium Lounge-4th Fl. CR - Community Room-1st Fl. LIB - Library: 3rd Fl. L - Lobby PUB - Pub-2nd Fl. TAR - Terrace Activity Room-3rd Fl	THR - Theatre-3rd Fl.			10:00 Town Hall (CR) ***1:00 Shopping Loop (L)*** 2:00 Card Games (ACR) 3:00 Bingo (AAR) 6:30 Flex & Relax w/ Pahla (Ch. 901) **1**	**Birthday-Judy** ***9:00 Breakfast at Deluxe Diner (L)*** 10:00 Chair Yoga w/ Vicky (CR) 1:00 Jeopardy (AAR) 2:00 Corn Hole (AL) 3:00 Happy Hour (PUB) 5:30 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **2**	**Birthday-Frank** 9:00 Mexican Train (LIB) ***1:00 Country Drive w/ Dick (L)*** 1:00 Allyson on piano (PUB) 3:00 Cards (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 6:30 Travels w/ Rick Steves (THR) **3**
10:00 Rummikub (ACR) 1:00 Scrabble (ACR) 2:00 Church (THR) 3:30 Corn Hole (AL) 6:00 Skip-bo/ UNO (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Bible Study w/ Erick (THR) **4**	10:30 Cathy's Exercise Club (AAR) 1:00 Family Feud (AAR) 2:00 Christian Fellowship (THR) 3:00 Bingo (AAR) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **5**	10:30 Prayer Buddies (THR) 1:00 Strength & Stretch Class (AAR) 2:00 Drama Club (THR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Music w/ Just Friends (a Jazz Trio) (ADR) **6**	8:30 Coffee Klatch (AAR) 10:30 Catholic Communion w/ Mary (THR) 10:30 Stretchercise w/ Luise (AAR) ***11:00 Lunch at Longhorn Steakhouse (L)*** 3:00 Nickel Bingo (AAR) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch. 901) **7**	***9:30 Shopping Loop (L)*** 10:30 New Life Book Club (AL) 12:30 Blood Pressures w/ Meghan (PUB) 1:00 Tea & Kabitzing (AAR) 2:00 Card Games (ACR) 3:00 Bingo (AAR) 6:30 Flex & Relax w/ Pahla (Ch. 901) **8**	9:00 Donuts! (AAR) ***9:30 Shopping at Park City Mall (L)*** 10:00 Chair Yoga w/ Vicky (CR) 1:00 Jeopardy (AAR) 2:00 Corn Hole (AL) 3:00 Happy Hour (PUB) 5:30 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **9**	**Birthday-Ray L.** 9:00 Mexican Train (LIB) ***1:00 Country Drive w/ Jim (L)*** 3:00 Cards (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 6:30 Travels w/ Rick Steves (THR) **10**
10:00 Rummikub (ACR) 12:30 Elaine's Art Club (TAR) 1:00 Scrabble (ACR) 2:00 Church (THR) 3:30 Corn Hole (AL) 6:00 Skip-bo/ UNO (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Bible Study w/ Erick (THR) **11**	**Birthday-Joyce D.** ***10:30 Lunch at Hotel Hershey (L)*** 10:30 Stretchercise w/ Luise (AAR) 2:00 Christian Fellowship (THR) 3:00 Bingo (AAR) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **12**	10:30 Prayer Buddies (THR) 1:00 Strength & Stretch Class (AAR) 2:00 Drama Club (THR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Music w/ Maria Damore, Vocalist (ADR) **13**	8:30 Coffee Klatch (AAR) 10:30 Catholic Communion w/ Mary (THR) 10:30 Cathy's Exercise Club (AAR) ***12:30 Ice Cream at Sept. Farms (L)*** 3:00 Nickel Bingo (AAR) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Calvary Menn. Fellowship Choir (PUB) **14**	***9:30 Shopping Loop (L)*** 10:00 Hearing Aid "Check-ups" w/ Marnie (PUB) 1:00 Chair Yoga w/ Vicky (CR) 2:00 New Resident Spotlight (AAR) 3:00 Bingo (AAR) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Dove Westgate Church Choir (PUB) **15**	9:30 Activity Meeting (AAR) 1:00 Jeopardy (AAR) 2:00 Corn Hole (AL) 3:00 Happy Hour (PUB) 5:30 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **16**	9:00 Mexican Train (LIB) ***1:00 Country Drive w/ Dick (L)*** 1:00 Allyson on piano (PUB) 3:00 Cards (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 6:30 Travels w/ Rick Steves (THR) **17**
10:00 Rummikub (ACR) 1:00 Scrabble (ACR) 2:00 Church (THR) 3:30 Corn Hole (AL) 6:00 Skip-bo/ UNO (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Bible Study w/ Erick (THR) **18**	**Hanukkah** 10:30 Cathy's Exercise Club (AAR) 1:00 Family Feud (AAR) 2:00 Christian Fellowship (THR) 3:00 Bingo (AAR) 6:00 Crafting w/ Denise (AAR) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **19**	10:30 Prayer Buddies (THR) 1:00 Baking Christmas Cookies (AAR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Music w/ the Brass Menagerie (ADR) **20**	**Birthday-Ellie** 8:30 Coffee Klatch (AAR) ***9:30 AMT-Christmas Program w/ Lunch at Olive Garden (L)*** 3:00 Nickel Bingo (AAR) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Valley View Menn. Church Choir (PUB) **21**	***9:30 Shopping Loop (L)*** 12:30 Blood Pressures w/ Meghan (PUB) 1:00 Scavenger Hunt (AAR) 2:00 Reindeer Games (AAR) 3:00 Bingo (AAR) ***6:00 Christmas Lights Drive (L)*** 6:00 Volunteering at the Bridge (L) 6:30 Flex & Relax w/ Pahla (Ch. 901) **22**	**Birthday-Al,Al, Al** ***9:00 Breakfast at Oregon Dairy (L)*** 10:00 Chair Yoga w/ Vicky (CR) 1:00 Jeopardy (AAR) 2:00 Corn Hole (AL) 3:00 Happy Hour (PUB) 5:30 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **23**	9:00 Mexican Train (LIB) ***1:00 Country Drive w/ Jim (L)*** 3:00 Cards (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 6:30 Travels w/ Rick Steves (THR) **24**
Christmas Day **Birthday-Luise** 10:00 Rummikub (ACR) 10:30 Catholic Mass w/ OMPH (THR) 12:30 Elaine's Art Club (TAR) 1:00 Scrabble (ACR) 2:00 Church (THR) 3:30 Corn Hole (AL) 6:00 Skip-bo/ UNO (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Bible Study w/ Erick (THR) **25**	10:30 Cathy's Exercise Club (AAR) 1:00 Re-Gift Exchange (AAR) 2:00 Left-over Christmas Cookies (AAR) 3:00 Bingo (AAR) 6:00 Pinochle Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **26**	10:30 Prayer Buddies (THR) 1:00 Food Committee (CR) 2:00 Drama Club (THR) 3:00 Villa Stitchers (AAR) 3:00 Villa Store (4th Fl.) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 Music w/ Glenn Pritchard on Guitar (ADR) **27**	8:30 Coffee Klatch (AAR) 10:30 Cathy's Exercise Club (AAR) 1:30 Birthday Party w/ Sandy Heisey on piano (PUB) 3:00 Nickel Bingo (AAR) 6:00 Canasta (ACR) 6:30 Flex & Relax w/ Pahla (Ch. 901) **28**	***9:30 Shopping Loop (L)*** 2:00 Card Games (ACR) 3:00 Bingo (AAR) 6:30 Flex & Relax w/ Pahla (Ch. 901) **29**	10:00 Chair Yoga w/ Vicky (CR) 1:00 Jeopardy (AAR) 2:00 Corn Hole (AL) 3:00 Happy Hour (PUB) 5:30 Friday Night Card Club (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) **30**	**New Year's Eve** 9:00 Mexican Train (LIB) ***1:00 Country Drive w/ Dick (L)*** 1:00 Allyson on piano (PUB) 3:00 Cards (LIB) 6:30 Flex & Relax w/ Pahla (Ch. 901) 7:00 New Year's Eve Party w/ Dave & Lee (ADR) **31**